

What Does it Mean to be Kind?

by Rana DiOrio and Illustrated by Stéphane Jorisch

Themes

Kindness
Celebrating Differences
Encourage Others
Anti-Bullying
Compassionate
Empathy



Who has the courage to be kind to a new student in class? One little girl with a red hat does. This story defines kindness by showing fun examples of what kindness is NOT and then gives great, practical ideas for ways to show kindness. Compassion, empathy for others, and little acts of kindness can make a big difference at your school.

Key Vocabulary

Category – a group of common things, a set of the same type

Compliment – to give praise or approval or like or congratulations

Struggling – having a hard time, trying very hard

Courage – to face fear, to not let fear stop you

Harmonious – to all feel the same way, to get along with everyone

Tricky Phrasing

Being Patient – to stay calm. to be able to give another person time without getting upset

Less Fortunate – someone that might not have the things you have (food, home, health)

Before Reading:

1. What does it mean to be kind? *Answers will vary.*
2. Brainstorm a list of words that mean kind. *Nice, friendly...*

After Reading:

1. What were some examples of kindness in the story? *Answers will vary. Smiling at new student, giving someone a compliment, holding the door open for someone else.*
2. Which act of kindness have you personally experienced? *Answers will vary.*
3. How do you feel when someone does something kind to you? *Answers will vary. Happy, Better, Encouraged, Friendly, Part of a group, etc.*
4. How do you feel when you make someone else feel good because you did something kind? *Answers will vary. Proud, Happy, warm inside, etc.*
5. The author wrote: Being kind means having the courage to treat others the way you like to be treated. How do you want to be treated? Why does it take courage? *Answers will vary.*

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 PRINTABLE:

Trace & Draw



 PRINTABLE:

Class Book



 PRINTABLE:

**Super Acts of
Kindness**

Writing Prompts:

I am kind when I _____.

Student completes sentence and draws a picture.

Journal Writing: Being kind means . . .

Students finish the sentence or write a paragraph that summarizes what they learned about kindness

Creative Writing

“We are Kind” Class Book

Compile examples of acts of kindness in your classroom and make a class book. When kids are unkind in your class, give them time to read the book and think about how their actions could be kinder next time. It will be a nice reminder for those who need to learn a little more about kindness. Have each student create one page for the book.

Activities:

School Posters: Treat others the way you like to be treated. Have students create picture posters for your school hallways showing examples of ways they want to be treated.

Be Kind Today: Start a kindness whisper when your kids are lined up to go out to recess. Whisper in the first child’s ear....be KIND today and tell them to pass it on. Once the whisper gets to the back of the line – send them to recess.

Home Connection:

Keep a list of acts of kindness you see your child doing. When they get 10 – surprise them with an act of kindness!

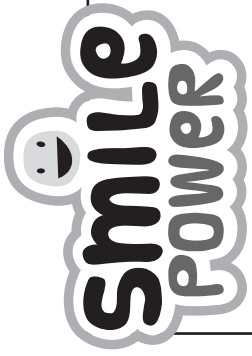
Resources

I've Got Smile Power Buttons

SMILE POWER buttons are a great reward when students are kind and welcoming of others!

Visit www.ShopNED.com to purchase.



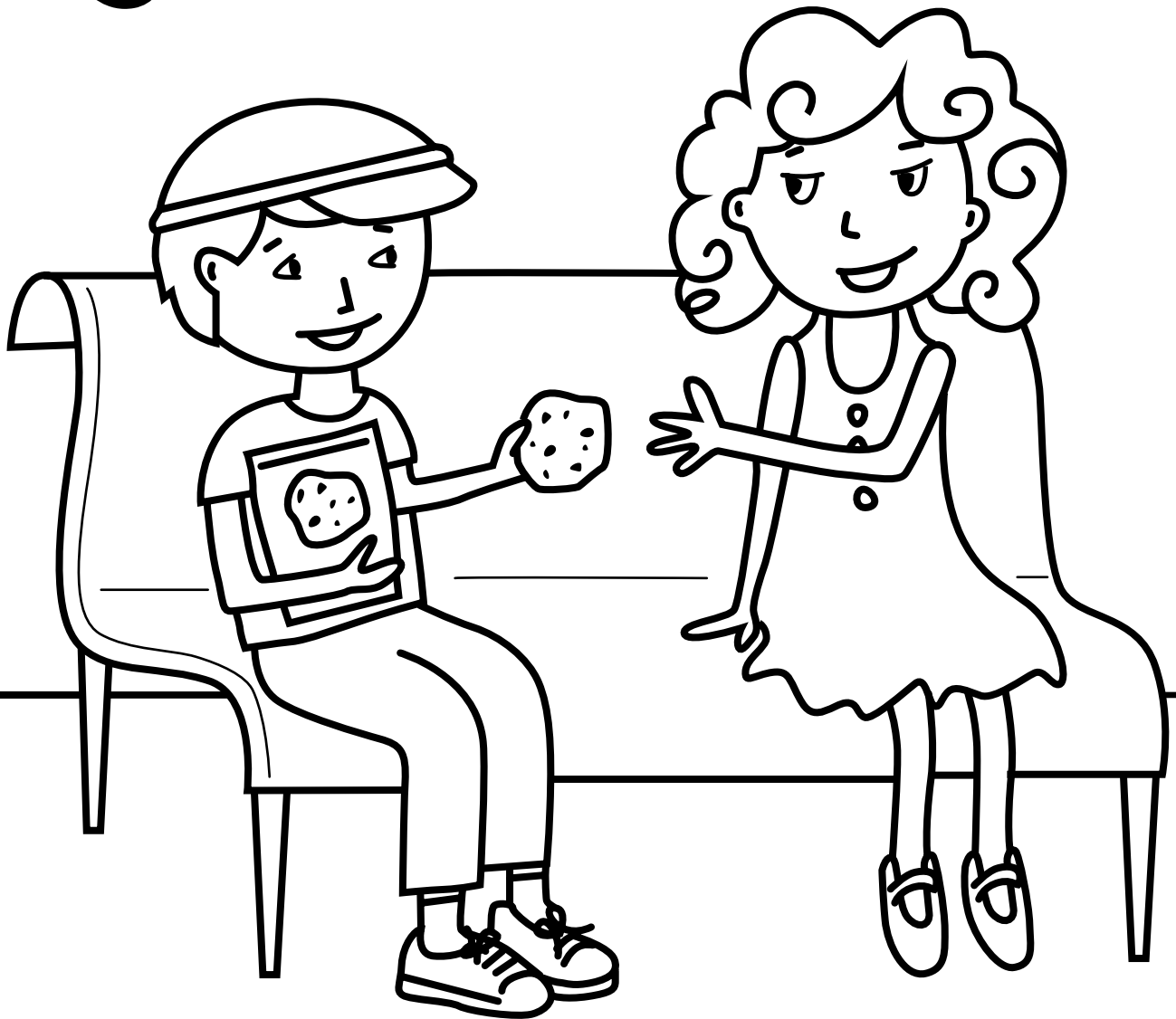


Trace letters, complete sentence and draw.

Name _____

I am kind when I

We are Kind



Written by _____



Name _____

_____ was kind to me when

's Super Acts of Kindness

Name _____

The page contains ten distinct shapes for writing, each with three horizontal dotted lines inside. The shapes include: a scalloped oval, a trapezoidal shape with a pointed top, a rectangular shape with a pointed bottom, a circle, a rectangular shape with a scalloped border, a rectangular shape with a pointed top and bottom, a rectangular shape with a jagged border, a heart, and a cloud-like shape.