



# Unit Overview

Grades K-6

### Every Lesson:

- Identifies key vocabulary and tricky phrasing
- Includes discussion starters and questions to check for understanding
- Features engaging writing prompts
- Includes activities and at least one printable activity or resource

### Aligned to Common Standards

Every lesson plan aligns with grade-level standards in **Reading, Writing, Speaking & Listening and Literacy.**

Every lesson plan supports **ASCA Mindsets & Behaviors.**

Seven lesson plans that introduce and focus on growth vs. fixed mindset



## How to Grow A Brain

Assembly Recap

Follow-up after the assembly by using the fold-out poster to compare the growth of a tree to the growth of your brain. Every school receives this poster in their post-show folder the day NED's Mindset Mission visits your school.

IDEAL FOR LESSON PLANS K-2 PRIMARY LESSON PLANS 3-6 INTERMEDIATE



Book Title and Author

### How to Grow A Brain

Introducing a Growth vs. Fixed Mindset

Printable Activities

- **NED's Poems:** *Teaching Aid*
- **T-Chart:** *Compare/Contrast*
- **Card Set:** *Growth Mindset Practice*

Themes

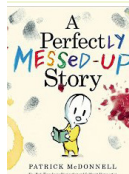
Determination  
Do Your Best  
Grow Your Brain  
Mindset  
I Can  
Learn from Mistakes  
Never Give Up  
Overcoming Obstacles  
Perfectionist  
Perseverance



### The Girl Who Never Made Mistakes

by Mark Pett and Gary Rubinstein and illustrated by Mark Pett

- **Trace Sheets:** *Writing Practice*
- **Story Planning Sheets:** *Creative Writing*
- **Bookmarks:** *Art Project*
- **Encouragement Notes:** *Home Connection for Parents*



### A Perfectly Messed-Up Story

by Patrick McDonnell

- **Now I Can:** *Draw/Write Practice*
- **4 Thoughts:** *Personal Reflection*
- **Fingerprints Poem:** *Art Project*
- **NED Feelings:** *Emot. Intelligence Exercise*
- **Magnets:** *Home Connection for Parents*

Book Title and Author

Printable Activities

Themes



### How to Grow A Brain

Introducing a Growth vs. Fixed Mindset

- **2 Mindsets:** *Personal Reflection*
- **NED Says:** *Group Activity*

Determination  
Do Your Best  
Failures are Important  
Grow Your Brain  
Mindset  
I Can  
Learn from Mistakes  
Never Give Up  
Overcoming Obstacles  
Perseverance



### The Most Magnificent Thing

by Ashley Spires

- **Bookmarks:** *Art Project*
- **Story Planning:** *Pre-Write Brainstorm*



### Mistakes That Worked

by Charlotte Foltz Jones and Illustrated by John O'Brien

- **Cause & Effect:** *Sequential Thinking*
- **Summary:** *Story Reflection*
- **Encouragements Notes:** *Home Connection for Parents*

