



CONTEMPORARY  
ATELIER

## STILL LIFE PAINTING

Below is the (suggested) materials list. While all of these materials can be found at Opus Art Supplies, similar products from other stores are fine. No need to bring everything, simply bring what you would like to work with each class.

### 1) **PAINT**

Whether in oils or acrylics, we recommend using artist grade paint, although feel free to bring whatever you have.

#### Limited Colour Palette (*mandatory*)

- Titanium White
- Cadmium Yellow Light (or Medium)
- Cadmium Red Light (or Medium)
- Ultramarine Blue
- Burnt Umber
- Ivory Black

#### Full Colour Palette (*optional*)

- Titanium White
- Cadmium Yellow Light (or Medium)
- Yellow Ochre
- Cadmium Red Light (or Medium)
- Alizarin Crimson Red (or Permanent Alizarin)
- Burnt Sienna or Transparent Red Oxide
- \* Do not buy Burnt Sienna in Winsor & Newton or Rembrandt (too orange)
- Raw Umber
- Burnt Umber

- Cobalt Blue
- Ultramarine Blue
- Ivory Black
- *Optional*: Viridian Green, Cobalt Teal

*\*Hues/ Permanent*: Alternatives to expensive pigments are called 'Hues' or 'Permanent'. These are similar in color and work fine, but have weaker tinting strength.

## 2) **MEDIUM**

- Oils: Mixture of Linseed Oil + Odorless Mineral Spirits
- Mix 50/50 evenly in a container with a lid. Please bring pre-mixed to class.
- *NOTE*: Please do not bring turpentine/scented solvents
- Acrylics: Small spray bottle for water, to keep your paint wet.
- *Optional*: Acrylic Retarder to extend drying time

## 3) **BRUSHES**

- Bring a few long-handled brushes between sizes 2 and 8
  - Recommended: Synthetic Filberts (sizes 4, 6 and 8)
- 1 Bristle Filbert, Bright or Flat (any size between 10 and 12)
- 1 Synthetic Round (size 0)
- In addition to this list, please bring sizes and shapes you're comfortable with

#### 4) **SURFACE**

- Bring 1 canvas, canvas board or wood panel: any size between 11 x 14” and 16” x 20”
- Canvas Prep: Add 1-2 layers of gesso.

#### 5) **PALETTE**

- Oils: If using oils, a glass palette is provided, although you are welcome to bring your own.
- Acrylics: If using acrylics, it is recommended that you use a ‘Sta-Wet’ palette (no smaller than 16” x 12”), or a glass palette supplied by the school.

#### 6) **PALETTE KNIVES**

- Any size, although we recommend the Liquitex ‘Small Painting Knife’ #8

#### 7) **PAPER TOWEL**

- 1 roll of extra absorbent paper towel. We recommend ‘Scott’s Shop Towels’ (blue or white), found at painting/ lumber stores.

#### 8) **CLOTHING**

- Painting can be messy, please bring suitable clothing

#### 9) **SKETCHBOOK**

- Any size (a small one is fine): used for taking notes and doing various homework exercises

#### *Optional:*

- Gloves
- Mahl stick
- Paint ‘razor’ scraper

*What we provide:*

- Easel, side table, chair/stool
- Glass palette
- Containers for your painting liquids
- Masking tape

*\*Optional Materials:* No need to bring these items to class, unless specified by the instructor.

If this is your first time working with any of these supplies, please refer to our Materials & Prep Guide by clicking [here](#).