



Becoming parents is a time of joy but also a time of change. Talking to each other can help couples to cope with change and work better as a team. This can make it easier for you to look after each other and your baby. OnePlusOne are making a service for couples who are becoming parents, to support their communication, conflict, and coping skills.

You don't have to use the resource. If you do want to you will be asked to register with the resource. You can stop using the resource at any time without saying why.

What do I have to do?

During your antenatal/ postnatal support offer, your Family Support Worker will guide you through the online tool and talk about how relationships change when a baby is born.

You will be asked to read text, watch videos, and answer some questions about what you have been doing. If you want to access the online tool without your Family Support Worker, you can. We would like to contact you in one month to complete another survey. If you do not wish us to contact you, please let your Family Support Worker know.

What are the risks of taking part?

There is a chance that talking about their relationship may make some people upset. We will discuss the ways that this can be managed during your training. There is minimal risk to yourselves; however, as this is a new addition to the service you currently provide there is a risk of it taking up more of your time. We envision that as an early intervention this resource will have a positive impact in the long-term.

You can stop using the resource at any time. You can ask any questions and take part in a debrief, if you so wish.

What happens to my data?

On registering with the Click Relationships website, you will be allocated a user ID that we will use to collect your responses to any questions. You will not have to enter any personal information apart from your email address. All data we collect will be anonymised, and no-one will be identifiable from their answers. Data will be held on the OnePlusOne (the Data Controller) secure servers and only the research team at OnePlusOne will have access to this data. We will not share your data with any other bodies; however, we will write a report using the anonymised group data. Data will be held for 10 years, in line with GDPR regulations. If you would like to know more, please see OnePlusOne/Click's Privacy Policy: <http://bit.ly/opo-privacy>.

The legal basis for collecting this personal data is that this service evaluation is 'a task in the public interest' (Article 6(1)(e)).