



#LoveVibrationFood



#localfood
#consciouschoices
#organicfarmtotable
#ecofriendly
#zerowaste

 [swastibelovedcafe](#)  [swastieco](#)  [www.baliswasti.com](#)



A Good Day

Tropical nights / 55K

Overnight Oats, Blue pea flower, Mango, Garden mint

I want it all! / 60K

Slow cooked blue barley, Hand-pressed coconut milk, Bitter cacao, Poached snake fruit

Paradise / 65K

Chia pudding 2 ways, Dragonfruit banana, Turmeric mango, Layers of fresh fruit

The Gorgeous / 57K

Layered dragonfruit chia, Matcha coconut yogurt, Blueberries, Home-made granola, Banana

Menemen / 70K

Sauté creamy vegetables, Eggs, Croutons

The Local / 66K

Smoked candelnut pate, Sauté sayur pakis, Toasted bread

(This can be vegan if we change the bread. Put it as option on the menu with extra charge for the bread)

Feeling smooth?!

All our smoothies are prepared with home-made almond milk or handpressed coconut milk, like traditionally made in the villages around Bali. Smoothie bowls come with homemade raw or toasted granola & fruit topping.

Buongiorno / Bowl 65K

Banana, Espresso, Maca

A night filled with stars / Bowl 67K

Soursop, Blueberries, Mint

On a desert island / Bowl 55K

Mango, Banana, Spices

Green dream / Bowl 57K

Snakefruit, Avocado, Gotucola

One way ticket to Thailand / Bowl 60K

Papaya, Lime, Cinnamon

Purple spring / Bowl 67K

Mangosteen, Dragonfruit, Coconut

Waffle me

(All waffles are gluten free & vegan)

Pina colada! / 65K

Dark chocolate waffle, Pina colada sauce, Baby banana, Maca

CocoMatcha! / 65K

Dark choc waffle, Coconut matcha yogurt, Dragonfruit, Cinnamon

Babaganoush! / 72K

Green buckwheat waffles, Smoked eggplant, Parsley gremolata



Salads in da Jar

Heart / 89K

Shredded beetroot, carrot & jicama, Salt and pepper tempeh, Sundried tomato, Fresh salad, Kimchi, Toasted cinnamon nuts & Honey mustard dressing (or passionfruit dressing for vegan option)

Mind / 78K

Carrot noodles, Young papaya, Fresh Papaya, Sliced pineapple, Stir fried tempeh, Garden spinach, Paprika almonds, Spring onion & Carrot peanut sauce dressing.

Soul / 78K

Raw manisa, Shaved fennel, Pink & Blue Quinoa, Fresh spinach, Pomelo, Lovina caviar Seaweed, Thai basil, Papaya seeds & Citrus tahini dressing

Soup Me Up

Ole' gazpacho / 55K

Cucumber & avocado, Homemade almond milk, Tarragon Oil, Pickled ginger Rambutan

Viola / 55K

Purple potato, Asian spices, Tarragon Oil, Coriander

More / 55K

Moringa leaf, Red beans, Handpressed coconut milk, Fresh pineapple

Things That Matter

The farmer / 80K

Organic chicken in banana leaf, Feta yogurt, Long Bean nest, Chilli mojo, Coriander

The sailor / 65K

Local fresh mackerel, Seafood Bisque, Taro fritters, Caviar seaweed

Love boat / 80K

Snapper in banana leaf, Fresh coconut, Local spices

The good, The green, And the healthy BOWL / 75K

Pesto red rice, Sauté Balinese greens, Beer Mustard tempeh, Mung bean hummus

Why not... raw BOWL? / 76K

Avocado salsa, Marinated shiitake, Butternut thyme noodles, Red pepper dip lettuce tacos, Balinese greens

Jack the curry / 79K

Balinese spices, Slow cooked jackfruit

Go Black Burguer / 85K

Mushroom Patty, Charcoal bun, caramelized onion, avocado salsa, emmental, paprika sauce.
On the side, french fries, vegan mayonnaise and mango salad from our organic garden.



Mamma Mia!

(Vegan Italian...No Way!)

Mare & Terra / 80K

Rice tagliatelle, Nori, Homemade Sundried tomatoes, Olives, Salty capers

Nonna's Polpette / 78K

The most secret recipe of the best jackfruit delightful balls, Roman tomato, Smokey rosemary

Risotto / 75K

Local rice, Creamy beetroot, Chunky mint basil pesto, Almonds

Gnocchi / 75K

Purple potato, Broccoli veloutée, Grilled asparagus, Garden thyme

Who doesn't love pizza!

Beloved Vegan Gluten-free / 96K

Juicy grilled tomatoes, saute mushrooms, fresh spinach, with rawmesan, nut cheese.

Beloved Earth Pizza / 96K

Home made tomato sauce, emmenthal cheese, fresh rocola, white beetroot

Beloved Margarita Pizza / 60K

Home made tomato sauce, emmenthal, fresh rocola leaves

By My Side

No-Duck paté / 52K

Into the wild / 52K

Mixed crudité, Red pepper dip, Mung bean hummus

Home Made Dips / 15K

Avocado Salsa, Mung Bean Humus, Home Made Tomato Sauce, Babaganoush, Vegan Mayonaise

Add ON

French Fries (homemade) / 35K

Extra Bread / 15K

Extra Rice / 15K



Coffee & More

Espresso / 32K Decaf 40K

Latte / 42K Decaf 48K

Cappuccino / 42K Decaf 48K

Macchiato / 37K Decaf 45K

Americano / 37K Decaf 45K

Organic Hot Chocolate / 41K

Barley Coffee / 30K

Add Shot / 12K

Add Special Milk / 12K

Garden Tea

Garden Tea / 38K

(Good for 2)

Lemon Ginger, Tumeric, Mint Tea,
Organic Rosella, Mixed Flowers,
Butterfly Pea Flower (Blue Tea),
Hibiscus or Lemon Grass

Bali Black Tea / 32K

Bali Green Tea / 32K

Special Chai Tea / 46K

Sweet Mood!

Fruit Salad Bowls / 78K

A selection of seasonal tropical fruits and strawberries

Raw Chocolate Mousse / 66K

Light and airy, rich chocolate treat. The perfect sweet for a full tummy

French Crepes / 66K

Thin pancake with a choice of chocolate, coconut & vanilla or strawberry ice-cream, and thick chocolate sauce our staff for more info

Warm Chocolate Fondant / 72K

Our special recipe, melting chocolate desert. A decadent chocolate cake with a gooey chocolate centre and melting vegan double cream on top. A very indulgent bite.

Raw Chocolate Bounty Bar / 30K

Dried coconut, cashew nuts, lime juice and vanilla.

Raw Chocolate Bliss Balls / 15K

Almonds, cashew nuts, spirulina and dates paste



Wellness Shots

Hang In There, Honey / Shot 35K
Anti-Inflammatory (Vitamin and Immune Booster)

Punch & Glory / Shot 35K
Natural Antibiotic (Soothes hancover and flu symptoms)

Yummy Tummy / Shot 35K
Probiotic Care (Nourishes your digestive system)

Something Different

Red Velet Latte / 35K

Charcoal Latte / 35K

Yellow Turmeric Latte / 35K

Blue Latte / 35K

Green Matcha Latte / 35K

Press the Juices

Fresh Pure Juice / Glass 41 Bottle 62K
Orange, Lime or Pineapple

Hibiscus Lemonade /
Glass 46K Bottle 72K
Lime, hibiscus & coconut palm sugary

Island Love / Glass 46K Bottle 72K
Mango, papaya, lime & watermelon

The Monckey / Glass 46K Bottle 72K
Banana, pineapple & lime

Super Alkadetox / Glass 50K
Bottle 74K
Celery, carrot, beetroot, lemon, ginger, parsley & kangen water 9.5pH

Back to Nature / Glass 50 Bottle 74K
Lemon, fresh mint, aloe vera & ginger

Cleansing Beauty /
Glass 50K Bottle 74K
Turmeric, a pinch of black pepper, apple, ginger, & orang

Spirit of Bali / Glass 50K Bottle 74K
Local spinach, jikama, gotu cola, cumin leaf, beluntas, kalia, lime, parsley, ginger & limau

Tropical Sunshine /
Glass 50K Bottle 74K
Orange, mango, passion fruit, local seasonal fruits, lime & pineapple



Beloved Earth Drinks

kangen Water / Bottle 30K

Alkaline, ionized water with a special molecular grouping structure. Greatly hydrates and oxygenates you, while providing detoxifying, energising, anti-parasitic and antioxidant effects

Kombuchi Brewing / Bottle 50K

Original, Orange, Guava, Turmeric, Ginger & Apple Betroot.

Wheatgrass Shot / Single 30K

Homegrown and pressed vital wheatgrass juice shot, with a variety of powerful health benefits

Coconut Water / Natural 33K Bottle 39K

Fresh Smoothies

Berrilicious / 53K

Mix berries, banana, nut milk & date paste

Chocolate Glory / 55K

Banana, raw cacao, maca, coconut water, dates & cashew milk

Monkey Macao / 55K

Cacao butter, almond, cashews, banana, cacao, maca & dates

The Monkey forest / 53K

Banana, cinnamon, dates, coconut & rice milk

Milkshake / 55K

Strawberry Chocolate Milkshake

Strawberries, nut milk, cacao, vanilla & cinnamon

Best Ever Chocolate

Banana Milkshake

Bananas, nut milk, cacao, vanilla & cinnamon



Beers and Wines

Stark Beer / 50K
Bali Organic Beer Pilsner or Wheat

Bali House Wines / 59 Glass 298 Bot
Sabaybay Black Velvet
Sabaybay White Velvet
Sabaybay Pink Blossom

Moscato D'Bali / 507 Bot

My Reds

Spain
Resalte Vendimia Seleccionada
(Tempranillo) / 650K

Argentina
Barrel Select (Cabernet Sauv.) / 570K

New Zeland
Black Cottage (Pinot Noir) / 690K

White World Wines

France
Leon De Fournier (Sauv. Blanc) / 580K
Patch Block (Chardonnay) / 540K

Spain
Maset del Lleo (Macabeo, Perelada y Xare-lo) / 420K

South Africa
Reyneke Organic (Chen. Blanc) / 578K

Elixir Me

Redarita / 110K
A red and fresh rework of the famous margarita

Greenacolada / 110K
A green version of the sweet Pinacolada Pineapple, Green from our garden, honey, spirulina and spiced house infused rum

Yellow Fever / 110K
A cocktail with Bali' s flavour..
Turmeric, Ginger, Pineapple, lemon, mango, cayenne pepper, nutmeg, and padan leaf in house infused vodka.

Cool Me Down / 110K
As refreshing as it can get !
Cucumber. Mint, lime, apple, corriander, kaffir lime infused vodka and kombucha

Passionjito / 110K
We all like Mojito and we all like passionfruit, so we blend the two for you!
Rum, Mint, passionfruit, lime juice, soda water

Spumante

France
Taittinger Nocturne Champagne / 990K

Italy
Moscato D'Asti / 600K

Bali
Moscato D'Bali / 507K