

Impulse Control in "Ain't No Mountain High Enough"

Students will be split into two groups and either play during the vocals or the instrumental sections of the song to strengthen their impulse control.

INSPIRE

Have students sit in a circle around a gathering drum. Pass out a mallet to each student. Have each student play the gathering drum one time. If any student plays the drum more than one time, have them stop and try again before moving to the next student.

PRACTICE

Play the backing track to "Ain't No Mountain High Enough" by Marvin Gaye. Have students play their drum until they hear a specific instrument, for example, voice. Alternately, split the class into two and have one group play when the voice track is playing and one group play when the voice track is not playing

RECORD

Record the students playing the drum together.

REFLECT

Was everyone playing with their group? Was it challenging to stop when they heard the voice part come in or out? Why or why not?

TAKE IT FURTHER

Halfway through the song, have the groups switch what they are listening for in order to play. For example, the group that originally stopped playing when they heard the voice now comes in not plays when they hear voice, and the group that originally played when they heard voice now stops when they hear voice.

MATERIALS NEEDED

Gathering drum and mallets (or other instruments).
iOS, Android or Chromebook device

DIFFERENTIATIONS

If gathering drum is not available, provide drums for every two students to share. For added difficulty, ensure students who are sharing a drum are in different groups so they do not receive visual cues from them. For differently abled students use adapted mallets, and stop/go signs for playing if impulse control has not developed to the level of skill required for this lesson.

SUGGESTED ASSIGNMENTS

Record yourself clapping or drumming to the song Honey Bee (by Blake Shelton) but STOP whenever you hear a vocal. Make sure you record with the VOCAL GUIDE toggle ON!

ACTIVITY

Students will be split into two groups and either play during the vocals or the instrumental sections of the song to strengthen their impulse control.

SKILLS

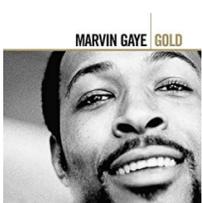
MUSICAL

Texture
Rhythm
Group Performance
Individual Performance
Instrument Motor Skills

EXTRAMUSICAL

Cognitive Thinking
Memory
Planning
Critical Reflection

SONGS



Ain't No Mountain High Enough
Marvin Gaye

TAGS

SUBJECTS

Special Education

GRADE LEVELS

Second
Third
Fourth

SKILLS

Cognitive Thinking
Critical Reflection
Memory
Planning

MUSICAL SKILLS

Group Performance
Individual Performance
Instrument Motor Skills
Rhythm
Texture