



*Hi there,*

*I noticed you've been stuck inside a lot lately and thought you might need some help or someone to talk to during this time.*

*- Someone who cares.*

## KEEP IN TOUCH, WITH TOUCHPOINT

Touchpoint is the new initiative to address social isolation due to COVID-19, run by local not-for-profit group, People Who Care. It is a completely **free service** available to anyone within the aged or disabled community currently struggling with social isolation and the many hurdles it presents. We can help you with:



### Regular Check-ins

A friendly chat over the phone as often as you need, to say hello and see if we can help in any way.



### Home Shopping

We can shop for groceries and more on your behalf, delivering them direct to your door.\*



### Transport

Need to get to an important medical appointment? Let us get you there and back, safely.

### CALL US

**(08) 9379 1944**

### EMAIL US

**[touchpoint@peoplewhocare.org.au](mailto:touchpoint@peoplewhocare.org.au)**

### LEARN MORE

**[www.peoplewhocare.org.au/touchpoint](http://www.peoplewhocare.org.au/touchpoint)**

\*Shopping collection and delivery is free. You only pay for your goods.