



Richard R. Lotenfoe, MD
Diplomat of the American Board of Urology
Fellow of the American College of Surgeons
Phone: 407-566-1105

YOU HAVE BEEN SCHEDULED AT THE CELEBRATION OFFICE:

Day: _____ Date: _____ Time: _____

TRANSRECTRAL PROSTATE ULTRASOUND WITH NITROUS OXIDE

Description of Prostate Ultrasound:

This procedure involves examining the prostate using ultrasound. Ultrasound uses sound waves to create images. These images will help your doctor view and measure the prostate.

The procedure is performed while you are lying on your side and knees bent up towards your stomach. First, the ultrasound technician will do a manual exam of your rectum and prostate. The technician will place the ultrasound probe in your rectum. (The probe is about the size of one finger). The prostate shape and structure will be studied and measurements will be taken. Abnormal areas can also be captured. When the examination is complete, the probe will be removed.

Possible Risks of the Prostate Ultrasound:

You may experience pain and/or discomfort during the exam. You may have problems, diseases or abnormalities but this test may not find them.

Preparation for the Prostate Ultrasound:

* A **FLEET ENEMA** should be administered 2 hours prior to your appointment. This can be purchased at your local pharmacy.

* **Nothing to eat or drink 2 hours prior to your appointment.**