

## ANNUAL REPORT 2015 – 2016

### HIGHLIGHTS

The Executive Committee of the Canadian Home Economics Foundation, based in Winnipeg, Manitoba, held six (6) regular meetings during the 2015 - 2016 fiscal year ending April 30. Nine provincial/regional trustees chair awards committees and distribute information about the Foundation to local meetings and conferences. The Canadian Home Economics Foundation operates with volunteers and no paid staff.

The 35<sup>th</sup> Board of Trustees meeting was held on October 7, 2015 at Eleanor Cassels' residence in Winnipeg, MB. The 35<sup>th</sup> Annual Meeting and Donor Recognition of the Canadian Home Economics Foundation was held on October 24, 2015 in conjunction with the Manitoba Association of Home Economists Annual Meeting at St. Vital Knights Villa, Winnipeg, MB.

The first Regina Home Economics for Living Project (HELP) Award was granted in June 2015. The Leadership Development – Doris Badir Award reached the \$20,000 level to allow for the acceptance of grant applications. Marie Slusar, Trustee has agreed to be the contact person and chair of the judging committee that makes recommendations to the Executive. The first award was granted in April 2016. The Home Economics - A Resource for Youth Award was renamed the Patricia J. Hames Resource for Youth Award and moved from the general category to the designated fund category.

The names of existing awards were changed to be able to promote the awards more clearly: Atlantic Canada Community Project; Leadership Development – Doris Badir Award; Family Finance – Edith Rowles Simpson Award; Website – Emmie Oddie Award; International Development – Engberg-Fewster Award; Health Protection Lec-

ture – Gwen E. Leslie Memorial Award; Communications and Information Dissemination - Gwenyth Bailey Simpson Award; Consumer Studies and Family Resource Management – Margaret Speechly Stansfield Award; Resource for Youth – Patricia J. Hames Award; Healthy Eating and Resource Management – Regina HELP Award; and Home Economics Teacher Education – University of Saskatchewan.

From May 1, 2015 to April 30, 2016 funding of \$34,869 was approved for 22 grants and awards across Canada in the areas of research, education, public service, and post-secondary education and training. Donations and bequests totaled \$25,885.

Tracey Drabek-Zirk, Communications and Development and Nancy Schneider, Project Coordinator have resigned from the Executive, both serving for nine years. Marlene McDonald, Executive Communications and Development, has extended her term to 2019 and Provincial Trustee, Ruth McDonald has extended her term to 2019. Marilyn Weber, Ontario has resigned after two years. Elizabeth Jennaway Eaman, Quebec has resigned after 12 years on the Board. The Executive thanks Tracey, Nancy, Elizabeth and Marilyn for their dedicated service to the Foundation.

It is with sorrow that we remember the death of Dr. W. Jean Fewster; Patron and a co-founder of the International Development - Engberg-Fewster Award.

We are pleased to recognize Gayleen Turner, Saskatchewan as a new Benefactor, Her Honour, the Honourable Elizabeth V. Dowdeswell, Ontario as a new Patron and Elaine Froese, Manitoba as a new Chain Club Member.



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# PROJECTS FUNDED

## RESEARCH:

Support to **Ryerson University** for Dr. Huy to travel to Canada to Build Technical Capacity for Food Security in Vietnam through Knowledge Exchange.

Contact: Dr. Fiona Yeudall, Ryerson University  
*International Development Project – Engberg-Fewster Award*

Support to the **Website Research Project** with monies to include information from the Financial Forum, Canadian Symposium, and the addition of more Canadian Home Economics Association journals.

*General Award*

## PUBLIC SERVICE:

Support to the **Manitoba Association for Home Economists** for website costs of homefamily.net.

*Website- Emmie Oddie Award*

Grant to **Regina Public Library** for *Cooking is Fun: Cooking with a Stove*. Provide cooking skills, nutritional food facts and food safety to participants who are intellectually or developmentally challenged. Adapt the program for newcomer adults, low literacy adults and seniors.

Contact: Wanda Blake  
*General Award*

Grant to **Regina Community Clinic** for *Kids Active Living and Cooking Club*. Provide children a positive experience in movement and nutrition. Children take home cookbook with recipes and activities.

Contact: Heather Dzioba  
*Regina HELP Award*

Support for the **College of Pharmacy and Nutrition, University of Saskatchewan** project *Making Healthy Food Choices: The Basics*. Develop and distribute a resource that includes basic information about healthy food choices in Canadian society for newcomers as well as settlement agency officers.

Contact: Hassan Vatanparast  
*Regina HELP Award*

Funding of the *Traditional Aboriginal Recipes* project, through the **Aboriginal Nutrition Network of Dietitians of Canada**. Creation of downloadable traditional Aboriginal recipes; will include story about community and recipe, traditional knowledge related to recipe preparation or ingredients, nutrition tips.

Contact: Emily Murray  
*General Award*

Support to the **Toronto Home Economics Association** *Financial Literacy Lecture Series*. Two public lectures. One for generation Y or millennials on early stages of financial planning and debt repayment, and the second for more mature audiences on mortgages and retirement planning.

Contacts: Kamaria Francis and Andrea Liesner  
*General Award*

Funding for the project, *Development of a series of Public Service Announcements*. Creation of public service announcements aimed at parents of children 0-12 years. Topics: eat together as family, exercise together as family, positive body image.

Contact: **Jennifer Ong-Tone**

*Communications and Information Dissemination - Gwenyth Bailey Simpson Award*

Support for the **Days for Girls Winnipeg: Expansion of Project**. Foster an expansion of the successful *Days for Girls Winnipeg* program, an International organization focused on improving dignity, health, and standing in communities for girls and women worldwide.

Contact: Janet Menec  
*General Award*

Funding to the **Marquis Project** for the travel costs for the *Manitoba Speakers Tour: Fair Trade, Rural Development & Agricultural Extension in Tanzania*. Support of speaker on rural development, community economic development and fair trade from Tanzania as part of International Development Week and national conference.

Contact: Elyse Cook  
*General Award*

An award to the **Children's Heritage Fund** (c/o Winnipeg School Division) for the *Gordon Bell Green Growers project*. Teach students and families how to garden and grow vegetables, harvest and cook with foods grown in Manitoba. Share knowledge of planting and nutrition and encourage more nutritious choices. Knowledge will be shared at home and within communities.

Contact: Arlene Skull  
*Resource for Youth-Patricia J. Hames Award*

Funding for the **Yurac Yacu Enhanced Income Generating Project**, in Peru. To develop local leadership skills by women learning skills and techniques to pass knowledge onto others in the community. Also to develop income-generating projects for sale at kiosk and craft outlets.

Contact: Dr. Mary Leah de Zwart  
*International Development Project – Engberg-Fewster Award*

## EDUCATION:

Support to attend the National Sports Leadership conference in Winnipeg. Conference focused on health of Canadians, activity levels across lifespan and leadership skills.

Contact: **Meghan Rafferty**  
*General Award*

Funding to MAHE for Dr. Sue McGregor as the keynote speaker at the **MAHE Conference**. Support for speaker on "opportunities for transformative leadership in the Human Ecology disciplines within the context of Manitoba families and communities."

Contact: The Manitoba Association of Home Economists  
*General Award*

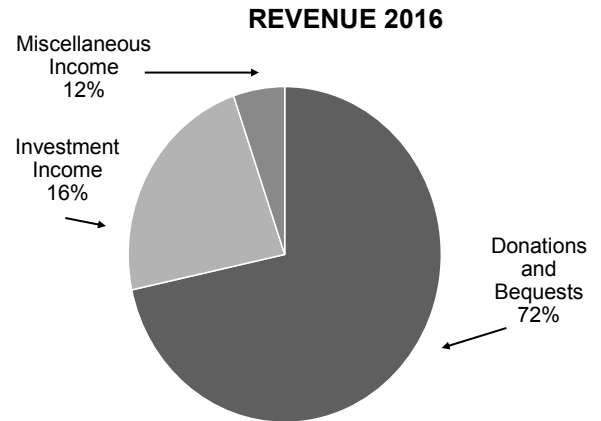
Support for **Getty Stewart**, to attend *Resetting the Table – Food Security Canada 9<sup>th</sup> Assembly*. Participate in conference in order to strengthen leadership role in Manitoba's food security community.

Contact: Getty Stewart  
*Leadership Development – Doris Badir Award*

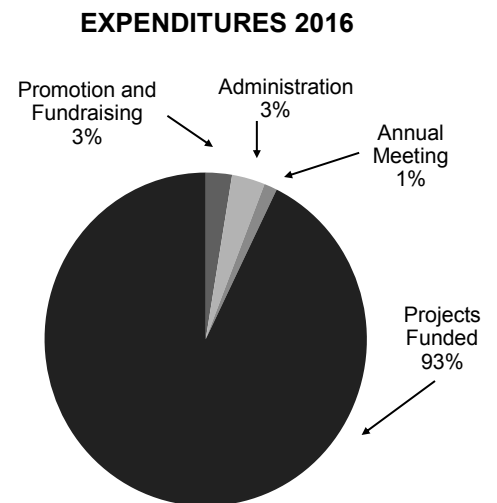
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# FINANCIAL REPORT, Year ended April 30

FINANCIAL STATEMENT	2016	2015
<b>Assets</b>		
Cash	\$20,126	\$25,141
Capital Fund	\$179,220	\$175,667
Gwen E. Leslie Memorial Lecture Fund	\$52,470	\$51,277
Gwenyth Bailey Simpson Memorial Fund	\$10,105	\$11,384
Edith Rowles Simpson Recognition Fund	\$34,333	\$33,258
Margaret Speechly Stansfield Memorial Fund	\$24,232	\$22,671
Engberg/Fewster International Development Fund	\$57,677	\$57,553
Emmie Oddie Website Fund	\$11,653	\$10,606
University of Saskatchewan Home Economics Teacher Education Fund	\$15,222	\$14,627
Atlantic Canada Community Project Fund	\$7,807	\$7,047
Doris Badir Leadership Development Award	\$23,835	\$20,610
Patricia J. Hames Fund	\$61,811	\$65,710
Home Economics for Living Project Regina	\$32,502	\$36,895
<b>Liabilities</b>		
	\$0.00	\$0.00
<b>Net Worth</b>	<b>\$530,993</b>	<b>\$532,446</b>



STATEMENT OF OPERATIONS	2016	2015
<b>Revenue</b>		
Donations and Bequests	\$25,885	\$51,603
Investment Income	\$8,343	\$5,552
Miscellaneous Income	\$1,917	\$107,419
<b>Total Revenue</b>	<b>\$36,145</b>	<b>\$164,574</b>
<b>Expenditures</b>		
Promotion and Fundraising	\$987	\$3,743
Administration	\$1,250	\$1,373
Annual Meeting	\$492	\$1,219
Projects Funded	\$34,869	\$30,880
<b>Total Expenditures</b>	<b>\$37,598</b>	<b>\$37,215</b>
<b>Revenue Less Expenditures</b>	<b>\$(1,453)</b>	<b>\$127,359</b>



## PROJECTS FUNDED *continued*

### POST-SECONDARY EDUCATION AND TRAINING:

Award to **Huma Rana**, University of Toronto for a Graduate Student Award. Pursuing a Masters of Public Health in Nutrition and Dietetics. Interested in food insecurity and food literacy.  
*Graduate Student Award*

Award to **Emily Kichler**, University of Western Ontario, Brescia University College for a Graduate Student Award. Pursuing a Masters of Sciences in Foods and Nutrition. Interested in improving food literacy in youth.  
*Graduate Student Award*

Award to **Sarah Finch**, University of Saskatchewan, College of Pharmacy and Nutrition for a Graduate Student Award. Pursuing a PhD in the College of Pharmacy and Nutrition. Area of interest is the association of vitamin D to juvenile idiopathic arthritis in Canadian children.  
*Graduate Student Award*

Award to **Rebecca Horne**, University of Alberta for "The Framing of Child Care in Canada; Social Investment Versus Feminist Perspectives".  
*Dr. Elizabeth Feniak Award for Excellence in Technical Writing Undergraduate Award*

Award to **Sarah Kathleen McIntosh**, University of British Columbia for "Sustainability and home economics/human ecology: Pairing Eleanor Vaines with alternative views of education for sustainable development".  
*Dr. Elizabeth Feniak Award for Excellence in Technical Writing Graduate Award*

Award to **Olena Kloss**, University of Manitoba for "Does thiamin play a critical role during fetal brain development with prenatal alcohol exposure?".  
*Dr. Elizabeth Feniak Award for Excellence in Technical Writing Graduate Award*

# HONOUR AND MEMORIAL TRIBUTES

## INDIVIDUALS HONOURED

1975 Graduating Class  
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## INDIVIDUALS REMEMBERED

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