

## THE REACH CLIMBING WALL CONDITIONS OF USE

**Risks - "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."**

Although the climbing centre is an artificial environment the risks involved are **no less serious than when climbing outside** on a crag or mountain. There is an additional risk that bolt-on holds can spin or break.

The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **THE SOFT FLOORING DOES NOT MAKE THE CLIMBING SAFE.** Broken and sprained limbs are common on this type of climbing wall despite the softer landing. **Uncontrolled falls are likely to result in injuries to yourself or others.**

Climbing **beyond your capabilities** on any wall is likely to result in a **fall**. Any fall may result in an **injury** despite the safety systems in place to avoid it. You must make your **own assessment of the risks** whenever you climb.

**Our Duty of Care** - The rules of the climbing centre set out below are not intended to limit your enjoyment of the facilities. They are part of the duty of care that we, as operators, owe to you, the customer, by law. As such they are not negotiable and if you are not prepared to abide by them then the staff must politely ask you to leave.

**Your Duty of Care** - You also have a duty of care to act responsibly towards the other users of the centre. Statements of 'Good Practice' are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

**Unsupervised Climbing** - Before you climb without supervision the centre expects you to be competent in the use of a safety harness, a suitable knot to attach a rope to the harness and a belay device to secure a falling climber or lower a climber from the wall using a rope. You are required to register to say that you know how to use the equipment, that you are prepared to abide by the Rules below and that you understand the risks involved in your participation. Anyone who has not registered is classed as a **novice** and **must not** climb without supervision.

**Unsupervised climbing is just that!** Staff will provide whatever help and advice they can, but instruction in the use of equipment or climbing techniques will only be provided where it has been booked and paid for in advance. If you are not **confident** in the use of any climbing equipment or technique then **do not** attempt to use it without the supervision of someone who is competent to do so.

**Supervised Climbing** - An adult who has registered at the centre may supervise up to two novice climbers, taking full responsibility for the safety of those people. The supervising member must remain on the ground, always within sight and within a few metres of their guest(s), paying close attention to them at all times. *Bouldering-only members* must have visited and climbed at The Reach 3 times before they can supervise guests. Larger groups of novices must only be supervised by an insured instructor holding the relevant Mountain Leader Training Board qualification.

**Children** - All under 18's, whether climbing or not, must be closely supervised at all times **by a registered adult member**, unless they have been assessed by the management and registered for unsupervised climbing.

**Instructed sessions** - Sometimes our instructors may require customers to move from certain lines for instructed sessions. We apologise for any inconvenience this may cause.

## RULES

### General Safety

- Report to reception on each visit before you climb.
- You must exercise care, common sense and self-preservation at all times.
- Report any problems with the walls, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing or belaying.
- Stand well back from the climbing walls unless you are belaying or spotting a climber. Never stand directly under someone who is climbing.

### Top Roping

- Many of the climbs in the centre have top ropes already in place. Do not take them down to use on other routes.

### Leading

- Under 18s must be assessed by a Reach instructor before doing any unsupervised leading or lead belaying.
- When using the lead walls you must supply your own appropriately rated dynamic rope. Do not use the centre's top ropes for lead climbing.
- Running belay attachments (runners) are already provided at intervals on the lead walls so you do not need your own 'quick draws'.
- You must clip **all** the runners on the route you are climbing.

### When Belaying

- Always use a belay device attached to your safety harness with a locking karabiner. 'Traditional' or 'body' belaying is not acceptable.
- The sand bags are provided to give support to people belaying a climber who is much heavier than they are. Direct belays from the sand bags are not acceptable.

- Always pay attention to what the climber is doing.
- Stand as close to the climbing wall as is practicable. Sitting or lying down are not acceptable.
- Guests must not belay unless their supervising member is backing up the rope.

### When Climbing

- The tall walls are designed to be climbed using a rope for protection. Solo climbing is not acceptable on these walls. Always use a rope to protect yourself on these climbs.
- Always use a safety harness to attach yourself to the rope.
- Always tie the rope directly into the harness using a suitable climbing knot. Clipping in with a karabiner is not acceptable.

### Bouldering

- Always climb within your capabilities and descend by down climbing, jumping or, at the very least, a controlled fall.
- Never climb directly above or below another climber.
- Harnesses are not to be worn while bouldering.
- If supervising 2 guests, only one of them may be on the bouldering wall at a time.

### When using the Auto Belay

- Helmets should not be worn when climbing with the auto belay.
- In the event that the line does not retract during climbing, stop climbing and ask staff for assistance.
- Ensure that the auto belay karabiner is clipped back into the anchor flag when you have finished.
- Junior members must be assessed by Reach staff before using the auto belays unsupervised; in all other circumstances, under 18s may only use the auto belays under the constant supervision of an adult member.
- *Bouldering-only* members must be inducted by Reach staff and complete the Auto belay Add-on waiver before using the auto belays unsupervised.

**Please note that these conditions & rules are occasionally updated. By agreeing to our terms & conditions you also agree to all future amendments and additions. The latest version is always available at reception and on the website.**