

# Celebrating 40 years

*The chain of learning and sharing—the Canadian Home Economics Foundation—raising the quality of life for individuals and families*

## ANNUAL REPORT 2019 – 2020

### HIGHLIGHTS

The Canadian Home Economics Foundation is celebrating the 40<sup>th</sup> Anniversary of the Foundation in 2020. The Annual Report 2019-20 includes additional information about the history of the Foundation, the founding members, and a list of trustees who have served over the 40 years. Especially of note is Executive trustee Gail Watson, who was a founding member and continues to serve on the Executive as treasurer.

The Executive Committee of the Canadian Home Economics Foundation, based in Winnipeg, Manitoba, held eight (8) regular meetings during the 2019-2020 fiscal year ending April 30. Due to the COVID-19 pandemic the April meeting was conducted via Zoom. Nine provincial/regional trustees chair awards committees and distribute information about the Foundation to local meetings and conferences. The Canadian Home Economics Foundation operates with volunteers and no paid staff.

The 39th Annual Meeting and Donor Recognition of the Canadian Home Economics Foundation and the 39th Board of Trustees meeting were held on October 29, 2019 at Eleanor Cassels' residence in Winnipeg MB.

From May 1, 2019 to April 30, 2020 funding of \$49,266 was approved for 32 grants and awards across Canada in the areas of research, education, public service and post-secondary education and training.

### Due to COVID 19 – new deadlines for applications were established for 2020 - 2021:

Oct. 15—Saskatchewan Home Economics Education Award (previously May 31)  
Nov. 1—Excellence in Technical Writing -Dr. Elizabeth Feniak Award (previously April 30)

Donations and bequests totaled \$89,582 that included substantial bequests from the final payment of the Verna Mary Lefebvre estate and the estate of Joanne Elizabeth Mackie. The Canadian Home Economics Foundation web site has been re-designed and launched for the 40th anniversary of the Foundation 2019-2020.

Four terms of office on the Board of Trustees end following the Board of Trustees meeting on October 24, 2020. Trustees willing to extend their term of office to 2023 are: Executive trustees: Gail Watson, treasurer and Donna Bulow, chair; and Provincial trustee: Julie Caissie, NB. Thanks and appreciation to Margaret Prouse, PE for her ten years of service on the Board.

We are pleased to recognize new donors in the Chain Club Member category: Joan Clement, Winnipeg MB; Lynda L. Lowry, Neepawa MB; and Leo A. MacCulloch, Qualicum Beach BC.

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### BOARD OF TRUSTEES

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M. Slusar, Edmonton AB  
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# PROJECTS FUNDED

## RESEARCH:

Support to the **University of Manitoba** for research project "Nutrition at the End of Life- A Primer for Loved Ones Saying Good-bye" to provide research information about nutrition issues that occur during end of life care and developing communications tools for public and professional use.

Contact: Christina Lengyel, Laurel Martin  
*Communications & Information Dissemination—Gwenyth Bailey Simpson Memorial Fund*

Support to the **University of Guelph** to Update the NutriSTEP® information regarding 2019 Canada Food Guide as it relates to young children and the impact of the new recommendations in Canada's Food Guide related to the milk and meat groups.

Contact: Dr. Janis Randall Simpson  
*General Funds*

Support to the **University of Manitoba** to carry out a research project—Goop Proofing Youth: critical skills to interpret food and nutrition information on social media.

Contact: Dr. Joyce Slater  
*General Funds*

Support to the **University of Guelph** to carry out a project "From Nutrition to Edibles? Building Family Conversation about Nutrition and Cannabis Use".

Contact: Susan Chuang  
*General Funds*

## PUBLIC SERVICE:

Funding of \$3,000 to the **University of Saskatchewan** for "Implementation and Evaluation of an Educational Campaign *Pulse Makes Perfect Sense*" to increase the awareness and consumption of pulses in high school students.

Contact: Carol Henry  
*Saskatchewan Home Economics Education Fund*

Funding to the **Alberta Human Ecology and Home Economics Association Annual Conference 2020**

"Celebrating our Journey - Professional Human Ecologists Making a Difference".

Contact: Shauna Falls  
*General Funds*

Support to **Prom-Edu-Val Society** for "The Power of Home Student Conference" whose purpose is to raise awareness of the impact that home and family have on the well being of an individual, and to teach skills to students that will have a positive outcome on their personal and professional lives.

Contact: Karen Dee  
*General Funds*

Support to the **Manitoba Association of Home Economists** for costs associated with update of the homefamily.net and homefamily.info, a website available to the general public to access information provided by professional Home Economists.

*Emmie Oddie Award*

Funding was provided to **Manitoba Association of Home Economists** for speaker fees for Mairlyn Smith on the theme "Peace, Love and Fibre" for MAHE Conference in cooperation with Manitoba Canola Growers/Canola Eat Well and Manitoba Farm Women's Conference.

Contact: Darren Fife  
*Health Protection Lecture—Gwen E Leslie Memorial Fund*

Funding to the **City of Moose Jaw** for "Cooking for One or Two" to be used to deliver programs to children and adults with mental or physical disabilities and seniors.

Contact: Melanie Warken  
*Healthy Eating and Resource Management: Regina Help Award*

Support to **Chebucto Connections** for "Pathways to Healthy Snacks Program" which makes connection between nutrition and educational performance by improving the quality of the food available and by developing food skills using culturally appropriate and locally available foods.

Contact: Jennifer Brady  
*Atlantic Canada Community Project Fund*

Support for **Mending Matters**, an interactive and visual display highlighting the importance of mending repair of textiles in conjunction with the Northland Makers Exhibition.

Contact: Mary Leah de Zwart  
*General Funds*

Support to the **Ontario Family Studies Home Economics Education Association** for a workshop provided to those who currently or who hope to teach Family Studies experiential learning opportunities to acquire practical applications and tools that can be utilized in a Family Studies classroom.

Contact: Michelyn Gallant  
*General Fund*

Support to the **University of Saskatchewan** for the project "A Supportive Guide for Young Parents" at the College of Education, University of Saskatchewan.

Contact: Lara Paul  
*Resource for Youth—Patricia J. Hames Award*

*Continued on next page*

## PROJECTS FUNDED *continued*

Support to the **Canadian Food Focus** project “Healthy Eating and Resource Management” to be seen as a credible source of food information helping consumers learn about the source of food, making good food choices, food safety and food security.

Contact: Dorothy Long

*Healthy Eating and Resource Management: Regina Help Award*

Support to **Southeast Regional Library HQ** for the project “Raising Healthy, Happy Eaters” in cooperation with the Ogema Library Program to provide new moms with nutrition information for new babies and toddlers.

Contact: Lacie Engel

*Healthy Eating and Resource Management: Regina Help Award*

Support to **Banting Memorial High School ON** for “Banting Student Success Luncheon” to provide hot lunches during the academic school year for 30-40 students planned and prepared by the Foods and Nutrition students.

Contact: LeVern Pooke

*Resource for Youth—Patricia J. Hames Award*

Support to **Standard Days for Girls Kits for Refugees 2019** for participation in Global Days for Girls International Anniversary event providing 200 refugees in Lebanon with kits.

Contact: Janet Menec

*General Funds*

Support to **Queen Elizabeth High School**, Edmonton AB for “Community Connections Food 4 Life” involving students learning food safety and preparation of healthy brown bag lunches for 25-30 students.

Contact: Robyn Bilsky

*Resource for Youth—Patricia J. Hames Award*

Support to the **University of Guelph** for the “Rise Up Families Conference” held in conjunction with Families in Global Contexts Conference with family related topics for both professionals and parents.

Contact: Susan Chuang

*General Funds*

Support to the **University of Manitoba** for the project “FanLit: Food and Nutrition Literacy Knowledge Portal”, an on-line food and nutrition education teaching resource to include additional materials such as lesson plans, Manitoba evidence based teaching resources, experiential learning for Human Nutritional Sciences students and development of food and nutrition learning competencies for Canada.

Contact: Dr. Joyce Slater

*General Funds*

## POST SECONDARY EDUCATION AND TRAINING:

Award to **Catherine Littler**, Mount St. Vincent University for “*Not your mother’s meatballs: Edible insects in contemporary western societies*”.

*Dr. Elizabeth Feniak Award for Excellence in Technical Writing Undergraduate Category*

Award to **Madison Dorrigh**, Ryerson University for “The health at every size approach to health: A critical review”.

*Dr. Elizabeth Feniak Award for Excellence in Technical Writing Graduate Category*

### **Graduate Student Awards to:**

**Meredith Bessey**, Mount Saint Vincent University—MSc in Applied Human Nutrition.

**Gurneet Dhami**, Mount Saint Vincent—MSc in Applied Human Nutrition and Integrated Education.

**Jordie Fischer**, University of British Columbia—MSc in Human Nutrition.

**Katherine Ford**, University of Alberta—Edmonton—PhD in Nutrition and Metabolism.

**Christine Ha**, Macdonald College, McGill University—PhD in Human Nutrition.

**Mackenzie Harris**, University of Guelph—MSc in Family Relations and Applied Nutrition.

**Joycelyn Huynh**, University of Western Ontario—MSc in Food and Nutrition.

**Lara Pinchbeck**, University of Alberta—Edmonton—PhD in Human Ecology.

**Lisa Tang**, University of Guelph—PhD in Applied Human Nutrition.

# HONOUR AND MEMORIAL TRIBUTES

## INDIVIDUALS HONOURED

Dr. Sr. Helen Aboud, NS  
Alberta Human Ecology &  
Home Economics Association  
Dr. Vivian M. Bruce, MB  
Allison Delf-Timmerman, MB  
Joslyn Fritz, SK  
Ann Halbesma, MB  
Home Economists in Manitoba  
Dr. Anne Kernaeguen, SK  
Janet Menec, MB  
Donna Ryland, MB  
Johanna Skaptason Wilson, MB  
Eleanor (Ellie) B. Topp, ON  
Gail E. Watson, MB  
World Home Economics Day

## INDIVIDUALS REMEMBERED

Carmen Babineau, NB  
Patti Bacon Matthews, AB  
Dr. Doris Badir, AB  
Edith Kathrine Brown, BC  
Pauline Chernoff, SK  
Edith Coffin Giggey, PE  
Susan David Johnson, MB  
Dawn Denbow Howard, BC  
Dr. Elizabeth Feniak, CM, MB  
Jane Gregory, BC  
Cam Henry, MB  
S. June Jackson, MB  
Sharon (Doyle) Jonas, BC  
Jean Lawless Harrison, ON  
Dr. Verna M. Lefebvre, AB  
Lois (Wilton) MacCulloch, BC  
Joanne E. Mackie, ON

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Pat Malone, ON  
Vern McNair, MB  
Emmie Oddie, SK  
Isabel Palmeter, NS  
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Shirley Pinfold Morrow, ON  
Marilyn Prevost, ON  
Gerry Slusar, AB  
Margaret Speechly Stansfield, MB  
Patricia Stearman, BC  
Judy Storey, MB  
Janet Szafron, SK  
Marie Taylor, ON  
Marg Thibeault, ON  
Dr. Shirley Weber Godbehere, BC

## DONORS (May 1, 2019 to April 30, 2020)

### BENEFACTORS, \$10,000 or more

Estate of Verna M. Lefebvre  
Estate of Joanne E. Mackie

### PATRONS, \$1000 to \$4,999

Dr. Ruth E. Berry, Winnipeg MB  
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### CHAIN CLUB MEMBERS, \$500 to \$999

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The Marilyn McDowell Fund (Dr. Marilyn McDowell),  
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Ontario Home Economics Association  
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G.L. (Wendy) Sanford, Toronto ON  
Marie Slusar, Edmonton AB  
Isabelle Southam, Devon AB

### SPONSORS, \$200 to \$499

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Manitoba Home Economics Teachers' Association  
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Marguerite Molgat Hughes, Brandon MB  
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A. Fern Richardson, Leduc AB  
Lois Smith McGregor, North Vancouver BC  
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Wanda & Thomas Struthers, Winnipeg MB  
Terry & Judith Sullivan, Mono ON  
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Jennifer A. Zilm, Okotoks AB

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Marlene M. Betker, Regina SK  
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Ruth Diamant, Victoria BC  
Jean M. Fraser-McHarg, Bridgewater NS  
Arlene E. Harris, Oakville MB  
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Nancy I. Schneider, Winnipeg MB  
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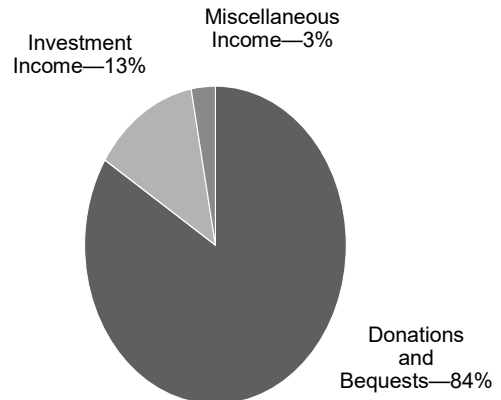
### SPONSORS, under \$50

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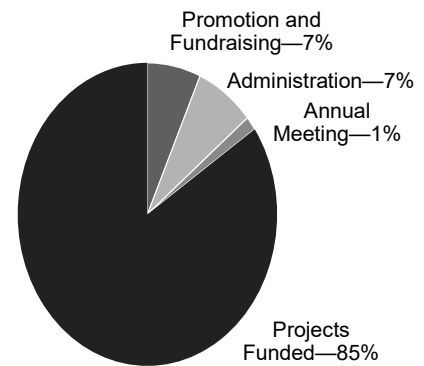
# FINANCIAL REPORT, Year ended April 30

FINANCIAL STATEMENT	2020	2019
<b>Assets</b>		
Cash	\$60,392	\$27,093
Capital Fund	\$195,231	\$190,025
Gwen E. Leslie Memorial Lecture Fund	\$48,702	\$50,001
Gwenyth Bailey Simpson Memorial Fund	\$12,918	\$12,843
Edith Rowles Simpson Recognition Fund	\$38,403	\$37,380
Margaret Speechly Stansfield Memorial Fund	\$28,557	\$26,862
Engberg/Fewster International Development Fund	\$50,892	\$48,701
Emmie Oddie Website Fund	\$36,390	\$37,253
Saskatchewan Home Economics Education Fund	\$13,836	\$16,435
Atlantic Canada Community Project Fund	\$47	\$947
Doris Badir Leadership Development Fund	\$30,485	\$27,974
Patricia J. Hames Resource for Youth Fund	\$49,809	\$54,429
Regina Home Economics for Living Project Fund	\$16,893	\$19,122
Verna M. Lefebvre Fund	\$82,232	\$67,364
<b>Liabilities</b>	<b>\$0</b>	<b>\$0</b>
<b>Net Worth</b>	<b>\$664,787</b>	<b>\$616,429</b>

## REVENUE 2020



## EXPENDITURES 2020



STATEMENT OF OPERATIONS	2020	2019
<b>Revenue</b>		
Donations and Bequests	\$89,582	\$48,625
Investment Income	\$13,909	\$10,068
Miscellaneous Income	\$3,173	\$30,579
<b>Total Revenue</b>	<b>\$106,664</b>	<b>\$89,272</b>
<b>Expenditures</b>		
Promotion and Fundraising	\$3,882	\$6,207
Administration	\$4,291	\$6,075
Annual Meeting	\$867	\$1,180
Projects Funded	\$49,266	\$58,502
<b>Total Expenditures</b>	<b>\$58,306</b>	<b>\$71,964</b>
<b>Revenue Less Expenditures</b>	<b>\$48,358</b>	<b>\$17,308</b>

## ACKNOWLEDGEMENTS

The Canadian Home Economics Foundation gratefully acknowledges the individuals, associations and organizations who support the work of the Foundation throughout the year.

Stéphanie Arsenault, Moncton NB  
 Kathryn Baranovsky, Winnipeg MB  
 Kassandra Basque, Moncton NB  
 Alessandra Bilotta, Edmonton AB  
 Katherine Bourbonniere,  
 Lawrencetown NS  
 Roberta Cox, Regina SK  
 Betty Crown, Edmonton AB  
 Dr. Mary Leah de Zwart, Edmonton AB  
 Bev Dinnell, Saskatoon SK  
 Jeanne Godin, Dieppe NB

Deanna Halls, Edmonton AB  
 Journal of the Home Economics  
 Institute of Australia  
 Dianne Kieren, Edmonton AB  
 Aline Landry, New Maryland NB  
 Manitoba Association of Home  
 Economists  
 Pooja Mansukhani, Toronto ON  
 Martine McIntyre, St-Antoine NB  
 Ron Menec, Winnipeg MB  
 Jennifer Morin-Sirois, Saint-Léonard NB

Anthony Ngayan, Winnipeg MB  
 Louise Neufeldt, Victoria BC  
 Myrna Purser, Edmonton AB  
 Jocelyne Savoie, Ste-Rosette NB  
 Elaine Seniuk, Enfield NS  
 Dr. Mary Gale Smith, Mill Bay BC  
 Marnie Webb, Guelph ON  
 Dr. Gale West, Quebec City QC  
 Sandra Woodhead Lyons, Edmonton AB

# TRUSTEES and TERMS SERVED

*A special THANK YOU to all our Trustees 1979—2020*

## Founding Members 1979-1980

Dr. Elizabeth Feniak (d)  
 Dr. Tahira K. Hira  
 M. E. (Peggy) Tyrchniewicz  
 Gail E. Watson  
 C. Isabel (Wettlaufer) Dunfield (d)

## First Board of Trustees 1980-1981

### Executive

M.E. (Peggy) Tyrchniewicz, Chair  
 Dr. Elizabeth Feniak (d), Vice Chair  
 C. Isabel (Wettlaufer) Dunfield (d), Secretary  
 Gail E. Watson, Treasurer

### Provincial/Regional

Dr. Doris Badir (d), AB  
 Margaret Drew, ON (to US)  
 Dr. Margaret McCready (d), ON  
 Elizabeth Mullen, AB  
 M.J. Isabel Palmetter (d), NS  
 Dr. Shirley M. Weber (d), QC (to BC)

NAME	PROVINCE	START	END	NAME	PROVINCE	START	END
Babineau, Carmen (d)	NB	1993	1998	Jennaway Eaman, M. Elizabeth	QC	2004	2016
Badir, Dr. Doris (d)	AB	1980	1987	Kennett, Kim	SK	2015	
Baranovsky, Kathryn (secretary/ communications/development)	MB	1984	2007	McConnell, Lillian (d)	SK	1989	1998
Barrette, Marie	QC	2000	2004	McCready, Dr. Margaret (d)	ON	1980	1982
Baskerville, Marlene (communications/ development)	MB	2019		McDonald, Marlene D. (communications/ development)	MB	2004	
Berry, Dr. Ruth E. (projects)	MB	1999	2007	McDonald, Ruth E.	ON	2004	
Boynton, Ellen A.	ON	2007	2010	McGregor, Dr. Sue L.T.	NS	2015	
Bulow, Donna L. (secretary/chair)	MB	1998		Menec, Janet M. (secretary)	MB	2010	
Burwell, Elizabeth (Betty)	SK	2012	2015	Moase, Shirley E.	PE	1998	2004
Butcher, Joan C. (projects/secretary)	MB	1996	1998	Molgat, Glenda M.	AB	2001	2007
Campbell, Deborah J.	ON	1991	1998	Morton, Dr. Margaret I. (secretary)	MB (to US)	1990	1997
Caissie, Julie	NB	2017		Mullen, Elizabeth	AB	1980	1987
Cassels (Menzies), Eleanor C. (donors)	MB	1997		Neabel, Lois (vice chair) (d)	MB	1988	1991
Charron, Stephanie L.	ON	1993	2007	Palmetter, M.J. Isabel (d)	NS	1980	2015
Clement, Joan (projects)	MB	2019		Parks, Mari	ON	2010	2014
Cousens, Barbara A. (x1997-1998)	AB	1993	2001	Prouse, Margaret	PE	2010	2020
De Zwart, Dr. Mary Leah	BC	2010	2019	Reddin, Nancy E.	PE	2004	2010
Drabek-Zirk, Tracey L. (communications/ development)	MB	2007	2016	Relkey, Sharon	BC	2019	
Drew, Margaret	ON (to US)	1980	1984	Richards, Elizabeth	AB	1997	1998
Feniak, Dr. Elizabeth (vice chair/chair) Honourary Chair and Trustee Emeritus 2003 (d)	MB	1979	2003	Richter, Jenett N. (secretary)	MB	2004	2010
Floyd, Barbara (d)	ON	1987	1993	Ryland, Donna (projects)	MB	2016	2019
Ford, Dorothy P. (vice chair)	MB	1985	1988	Schneider, Nancy I. (projects)	MB	2007	2016
Forest, Jane	ON	2016		Slusar, Marie	AB	2007	
Gagné-Collard, Agathe	QC	1997	2000	Steenge, Ann-Marie	BC	2007	2010
Gardner Brown, Doreen (projects)	MB (to BC)	1993	1998	Thierry, Claudia	QC	2016	
Gaudet, Murielle	NB	2007	2017	Turner, V. Gayleen	SK	1998	2006
Halbesma, Ann (communications/ development)	MB	2016	2019	Tyrchniewicz, M.E. (Peggy) (chair)	MB	1979	1985
Henry, Sally (d)	ON	1982	1984	Wallace, Margaret T.	QC	1986	1997
Hiebert, Wendy L.	ON	2001	2004	Watson, Gail E. (treasurer)	MB	1979	
Higgitt, Dr. Nancy C. (projects)	MB	1997	1999	(Weber) Godbehere, Dr. Shirley M. (d)	QC (to BC)	1980	1986
Hira, Dr. Tahira K.	MB (to US)	1979	1980	Weber, Marilyn	ON	2014	2016
Hughes, Patricia M.	ON	1998	2001	Webster, Karen E.	BC	1993	2007
Hurst, Lois M. (d)	ON	1987	1991	Weisbrod, Katherine	SK	2006	2012
				(Wettlaufer) Dunfield, C. Isabel (secretary) (d)	MB (to SK)	1979	1984
				(Williams) Hodgins, Kay (d)	ON	1984	1986

(d) = deceased

## In the beginning...

Betty Feniak (Dr. Elizabeth Feniak) dreamed of having a Canadian Home Economics Foundation. I remember having coffee with her one morning in the Home Ec coffee room at the University of Manitoba when she convinced me to pursue the idea. (She can be very persuasive!) I left after having agreed to apply for a charitable tax number and to design some brochures to promote the idea. Things moved along quickly once we got started. Our colleagues rose to the challenge and money was raised to start awarding grants for research and distribution of relevant information. It has been a joy to watch the success of the foundation over the years. My gratitude goes to all the hard-working members of the committee who have kept up the good work.

I may have been the first chair of the foundation, but the credit should go to Betty for pushing me along, to all the support of fellow committee members and the encouragement of our colleagues.

**M.E. (Peggy) Tyrchniewicz**  
**1st Chair of the Canadian Home Economics Foundation, 1980 – 1985**

## CHEAF to CHEF... from then to now, a Financial Perspective

The Canadian Home Economics Association (CHEA) looked after the Foundation donations in the early years. The first donation recorded was on July 10, 1979 for \$10 from Miss Jessie Stewart of Brandon, MB. From then to April 30, 1982 the total donations equalled \$575, not an overwhelming beginning!!! During that time the donations ranged from \$10 to \$100 with most being \$10, \$25 or \$50. The London Home Economics Association donated \$100 as did Katherine Middleton from Chicago, Ill. In addition to Brandon, MB, donors were from Halifax, NS; Winnipeg, MB; Deloraine, MB; Toronto, ON; Oakville, ON; Don Mills, ON; St Thomas, ON and London, ON. Of special note in that list of donors are several who continue to be regular contributors today including Dr. Margaret Morton, May Maskow, Jennifer Welsh, and the Toronto Home Economics Association.

On June 30, 1982 \$1,318.77 was transferred from Canadian Home Economics Association Foundation (CHEAF) Ottawa to a Winnipeg, MB bank account for the Executive to be responsible to administer. An invoice from the CHEAF auditor for \$350 had prompted the transfer because, being true Winnipeggers, we felt we could have it done here for a more reasonable price. Several Home Economics Associations sent donations that year including BC, NB, SK, MB, Regina and Saskatoon. Also of note was a donation from Kellogg Salada Canada Inc. Dr. Elizabeth Feniak made our first \$1,000 donation. A few other names stand out to me as long time donors such as Marion Penhale, ON; Edith Cosens, ON; Gail Marchessault, MB; Dianne Kieren, AB; Mary Price, NS; Isabelle Morrison, ON; Elizabeth Mullen, AB; Jean McHarg, QC and Dr. Patricia Hames, ON. In the next year the Edmonton Area Home Economics Association donated, followed by the Lethbridge and Nova Scotia Home Economics Associations. When reviewing the donors' names in those first few years it's very gratifying to see how many dedicated home economists donated then, and still do today. In all the years of writing the official donation receipts my favourite address is Fiddlers Green Road; it just seems like it would be a pleasant place.

Obvious examples of how things have changed are the expenses charged by the volunteer executive members. Postage has always been an item, but small amounts paid for typists and photocopying were common, plus the printing of our official receipts. None of us typed or had typewriters/computers then.

The first project supported by the Foundation in 1983 was \$2,354 for the purchase and dubbing of public service announcements on radio and TV regarding children and nutrition. The funding was provided by CHEA and paid back by the Foundation over the next four years. It was endorsed by CHEA before the Foundation received legal charitable status. The next grant of \$1,000 was made in 1984 to Sevenhysen and Campbell, Faculty of Human Ecology, University of Manitoba for **Review of requirements of nutrition related micro-computer programs for educational purposes**, plus \$1,100 the following year to extend the project. The Dr. Elizabeth Feniak Award for Excellence in Technical Writing was initiated in 1986 and continues to this day. The first special funds were established in 1986/87 with memorial donations from the families of home economists Gwen E. Leslie, MB and Gwenyth Bailey Simpson, ON. The latter fund provided grants for the development of video tapes on foods topics to be used in schools, libraries and other educational settings. The Foundation reproduced the tapes, marketed and sold them, using the profit to increase the amount of the fund. The first Gwen E. Leslie Memorial

Lecture award was made in 1989 and continued annually to the Canadian Home Economics Association for a speaker at their yearly conference.

Efforts at constant fundraising by the executive and Home Economics associations across Canada assisted to increase the Foundation assets. Raffles, profits from special dinners and events, sales of food coupons, etc, were very common. A bonus for our new Foundation at the time was the interest rates. The investments made then were yielding anywhere from 8.75% to 11.25%. A far cry from what we can obtain today. In 1989 a grant of \$1,000 was provided to support the research section of the Canadian Home Economics Journal and continued yearly until 1998, then \$2,000 until \$2,500 in 2003, the final year published.

Several other special funds were initiated including the Margaret Speechly Stansfield fund in 1991, Edith Rowles Simpson Recognition award and the International Development fund in 1995, a Tribute to Emmie Oddie in 1996, and the University of Saskatchewan Home Economics Teacher Education (USHETE) fund plus Home Economics-A Resource for Youth in 2003. Home economists in Saskatchewan have been very instrumental in fund raising and encouraging donations, plus have local committees to select the grant recipients for the four funds they established including the Regina Home Economics for Living Project (HELP). Both the Edith Rowles Simpson and Emmie Oddie awards received substantial boosts to the fund amounts with memorial donations from family members in more recent years.

2004 saw many changes to our by-laws with the dissolution of CHEA in December 2003 and Canadian Home Economics Association Foundation became Canadian Home Economics Foundation. At the same time Industry Canada also approved our ability to offer financial support to post-secondary education and training. In 2018 the remaining funds of CHEA, \$26,775, was received.

The funds of the Nova Scotia Home Economics Association closure in 2005 created the Atlantic Canada Community fund which has provided yearly grants decided by a local committee until the assets were depleted this year. Also in 2005, CHE Foundation celebrated our 25<sup>th</sup> anniversary with the development of a web-site. In the following year the International Development fund was re-named the Engberg-Fewster International Development fund, following substantial involvement and funding from these two women. In 2013 new guidelines were developed for funding terms of reference for all projects posted on the web-site.

In 2014 the executive began the process of Continuance under the Not-for-Profit Corporations Act. By-laws were amended to meet the Articles of Continuance and received notification of Continuance on August 7, 2014. In this same year the executive of Regina HELP transferred their funds to CHE Foundation and the first award was granted in 2015 based on the recommendations of the Regina committee. In the 2012-2013 year, the Doris Badir Leadership Development award was initiated by an Alberta group of home economists and the first award provided in 2016. The Home Economics Resource for Youth was renamed the Patricia J. Hames Resource for Youth award. She took out a life insurance policy in the Foundations name in 1983, paying yearly tax deductible payments. Upon her passing CHE Foundation received the funds from her estate and designated them for this award. In 2017 the criteria for the Graduate Student award was updated to allow part-time students to apply, plus the number of awards were increased from five \$1,000 awards to eight \$1,000 awards yearly. The terms of reference for the Doris Badir Leadership Development award and the criteria for the Resource for Youth-Patricia J. Hames award were updated, plus the name of USHETE changed to Saskatchewan Home Economics Education award. Recent generous legacies from Verna M. Lefebvre and Joanne Mackie will mean the beginning of new opportunities for grants once criteria have been developed for these funds in their individual names.

In all these years a total of 547 grants have been awarded thanks to the generous donations and support of home economists, their families and friends, plus their professional associations across Canada. Now the Canadian Home Economics Foundation celebrates its 40<sup>th</sup> Anniversary with the launch of a new updated web-site.

**Gail E. Watson**  
**Treasurer, Canadian Home Economics Foundation, 1979 to present**