



CHECKLIST READ AND SPEAK LIKE A TV NEWS REPORTER

1. Practice

- read sample news stories in front of the camera at least a few times a week
- take a look at these recordings later to identify areas that might need improvement
- ask other teachers or students for feedback and make necessary changes

2. Breath

- focus on exhaling, in order to calm down
- breathe slowly and don't gasp for air

3. Pace

- train to get to a speed of 150 to 175 words per minute, just like a professional news anchor
- focus on the vowels to slow down
- insert breaks: count to three in your head, otherwise your listeners won't realize the break

4. Enunciation

- train to enunciate words better, it helps you to slow down as well
- use a tablet or laptop with applications that can adjust scrolling speed

5. Conversational presenting

- practice your reading as if you were having a conversation → read out the news, to a friend, in a conversational manner

6. Vocal sound

- don't speak with a sharp or high-pitched voice
- think of something you like (food, places, music) and then buzz delightfully → your voice will sound relaxed

7. Emphasis

- mark the important words or phrases in the text you're about to present
- modify in speed or volume to emphasize words or phrases

8. "General American" accent

- listen to actual news reports
- train to speak like them → listen to a single sentence, pause and repeat the same sentence; entire paragraphs will be much harder
- you don't have to get the exact General American accent, just come as close as possible



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9. Tone moderation

- don't sound completely unemotional
- find the matching tone for every story
- make sure that the content is organized properly by inserting a neutral piece between a upbeat and a serious story

10. Body

- stand straight, use the space around you and integrate your body in your speaking situation by making small gestures just like in a normal conversation