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**Fellow of the American College of Surgeons**  
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**YOUR BIOPSY HAS BEEN SCHEDULED ON:**

DATE: \_\_\_\_\_ APPT TIME: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

**PROSTATE ULTRASOUND AND BIOPSY**

**DESCRIPTION OF PROSTATE ULTRASOUND AND BIOPSY:**

Ultrasound uses harmless sound waves to give us pictures of the prostate and allows us to accurately guide a biopsy needle to areas of concern. Indications for prostate biopsy include suspicion to cancer either by finger exam of the prostate or by elevation of a prostate screening blood test (PSA). The procedure is done in the office without need of anesthesia. Initially, a complete rectal exam is done. Next, the ultrasound probe (finger-like in size and shape) is placed into the rectum. With slight movement of the probe, many different views are obtained. Biopsies will be taken, in most cases, of the entire prostate. A spring-loaded fine needle is placed through the probe and pointed directly at the lesion. Anywhere from 12 to 14 biopsies are usually taken.

**POSSIBLE RISKS OF PROSTATIC ULTRASOUND AND BIOPSY:**

Blood may be noted in the stool and urine for a few days and in the semen for up to 3 months. Infection of the prostate or in the urine can occur even with antibiotic preparation. You should call if you develop fever, chills, severe pain or have continuous or significant bleeding.

**PREPARATION FOR PROSTATIC ULTRASOUND AND BIOPSY:**

NO ASPIRIN PRODUCTS TO BE TAKEN FOR 7-10 DAYS BEFORE THE BIOPSY, NO COUMADIN 4 DAYS BEFORE THE BIOPSY, NO ELIQUIS, PLAVIX OR ANY OTHER BLOOD THINNERS 3 DAYS PRIOR TO THE BIOPSY.

1. You **MUST** bring someone to **DRIVE** you home.
2. There are no dietary restrictions on the day of your procedure. Eat a light meal 2 hours before your appointment time. *It is **OK** to eat after administering the **FLEET ENEMA**.*
3. A **FLEET ENEMA** should be administered two hours before your visit.
4. Please start taking the antibiotic the day before your procedure. Follow the directions as stated on your prescription bottle.
5. Please take 2 Extra Strength Tylenol 1 hour prior to your procedure.
6. Bring the Lorazepam and (injectable antibiotic) with you to your appointment. The office staff will instruct you on when to take the medication.
7. *The prescriptions have already been sent to your pharmacy. You just need to pick them up.*
8. Notify Dr. Richard Lotenfoe if you develop a cold or other acute illness, or have any other major changes to your medical condition prior to your procedure.
9. If you have any questions or concerns please do not hesitate to contact the office.

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