

## Emotion Words Slide

**Directions:** Cut out the two strips and 'slider' box. Slide the strips through the slots on the slider to reveal one word at a time. Use to discuss your feelings or the feelings of others.



**Content**

**Safe**

**Happy**

**Gleeful**

**Joyous**

**Excited**

**Thrilled**

**Hopeful**

**Encouraged**

**Thankful**



**Sad**

**Tearful**

**Discouraged**

**Doubtful**

**Frustrated**

**Tortured**

**Afraid**

**Terrified**

**Dumb**

**Sick**



FOLD

