

TRAINING SCHEDULE

MON

TUES

WED

THURS

FRI

SAT

SUN

5:30^{AM} - 6:30^{AM}
Boxing Fitness

5:30^{AM} - 6:30^{AM}
Boxing Fitness

5:30^{AM} - 6:30^{AM}
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5:30^{AM} - 6:30^{AM}
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5:30^{AM} - 6:30^{AM}
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6:30^{AM} - 7:30^{AM}
Boxing Fitness

6:30^{AM} - 7:30^{AM}
Boxing Fitness

8:00^{AM} - 9:00^{AM}
Boxing Fitness

9:00^{AM} - 10:00^{AM}
Boxing Fitness

10:00^{AM} - 11:00^{AM}
Boxing Fitness

10:00^{AM} - 11:00^{AM}
Boxing Fitness

9:30^{AM} - 10:30^{AM}
Boxing Fitness

9:30^{AM} - 10:30^{AM}
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9:30^{AM} - 10:30^{AM}
Boxing Fitness

9:30^{AM} - 10:30^{AM}
Boxing Fitness

9:30^{AM} - 10:30^{AM}
Boxing Fitness

NO GYM 10:30AM - 4PM

11:00^{AM} - 12:00^{PM}
Sparring Class

4:00^{PM} - 5:00^{PM}
Boxing Fitness

4:00^{PM} - 5:00^{PM}
Boxing Fitness

4:00^{PM} - 5:00^{PM}
Boxing Fitness

4:00^{PM} - 5:00^{PM}
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7:00^{PM} - 8:00^{PM}
Boxing Fitness

7:00^{PM} - 8:00^{PM}
Boxing Fitness

8:00^{PM} - 9:00^{PM}
Sparring Class

8:00^{PM} - 9:00^{PM}
Sparring Class



R I V E R T O N

12544 PASTURE ROAD
RIVERTON, UTAH 84098

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