Caring is Cool: Video Lesson

THEMES

Kindness
Comfort and Care
Compassion
Empathy
Welcoming Others

Length 1:55

What is Kindness?

Students from Bidii Primary School define "kindness" and share ways they think elephants show care. You can use this video to start discussions about how, even in the animal kingdom, *caring is cool*.

Go to: www.NEDteachers.com

Discussion starters:

Choose the appropriate questions for the learners in your classroom.

Remembering — *How did the Kenyan kids define kindness? What do they do to show kindness?*

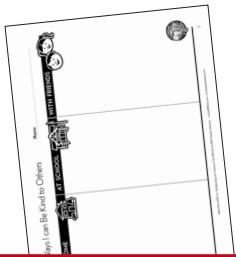**Understanding** — *How do elephants show kindness? How is it the same/different as humans?*

Applying — *How do you show kindness at school, at home, with friends?*

Analyzing — *What impact can kindness have on your school, your home, with your friends, and with kids you don't know at school?*

Evaluating — *How do you feel when someone shows kindness to you?*

How do you feel when you show kindness to someone else?

Creating — *What are some things you could do to help your school be a kind school?*

Activity - Ways I Can Be Kind to Others

Activity - Keeping Track of Kindness

Use clothes pins to visually track students' kind acts. Whenever there's a kind act that happens, clip a beautifully decorated clothespin to the "KIND" board. If an unkind act happens, then add a plain clip to the "UNKIND" board. Set specific goals (day, week, month) to encourage students to fill up with kindness!
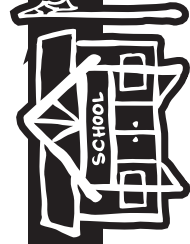
Activity - Create Kindness Posters

Design posters for your school halls. Brainstorm 25 ways to show kindness at school and make a poster for each one.
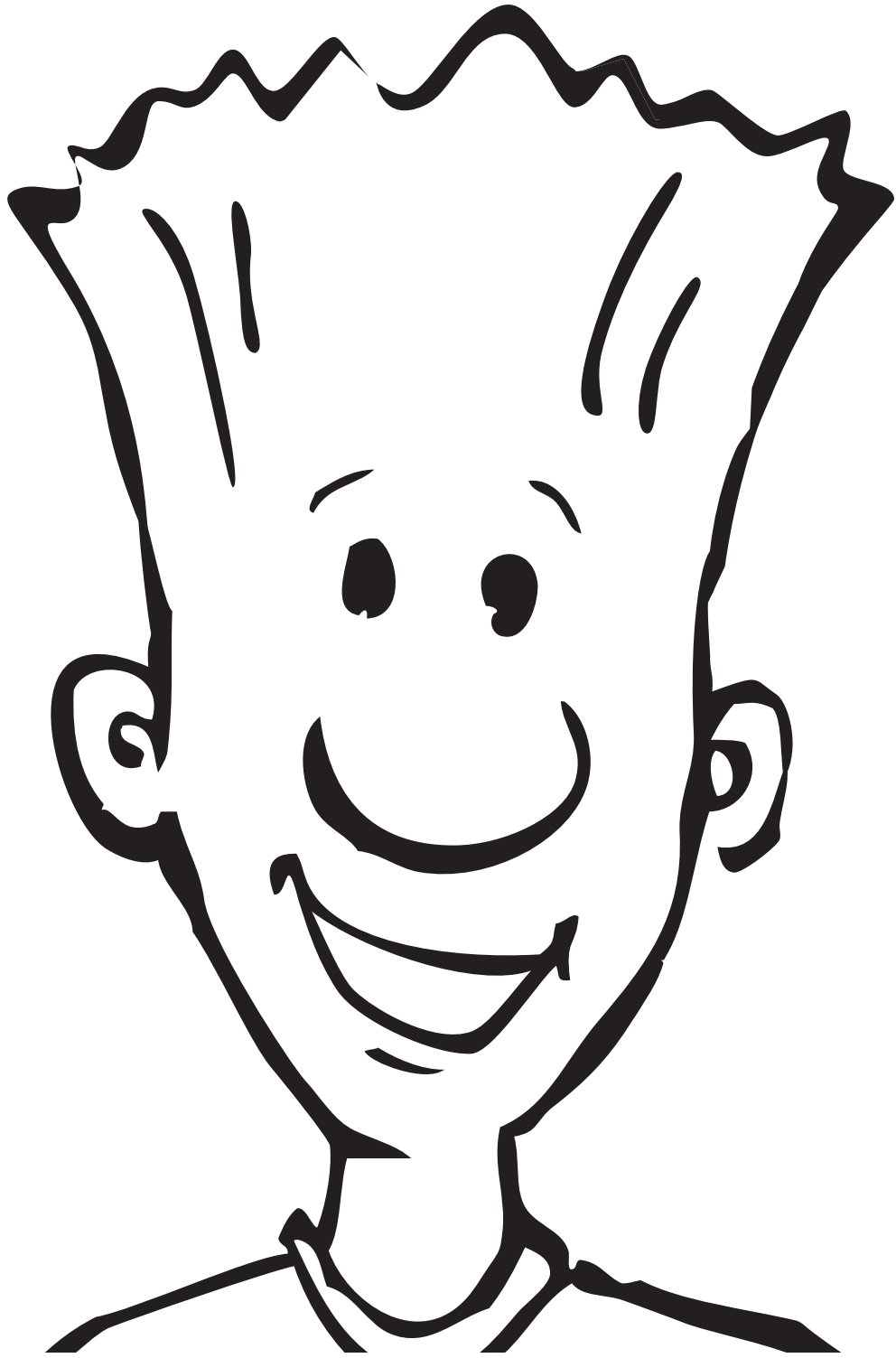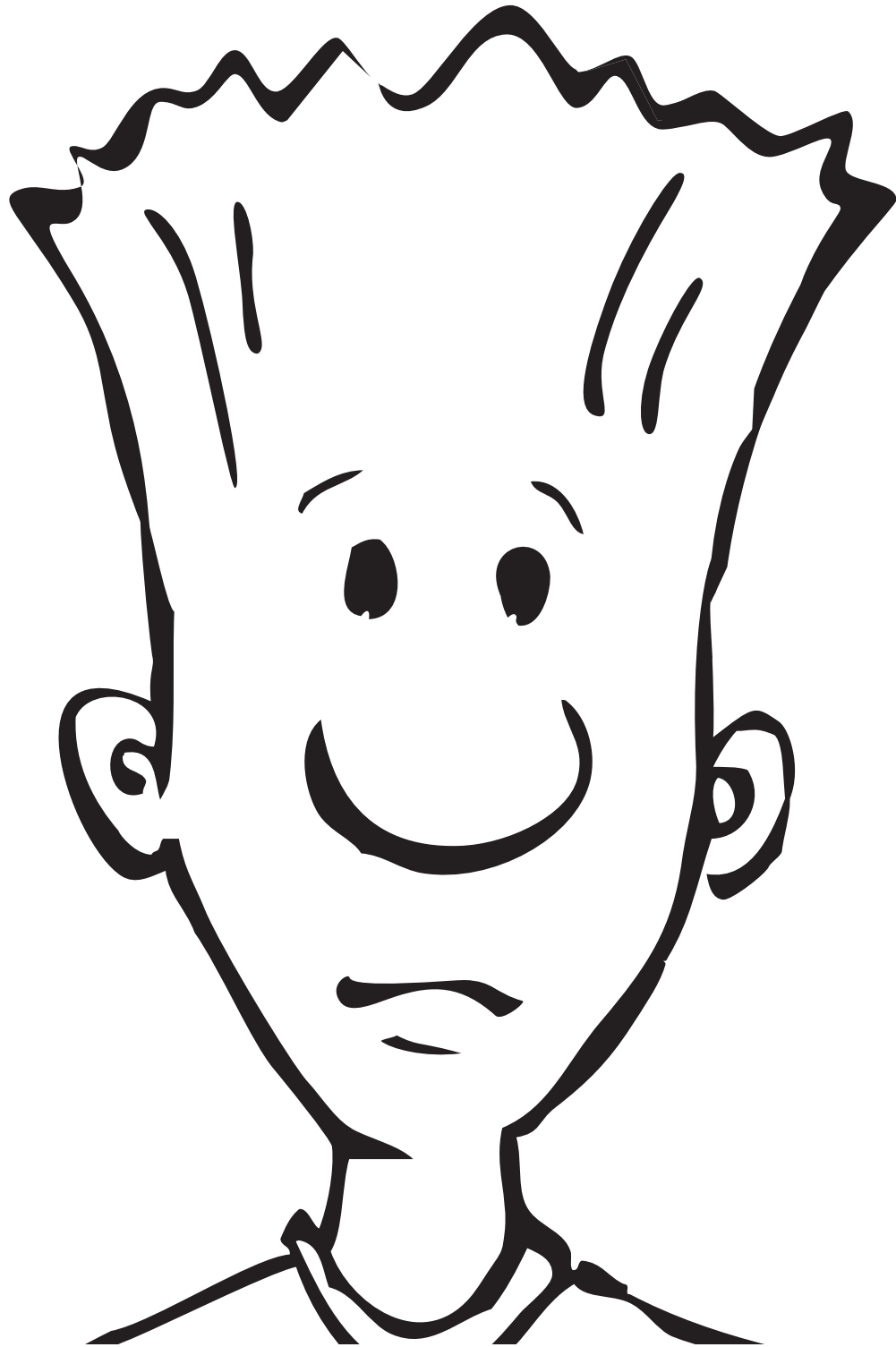
Ways I can Be Kind to Others

AT HOME

AT SCHOOL

WITH FRIENDS

CARING IS 100%

NED®

KIND

UNKIND