

Prenatal Timeline

Trimester	Weeks	Labs/Screening	Procedures/Imaging/Other
1st	First prenatal visit 8-10 weeks	<ul style="list-style-type: none"> ● Urine pregnancy test ● Review medical and pregnancy history ● Review insurance/payment plan ● Order standard prenatal blood work <ul style="list-style-type: none"> ○ Blood type and antibody screen ○ Complete blood count ○ Urine culture ○ Rubella immunity screen ○ Syphilis screen ○ Hepatitis B screen ○ HIV testing 	<ul style="list-style-type: none"> ● Dating ultrasound ● Have blood work done before returning for next visit ● Get influenza vaccine (Oct-March)
	Minimum of 10 weeks	Optional genetic screening options: <ul style="list-style-type: none"> ● Noninvasive Prenatal Testing ● Genetic Carrier Screening ● First trimester screening 	
	12-14 weeks	<ul style="list-style-type: none"> ● OB physical exam ● Pap test ● Gonorrhea and Chlamydia screening ● Visit with Maternal-Fetal Medicine group (ROC) if high risk 	
2nd	15-22 weeks	Optional Quad Screen Genetics test (only if no genetics testing done prior)	<ul style="list-style-type: none"> ● Get influenza vaccine if not done prior (Oct-March)
	20-22 weeks		<ul style="list-style-type: none"> ● Fetal anatomy ultrasound (Tues or Thurs with our office sonographer) ● Start childbirth education and/or lactation classes
	24-28 weeks	<ul style="list-style-type: none"> ● Glucose Tolerance Test ● Complete blood count ● Antibody testing (if Rh negative) 	<ul style="list-style-type: none"> ● Administer RhoGAM (if Rh negative) ● Complete and return hospital pre-admission forms ● Schedule a hospital tour ● Select a doula

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3rd	30 weeks	<ul style="list-style-type: none"> Repeat standard prenatal labs: Syphilis screen, Hepatitis B screen, HIV testing 	<ul style="list-style-type: none"> Get Tdap vaccine Get influenza vaccine if not done prior (Oct-March) Select a pediatrician Start appointments every 2 weeks
	32 weeks		<ul style="list-style-type: none"> Mothers taking medication for hypertension or diabetes start fetal testing Sign tubal ligation forms if needed
	33 weeks		<ul style="list-style-type: none"> Schedule c-section if indicated
	36 weeks	<ul style="list-style-type: none"> Screen for Group B Streptococcus (rectovaginal swab) Repeat Gonorrhea and Chlamydia screening 	<ul style="list-style-type: none"> Start weekly appointments Prepare your birth plan and bring it in for discussion Start natural cervical ripening methods (add link)
	39 weeks		<ul style="list-style-type: none"> Perform scheduled c-section
	40 weeks		<ul style="list-style-type: none"> Start post-dates testing Be patient :-)
	41-41.5 weeks		<ul style="list-style-type: none"> Scheduled induction of labor