The Painted Rock property is special. Its name derives from large rocks overlooking Moraga that have been happily painted for decades by local students. Its significance for trails, however, is new! When the John Muir Land Trust began a campaign to acquire this property from its private owner, JMLT was overwhelmed by hundreds (literally!) of donations from the local community. Now permanently preserved as open space, Painted Rock will open 505 acres of beautiful hill and valleys for public enjoyment. The property will also provide connectivity to trails reaching into more than 15,000 acres of pristine protected land.

We will be cutting NEW TRAIL (the best!) into grassy open hillsides. The work area has beautiful expansive views of Mt. Diablo to the east and the Oakland/Berkeley hills to the west.

We have been graciously approved by the Acalanes High School District to camp on the flat, soft, grassy field of Campolindo High School. Painted Rock is an easy walk.

Volunteers who are working on the trail will be divided into crews and assigned a certified crew leader who will provide training on tool use and safety and will supervise the work throughout the day. V-O-Cal provides all necessary tools, but volunteers who already own trail-working tools are encouraged to bring them if they would prefer to use their own (non-power tools only, please). Similarly, volunteers are encouraged to bring their own work gloves, though V-O-Cal does have gloves available. Please bring/wear comfortable work clothing and sturdy closed-toe shoes or boots.

Please come prepared for a variety of weather conditions (think layers!). Unless there is a serious storm predicted, we will work drizzle or shine.

COVID Precautions
V-O-Cal puts safety first. Please remember that all participants are required to be vaccinated. Protocols will be used in connection with food preparation and service (kitchen crew will mask in confined areas and during food services), and social distancing in outdoor areas will be requested.

Weather

Please come prepared for a variety of weather conditions (think layers!). Unless there is a serious storm predicted, we will work drizzle or shine.
V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

• To minimize waste we ask that you bring your own reusable plates, coffee mug, cups and utensils. Hot water and soap are provided.

• A continental breakfast is served Saturday morning.

SUN EXPOSURE | HYDRATION | HYPOTHERMIA
The work area and Center Camp are without shade. Therefore, please plan for sun protection, including sun hats, sun block and light long sleeve shirts. Please bring water bottles or a water bladder large enough to hold at least 2 liters of water. Drink plenty of water throughout the work day. If you feel tired or weak, let your crew leader know, and take a break.

POISON OAK
There are limited areas of poison oak at Painted Rock. Have your crew leader point some out to you if you don’t know what it looks like. “Bunny suits” will be provided for those who need extra protection. Clean with Tecnu (which V-O-Cal provides) after the work day, and be cautious when handling your dirty clothes. Always wear gloves when handling tools.

TICKS
Ticks are always a hazard so it is important to check during and after the project.

SNAKES
Rattlesnakes can be present in Painted Rock but likely will be scared away by the large number of volunteers. If you see one, tell your crew leader, and wait until it leaves the area before proceeding.

SHARP TOOLS
Please listen to your crew leader’s tool safety talk and observe proper tool use throughout the day.

What to Bring

❑ Sturdy shoes or boots with good tread. Ankle support will be important where we are building new trails. Sandals and open-toed shoes will not be permitted.

❑ Water bottles or a water bladder that can hold at least 2 liters of water. (You will not be allowed on the trail without water.)

❑ Work gloves. (If you don’t have your own gloves, V-O-Cal will provide them. Please return them at the end of the project.)

❑ Day pack to carry your water and lunch.

❑ Sunglasses, hat, and sunscreen.

❑ Insect repellent and allergy medicine (if you normally need these things when working outdoors).

❑ Reusable plate/bowl, eating utensils, and mug/cup.

❑ A change of clothes for each work day, especially if you are sensitive to poison oak.

❑ Layers of clothing for a range of temperatures.

❑ If you will be camping . . .
  • A tent
  • A sleeping bag and pillow
  • A flashlight or headlamp
  • A camp chair (if you don’t want to sit on the ground)
  • Other camping gear that makes you comfortable
Driving Directions

**Direction from the EAST:**
From Walnut Creek, take Highway 24 going west
Exit toward Central Lafayette
Turn **RIGHT** at the end of the exit, which is a stop light at Deer Hill Road
Turn **RIGHT** again at First Street
Turn **RIGHT** again at Mt. Diable Blvd, then take the **first left** onto Moraga Road
Continue about 2.7 miles to Campolindo High School

**Direction from the WEST:**
Take Highway 24 going East toward Walnut Creek/Lafayette
In Lafayette, exit at Oak Hill Road.
Turn **RIGHT** at the bottom of the off-ramp onto Oak Hill Road
Turn **LEFT** on Mt. Diablo Blvd., then promptly **RIGHT** onto Moraga Road
Continue about 2.7 miles to Campolindo High School

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**Volunteer Parking Pass**

Painted Rock Project
May 20, 2022
May 21, 2022
May 22, 2022
Registration and Check In

Please register online. Check in at the registration table when you first arrive. If you did not register online, please fill out this sheet and bring it with you.

<table>
<thead>
<tr>
<th>First Name</th>
<th>Cell Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Last Name</td>
<td>Home Phone</td>
</tr>
<tr>
<td>Email</td>
<td>I am participating:</td>
</tr>
<tr>
<td>Address</td>
<td>Saturday</td>
</tr>
<tr>
<td>City</td>
<td>Sunday</td>
</tr>
<tr>
<td>State</td>
<td>Zip Code</td>
</tr>
</tbody>
</table>

Children 14 and over are welcome on V-O-Cal projects. Volunteers under 16 must be accompanied by an adult.

To register, visit our website at www.v-o-cal.org or https://www.signupgenius.com/go/5080B4FA4A823AAFC1-painted1

For photos of our recent projects, please visit

https://www.facebook.com/volunteersforoutdoorcalifornia
https://instagram.com/volunteersforoutdoorcalifornia?igshid=YmMyMTA2M2Y=

Volunteer Project Team

V-O-Cal Executive Director | Cathy Moyer
Project Team Lead | Eliot Hudson
Technical Advisor | Joe Cavaness
Crew Leader Manager | Chris Moen
Food Shopping & Prep | Chris Fishel
Kitchen | Chef | Francesca Verdier
Outreach | Eliot Hudson | Lily Brady
Camp Operations | Pete and Debbie Durringer
Warehouse Load | Truck Driver | Duane Sheets
Tool Town Mayor | Jon Cross
Registration | Melanie Lee

Agency Partner

John Muir Land Trust

In-Kind Project Sponsors

Sunrise Rotary | Canyon Club Brewery | Adventure Medical Kits | Clif Bar | Metro Mobile Communications | REI | Tecnu
WAIVER AND RELEASE
VOLUNTEERS FOR OUTDOOR CALIFORNIA

EXCULPATORY AGREEMENT, RELEASE, ASSUMPTION OF RISK, AND INDEMNIFICATION

READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. THIS DOCUMENT IS A BINDING PART OF YOUR PARTICIPATION AGREEMENT AND MAY HAVE SIGNIFICANT CONSEQUENCES.

In consideration of my being allowed to participate in the Volunteers for Outdoor California Project (the “Project”) and on behalf of myself, my heirs, executors, administrators, legal representatives, assigns and successors in interest (hereinafter collectively designated as “successors”), I do hereby release and waive all rights or claims for damages, for death, bodily injury or loss of or damage to property from any cause whatsoever I may have or which may accrue to me or my successors as a result of my participation in the Project. I discharge and release Volunteers for Outdoor California, and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates from any and all liability arising out of or connected in any way with my participation in the Project, whether or not caused by the negligence of any of the above persons or entities.

My participation in the Project is voluntary and done at my own risk. I therefore voluntarily assume all risks of loss, damage, injury or death that may be sustained while participating in the Project. In addition, I agree to hold harmless from any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys’ fees, expert witness expenses, litigation costs, and disbursements) all the entities and persons mentioned above who otherwise might be liable to me or my successors for damages.

Notwithstanding anything stated in the foregoing paragraphs, nothing in this document shall apply to exempt any person or entity from responsibility for his, her, or its own fraud, or willful injury to the person or property of another, or violation of law whether willful or negligent.

In further consideration of my being allowed to participate in the Project, I hereby agree to indemnify, defend, and hold harmless Volunteers for Outdoor California and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates (collectively, the Indemnified Parties) from and against any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys’ fees, expert witness expenses, litigation costs, and disbursements) relating in any manner, directly or indirectly, in whole or in part, to: (a) any act or omission of myself; or (b) any accident involving any injury to any person or damage to property resulting from my participation in the Project, due to any cause whatsoever.

I further agree to promptly assume my defense and indemnification obligations upon written notice from any of the Indemnified Parties who may participate in the defense of any claim at their own expense. I agree not to settle any claim without the consent of Volunteers for Outdoor California or any other entity that would incur any liability for such claim under or following such settlement, which consent shall not be unreasonably withheld.

I further understand that I may be photographed while participating in a Volunteers for Outdoor California project and I hereby consent to the use and distribution of photographs and other likenesses of me on VOCal's website, or in marketing and other materials relating to Volunteers for Outdoor California’s mission.

I further understand and agree that this waiver, release, and assumption of risk is binding on my successors.

I further represent and warrant that I am advised of the existence of California Civil Code section 1542, which provides as follows: A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor.
Notwithstanding this provision, this will constitute a full release in accordance with its terms. I knowingly and voluntarily waive the provisions of Section 1542, as well as any other statute, law or rule of similar effect, and acknowledge and agree that this waiver is an essential and material term of this release.

I HAVE CAREFULLY READ THE FOREGOING DOCUMENT AND UNDERSTAND THAT I AM WAIVING IMPORTANT LEGAL RIGHTS, ASSUMING THE RISK OF FINANCIAL LOSS, BODILY HARM OR DEATH, AND THAT I AM AGREEING TO PROTECT AND DEFEND THE INDEMNIFIED PARTIES AT MY OWN COST. I UNDERSTAND THAT THIS IS A LEGALLY BINDING CONTRACT BETWEEN MYSELF AND OTHERS. I HEREBY WARRANT THAT I HAVE THE RIGHT TO CONTRACT IN MY OWN NAME, OR IF ACTING ON BEHALF OF A MINOR, HAVE EVERY RIGHT TO CONTRACT FOR THE MINOR IN THE ABOVE REGARD.

____________________________  ______________________________
Signature of Participant Date

____________________________
Print Name

____________________________
Address:

City: ___________________________ State: ___________ Zip: ___________________________

Email: ___________________________ Phone: ___________________________

If Participant is under 18 years of age, a parent or legal guardian must sign below:

____________________________  ______________________________
Signature of Parent/Guardian Date

____________________________
Print Name

Emergency Contact Information
Name: ___________________________
Contact Phone: ___________________

1140 Old County Rd, Suite B • Belmont, CA 94002