

Home Food Service - Agostino

Item Specification Sheet

Company Packed For	HFS
Product Name	Boneless Pork Chops
CSB ID#	113316
Pieces Per Package	4
Piece Weight (in ounces)	4 oz
Package Weight	1.00 LB
Label ID	HFS 3x4 label
Cooking Instructions	<p>Oven: Preheat Oven to 350°F. In large skillet, heat 2 teaspoons of olive oil on medium-high. Sear 1 minute per side. Roast in the oven 6-10 minutes per side, or use a meat thermometer to test the internal temperature. Remove when the internal temperature reaches 160*-165°F. Grill: Season to taste. Heat grill to Medium High. Grill 5-7 minutes per side. Remove when the internal temperature of the meat reaches 160*-165°F.</p> <p>*Please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness.</p>
Ingredients	Pork Chops Boneless

Nutrafacts

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 4 oz (113g)		Total Fat 9g	14%	Total Carb. 0g	0%
Serv. Per Cont. 4		Sat. Fat 3.5g	17%	Fiber 0g	0%
Calories 230		Trans Fat 0g		Sugars 0g	
Fat Cal. 80		Cholest. 95mg	31%	Protein 34g	
		Sodium 70mg	3%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0%		Vitamin C 0%	
		Calcium 4%		Iron 6%	

Package and Box Labels



Boneless Pork Chops

Gourmet Center Cut

4 - 4oz pcs per pack

Cook until the internal temperature of the meat reaches a minimum of 160°F



16 oz

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