

Dear Cedar Heights Church,

These are updated protocols for gathering as we move forward with outdoor services. We were hopeful to be able to meet indoors (and were able for one whole week ;)) but as Governor Wolf has limited indoor gatherings to 25 people or less we have decided to move our services outdoors. We will be meeting at State College Assembly Of God Church in their soccer field to the right of the building as you pull in. Service will be at 10:30 a.m. and we ask everyone to bring your own seating (chair, blanket, etc.). Here are the updated protocols for this outdoor service:

- 1) Service will be at 10:30 a.m. at State College Assembly Of God (2201 University Dr, State College, PA 16801).
- 2) If there is inclement weather we will cancel our in person gathering by 8 am and instead offer a service online. Information on cancelation and access to our online service will be on our website and social media. We will still have service in light rain so bring an umbrella.
- 3) For the duration of the summer, we will not be offering our kids program. Parents please use discretion with your children and children will need to adhere to social distancing and masks for those age 2 and over.
- 4) If you feel that you are at high risk because of age or health, or if you simply feel you are not ready to gather again, we encourage you to continue to access service from home. While we know this is not ideal, as a valued part of the Cedar Heights Church family, we are concerned for your well-being and want to be sure that you are safe and ready. A video of our service will be available on Sunday barring any technical difficulties. That video will be posted to our website – www.cedarheights.net
- 5) If you have recently had, or currently have, any of the new or worsening signs or symptoms of COVID-19 listed in the guidelines below, or if you know you have had close contact with someone who has been confirmed to have the virus in the past 14 days, please stay home and access online. Everyone being diligent to do a good self-evaluation will help keep everyone else in our church family healthy. If all of us are careful in our daily lives to minimize situations where we might be exposed to the virus, we can much more safely meet as a church family. Please use wisdom so we can continue to meet together without spreading sickness to one another and, thus, to others we interact with during the week. If you are exposed to someone who has a confirmed case of Covid-19 please follow the CDC guidelines to quarantine for 14 days.
- 6) Everyone age two and over will be required to be wearing a face mask throughout the service. Our worship team and pastors will remove their masks while on stage but have them on at all other times. We will have a limited supply of extra masks if you happen to forget yours.
- 7) For now, please avoid physical contact as we gather outdoors. While no hugging, shaking hands, or fist bumps is inconsistent with our relational culture, for the time being, with many people in proximity of each other, it would be wise and respectful of others for us to use some caution. Waves and kind words expressed will have to do for a while.
- 8) Hand sanitizer will be available around the grounds.
- 9) As per the guidelines below, you may sit with those you live with. Please sit in a cluster of chairs that you can best fill. If you are coming alone, choose a single chair if possible.

- 10) Restrooms will be open and cleaned frequently but, as they are small, please try to minimize use if at all possible. They are located behind the concession stand.
- 11) We will not yet be serving coffee or donuts. So please bring your own coffee or water to drink if you want them. Please dispose of all of your own trash. We will also not pass offering baskets or have pens or envelopes so plan accordingly.
- 12) Offerings will continue on-line (your own banks on-line bill pay or on our website) or by mail to the Cedar Heights Church address (611 University Dr # 211, State College, PA 16801).
- 13) We will not, at this time, be able to begin praying for people at the end of the service. We will start again when it seems wise to do so.
- 14) We will not yet be doing Team Cedar Heights, Series, or other trainings or events. We will be praying for wisdom on when it is safe to start these meetings again.

Health protocols for individuals:

- Individuals should, to the extent possible, minimize in-person contact with others not in the individual's household. Minimizing in-person contact includes maintaining 6 feet separation from individuals. When maintaining 6 feet separation is not feasible, other methods should be utilized to slow the spread of COVID-19, such as wearing a face covering or mask, washing or sanitizing hand frequently, and avoiding sharing utensils or other common objects.
- Keep at least two empty seats (or six feet separation) between parties in any row, except as follows:
 - - Two or more members of the same household can sit adjacent to one another, with two seats (or six feet separation) empty on either side.
- Self-screen before going into a church, congregation, or place of worship for any of the following new or worsening signs or symptoms of possible COVID-19:
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Diarrhea
 - Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
 - Known close contact with a person who is lab confirmed to have COVID-19
 - Wash or disinfect hands upon entering a church, congregation, or place of worship and after any interaction with employees, volunteers, other customers, or items in the church, congregation, or place of worship.
 - Face masks required for all persons 2 and older per mandate from the governor of Pennsylvania
 - Individuals aged 65 or older are at a higher risk of COVID-19. To the extent possible, avoid contact within 6 feet with individuals aged 65 and older. Individuals aged 65 and older should use discretion when deciding to attend or not.
 - Carry hand sanitizer, and use it regularly, while at the church, congregation, or place of worship, especially after contact with individuals outside the household.

We know that this has been a difficult and costly time for many and we will do our best to meet together in such a way that everyone remains healthy. The bottom line is that we must continue to trust Jesus and, while using wisdom and following the guidelines of our government, it's time for Cedar Heights Church to start

gathering together again for those who can attend. Each of you will have to make your own decisions about whether or not it is the right time for you. We trust your decision and the staff and board will continue to pray for you and support you as best we know how. Things are at least moving in the right direction and that is exciting!

Dan & the Cedar Heights Church Staff