



CONTEMPORARY  
ATELIER

## OIL PAINTING FOR BEGINNERS

This materials list consists of mandatory items, as well as optional items. Any additional materials that you already have in your artist's toolkit (e.g. different colours, brushes, etc.) are always welcome. Suggested brand names are 'italicized'. While all materials can be found at Opus Art Supplies, similar products and brands from other stores are welcome.

### 1) PAINT

- Titanium White
- Yellow Ochre
- Cadmium Yellow Lemon (or Cad Yellow Pale or Bismuth Yellow)
- Cadmium Red Medium
- Ultramarine Blue
- Burnt Sienna
- Raw Umber
- Ivory Black
- Note: Professional grade oil paint is strongly recommended. *Kama Oil Paint* is an affordable and professional grade oil paint, available at *Rath Art Supplies*. *Winsor & Newton* (not *Winton*), *Gamblin*, *Rembrandt* and *Williamsburg* are also good brands, but more expensive.

### 2) MEDIUM

- *Gamsol* Odourless Mineral Spirits (please don't bring other brands)
- NOTE: Please do not bring turpentine/scented solvents

### 3) BRUSHES

- Bring a few long-handled brushes between sizes 2 and 8

- Recommended: Synthetic Filberts (sizes 4, 6 and 8)
- 1 Filbert, Bright or Flat (any size between 10 and 12)
- A few synthetic Round (size 6 - 8)
- In addition to this list, please bring sizes and shapes you're comfortable with

#### 4) **SURFACE**

- Bring two gessoed hardboard panels: any size between 8 x 10 to 11 x 14"
  - Note: you can bring canvas, however hardboard panel is preferred
  - Important: Please add 2-3 additional layers of gesso prior to class

#### 5) **PALETTE**

- A glass palette is provided, although you are welcome to bring your own.

#### 6) **PALETTE KNIVES**

- Any size, although we recommend the *Liquitex* 'Small Painting Knife' #8

#### 7) **PAPER TOWEL**

- 1 roll of extra absorbent paper towel. We recommend 'Scott's Shop Towels' (blue or white), found at painting/ lumber stores.

#### 8) **CLOTHING**

- Painting can be messy, please bring suitable clothing

#### 9) **SKETCHBOOK**

- Any size (a small one is fine): used for taking notes and doing various homework exercises

#### 10) **GLOVES (optional)**

- While Painting: Latex or 'Guerilla Grip' gloves (breathable + waterproof)
- Brush Cleaning: Waterproof rubber gloves are recommended.

