

MENU



London Core Review

10-13 May 2023



Freshly brewed Fairtrade coffee, English breakfast tea, and herbal infusions will be served throughout each, allowing you to grab a tea and coffee whenever you need a top-up.

Fuel the start of the day with a selection of freshly baked goods, individual yoghurt and granola pots and freshly cut fruit;

Energise yourself at lunchtime with our delicious hot fork buffet.

Rejuvenate your afternoon with some treats, including a selection of mini cake bites

These fork buffet menus are designed to be enjoyed while standing up, allowing you to mingle and network. Sponsor representatives, faculty, and guest speakers will be offered meals 30 minutes in advance of main breaks.

DAY 1 10 MAY



Asian veg stir fry with egg noodles (V)

Thai fishcake with soy broccoli and spinach chilli
and coriander

Chinese chicken curry with rice



Chef's seasonal salad (VE)(NGC)

Asian slaw toasted seeds, crispy onions (VE)



Coconut tapioca with lychee and pineapple (VE)

DAY 2 11 MAY



Vegan Turkish lentil stew with aubergine
(VE)(NGC)

Charred sea bass, tomatoes, shallot, olives, and
herb (NGC)

Lamb kofta with tomato bulgur wheat



Chef's seasonal salad (VE)(NGC)

Tabbouleh (VE)



Spiced chilled rice pudding with strawberry
(V)(NGC)

(VE) Vegan (V) Vegetarian (GF) Gluten Free

All food is Halal



DAY 3 12 MAY



Summer squash mac and cheese, garden herb oil (V)

Smoked haddock and barley risotto, charred
broccoli, sundried tomato pesto

Buttermilk fried chicken, roasted sweet potato
wedges, mini corn cobs, crispy onions, siracha mayo



Chef's seasonal salad (VE) (NGC)

Roasted courgettes, dried apricots, rocket, dill (V)
(NGC)



Orange posset, candied orange, pistachio crumb (V)
(NGC)

DAY 4 13 MAY



Fried rice, broccoli, pea, red pepper, tofu,
spring onion (VE)

Poached salmon with green bean and slow
cooked shallot and feta (NGC)

Roast chicken with red pepper and charred
onion roasted new potatoes and rocket pesto
(NGC)



Chef's seasonal salad (VE) (NGC)



Herb Waldorf salad (NGC)
fruits Pavlova (V)

(VE) Vegan (V) Vegetarian (NGC) Gluten Free

All food is Halal

