

BREAKFAST

EGG & BACON BUN

Streaky Bacon & Egg Roll w. House-made & Tomato Relish

+ Avocado

HAM & CHEESE CROISSANT

BANANA BREAD (GF)

Served w. House Butter

ACAI BOWL (GF)

Our 100% Acai & Banana Blend served w. A Topping of Seasonal Fruits, House-made Granola & Toasted Coconut Chips

MORNING GRANOLA (GF)

Our House-made Toasted Granola served w. Fresh Seasonal Fruits, Honey Rice Puffs, Banana Jam & Maleny's Natural Yoghurt

MORNING NOURISH BOWL (GF)

Cherry Tomato, Grain Salad, Roasted Cauliflower and Eggplant, Hummus, Poached Egg & Avocado

+ Salmon

+ Bacon

POACHED EGGS ON TOAST

+ Avocado

+ Bacon

+ Smoked Salmon

+ Spring Wholefoods GF Sprouted Bread

BREKKY BRUSCHETTA

Tuscan Seasoned Tomatoes, Served on Toasted Artisanal Bread w. Poached Egg

+ Avocado

+ Bacon

+ Smoked Salmon

+ Spring Wholefoods GF Sprouted Bread



AVOCADO TOAST

Sliced Avocado served w. House-made Herb Sauce & Toasted Sumac Seeds.

9.5

+ Poached Egg

+ Smoked Salmon

+ Roasted Tomatoes

+3

+ Bacon

+ Spring Wholefoods GF Sprouted Bread

8.5

OREGANO ROASTED FIELD MUSHROOM ON TOAST

Served w. Labneh, Pickled Red Onion & Poached Egg and Pumpkin Seeds

6.5

+Bacon

+ Avocado

+ Spring Wholefoods GF Sprouted Bread

13

TOAST - FRESH ARTISANAL SOURDOUGH SERVED W. YOUR CHOICE OF CONDIMENT

Side of Berry Jam / Vegemite / Peanut Butter / House-made Nut Butter

10.5

+ Spring Wholefoods GF Sprouted Bread

13

SANDWICHES

These Sandwiches are Made to Order on your Preferred Bread

9

+5

+4

BLT

Crispy Bacon, Lettuce, Seasonal Tomato

10

+ Avocado

+3

GYPSY HAM

Hot Mustard, Tomato, Cheddar & Leaves

12

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Check Our Display for a Further Selection of Super Quick, Delicious Sandwiches & Toasties

+2

12

SALADS

Our Salads are Gluten Free & Vegetarian

Build your own Salad Bowl w. our selection of Add Ons:

Small (1 Serve)

Medium (2 Serves)

Large (3 Serves)

+3

+5

+2

+4

+2

GRAIN SALAD

Quinoa, Crushed Almonds, Cauliflower Cous Cous, Raisins, Mint & Lemon Oil

13

TOMATO SALAD

w. Olive Oil, Basil and Salt & Pepper

+4

+4

+2

ROCKET, PEAR & FENNEL SALAD

Dressed with White Wine Vinaigrette

6.5

ROAST CAULIFLOWER & EGGPLANT SALAD

w. Crushed Cashews, Sesame Seeds, Garlic Oil & Chopped Fresh Chillies

+2

ADD ONS:

+ Hummus

+ Avocado

+ Smoked Salmon

+ Pork Belly

+ Egg (1)



BAKED & NAUGHTY

Croissants / Danishes / Brownies / Muffins / Cookies

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Check Our Pastry Cabinet for All Sorts of Yummy Snacks

5

9

12

TO DRINK

SMOOTHIES

Mixed Berry

Fresh Coconut, Banana Turmeric

Smoothie Special

Served w. Your Choice of Milk

+ Matcha

9

+2

KOMBUCHA 330mL

Original / Pomegranate / Kakadu Plum

6

STRANGELOVE SODA 330mL

Very Mandarin / Cloudy Pear / Lemon Squash

5

COLD PRESSED JUICES

Carrot, Apple, Ginger & Turmeric

Spinach, Pineapple, Kale, Apple, Cucumber & Mint

Orange, Coconut Water, Pineapple & Passionfruit

6.5

NICCOLO COFFEE

See Coffee Board

MAYDA TEA

English Breakfast

Green Sencha w. Jasmine & Rose

Peppermint w. Licorice, Fennel & Calendula

Chamomile w. Passionflower, Rose & Lavendar

Lemongrass w. Papaya, Cinnamon & Ginger

4.5

GOLDEN GRIND TURMERIC LATTE

4.5 / 5

TEA DROP CHAI LATTE

4.5 / 5

MATCHA MAIDEN LATTE

4.5 / 5

KOKO DELUXE HOT CHOCOLATE

4 / 4.5

(GF) Gluten Free

PASTA OF THE DAY

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Check Our Specials Board or Ask One of Our Friendly Staff for Today's Tasty Pasta Special

