

Mongolian BBQ

Just put together the ingredients for your individual dish to your heart's content at our buffet, the Mongo's Food Market, as often as you like, always anew.

Mongo's TOTAL 19,90 € Mongo's TOTAL VEGGIE 17,90 €

Here's how it works:

- 1. Enjoy your soup with our freshly baked curry bread.
- 2. Select the sauce of your choice.
- 3. Put together the favoured dish of your choice at the food market.
- 4. Our chefs prepare your dish swiftly and carefully and right before your very own eyes.
- 5. The finished dish together with a serving of rice is then brought to your table.

We trust you will enjoy your meal!

Mongo's SELECT 2,35 €/100g

With Mongo's SELECT you will only be charged for what you have chosen. We weigh for each course your cup and charge 2,35 € / 100g - no matter what you take and how often you go, you never pay more than the price of Mongo's TOTAL.

For every serving of rice we charge 90 cents extra and for our freshly baked curry bread $2,50 \in$.

Sides

Edamame FIK V

3,90 €

The protein booster!
Green Edambeans with coarse Crystal salt

Spring rolls AF alcohol Homemade vegetarian spr

& sesame soy sauce served

3 pcs. 4,50 €

Homemade vegetarian spring rolls with Mango-Pineapple Dip & sweet-spicy cabbage salad

Gyoza 10|A|F|K|alcohol

3 pcs. **4,50 €**

Fried Japanese dumplings with sesame soy sauce & sweet-spicy cabbage salad

Satés

Chicken Saté A|E|F|K|alcohol

3 pcs. **5,50 €**

Homemade marinated chicken skewers with Malay Satay Sauce & sweet-spicy cabbage salad

Gung Saté 19 A B F H

3 pcs. **5,50 €**

Freshly grilled shrimp skewers with sweet Chili Dip & Wakame Seaweed Salad

Tofu Saté AIEIFIK

3 pcs. **4,50 €**

Tofu skewers marinated in sesame soy sauce with Malay Satay sauce & sweet-spicy white cabbage salad



Noodles

Veggie Satay 1/A/E/F/H/K 8,90€

Fried ramen noodles with tofu marinated & fried in sesame soy sauce, soy sprouts, bamboo, pak-choi, carrot, spinach and broccoli

Marinade: Malay Satay

Sweet Chicken 1|A|F|H 9,90€

Fried ramen noodles with grilled chicken breast, pineapple, soybean sprouts, bamboo, pak-choi, carrot and spinach Marinade: Oriental Sour

Tandoori Chicken 1|A|F|H|I|J 9.90 €

Fried ramen noodles with grilled chicken breast, mushrooms, broccoli, soybean shoots, bamboo, pak-choi, carrot and spinach

Marinade: Flamed Tandoori

Thai Chicken 1|A|F|H

Fried ramen noodles with grilled chicken breast, peppers, soya bean sprouts, bamboo, pak-choi, carrot and spinach Marinade: Thai Red Curry

Salmon & Prawns 1|A|B|D|F|G|H|K 11,90 €

Fried ramen noodles with roasted fresh salmon from sustainable farming, shrimps, peppers, soybean sprouts, bamboo, pak-choi, carrot and spinach

Marinade: Mongo's Ocean

BBO Beef 1|A|F|H

12.90 €

Fried ramen noodles with grilled Irish beef hip, paprika, onions, Soybean shoots, bamboo, pak-choi, carrot and spinach

Marinade: Mongo's BBQ

Chili Beef 1|A|F|H

12.90 €

Fried ramen noodles with grilled Irish beef hips, broccoli, onions, soy sprouts, bamboo, pak-choi, carrot and spinach

Marinade: Chili Garlic

9,90€

slightly hot medium hot

✓ gluten-free vegetarian vegan

E.g. Tom Kha Gai, Lemongrass Cream or

Curries

Classic Thai Red Curry

8,90€

Like a holiday in Thailand! An original recipe from the kitchens of Bangkok. Served with Mongo's Basmati Wild Rice Mix

Sweet Potato Curry AF

8,90€

Yummy, yummy, yummy! Sweet, yellow curry with coconut milk and sweet potatoes. Served with Mongo's Basmati-Wild rice mixture

Curry Toppings

7 1 1 1 1 1 1	
+ Marinated Tofu FIK	1,90 €
+ Chicken	2,90 €
+ Prawns ^B	2,90 €
+ Salmon ^D	3,90 €
+ Beef	3,90 €

Do it as a menu!

Includes soup & small dessert +1.90€

Rice

Vegan Saté ^{E|F|H|K} 8,90 €
With marinated in sesame and soy sauce
& fried tofu, soy shoots, bamboo,
pak-choi, carrot, spinach and broccoli
Marinade: Malay Satay & Rice

Chicken sweet & sour FIH 9,90 €

Grilled chicken breast strips with pineapple, soybean shoots, bamboo, pak-choi, carrot and spinach

Marinade: Oriental Sour & Rice

Indian Chicken ^{1|F|H|||}

Grilled chicken breast strips
with mushrooms, broccoli, soybean sprouts,
bamboo, pak-choi, carrot and spinach
Marinade: Flamed Tandoori & Rice

"Same, same but different" FIH 9,90 € Grilled chicken breast strips with paprika, soybean shoots, bamboo, pak-choi, carrot and spinach Marinade: Thai Red Curry & Rice

Ocean's Dream B|D|F|G|H|K 11,90 €
Fried salmon* & prawns with paprika,
soybean shoots, bamboo, pak-choi,
carrot and spinach
Marinade: Mongo's Ocean & Rice

* from sustainable breeding

carrot and spinach

Marinade: Mongo's BBQ & Rice

Mongolian Garlic Beef F|H 12,90 €
Grilled beef hip strips* with broccoli,
onions, soy sprouts, bamboo, pak-choi,
carrot and spinach

Marinade: Chili Garlic & Rice

** Origin Ireland



Death by Chocolate ^{1|A|C|F|G}

Hot´n Cold! Vanilla ice cream shocks
lukewarm chocolate cake! Awesome!

5,90 €

Raspberry lemongrass 6,90 € crème brûlée^{C|G} ♣√

with homemade raspberry sorbet. alcohol Asian version of classic crème brûlée with a hint of lemon grass and fresh raspberries. Must try!

Fried vanilla ice cream ¹|A|C|G ♣ 6,90 € Watch out for addictiveness! Crispy Wan-Tan-Coconut-Shell wraps creamy cool vanilla ice cream. We guarantee for nothing!

Absolutely handmade!

Mochi ice cream ¹ √ 6,50 €

Authentic Japanese dessert!

Fruity mango, passion fruit and lychee ice cream wrapped in a sweet and thin rice dough.

Vegan and glutenfree!

Raspberry sorbet alcohol each scoop 2,30 €
Try our homemade raspberry sorbet.
Vegan and gluten-free!

Homemade ice cream each scoop 2,30 € and sorbet

Try our homemade ice cream and sorbet.
Please ask our server for the varieties.



Mongonade
[mango¹, passion fruit¹, mango passion fruit¹,
passion fruit¹ lemongrass, lime, lime ginger,
strawberry¹¹⁰]
Homemade lemonade with fresh fruits.

Limo & Co	0,31 0,41
Pepsi Cola ^{1 7}	2,90 3,90
Pepsi Light 1/2/5/6/7	2,90 3,90
Mirinda 1 2 3	2,90 3,90
Seven Up ²	2,90 3,90
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4,50 €

Spritzer	0,31 0,4
Apple juice spritzer, naturally cloudy	3,20 4,20
Punica apple juice spritzer ²	2,90 3,90
Passion fruit	2,90 3,90
Pineapple	2,90 3,90

Mineral water	0,251 0,51 0,751
Selters mineral water	2,90 4,60 5,90
[Light, nature]	

Coffee & Co

	Cup / Glass
Coffee ⁷	2,50
Cappuccino 7 G	2,70
Milky Coffee 7 G	2,90
Latte Macchiato 7 G	3,00
Espresso ⁷	2,20
Espresso Macchiato 7 G	3,90
Fresh ginger mint tea	2,90
5 5	The same of

Allergens

- 1 Contains colorant
- 2 Contains preservatives
- 3 Contains antioxidants
- 4 Sulfured
- 5 Contains artificial sweeteners
- 6 Contains a source of phenylalanine
- 7 Contains caffeine
- 8 Contains quinine
- 9 May have an adverse effect on activity and attention in children
- 10 Contains flavor enhancers

- A Gluten-containing grains / -produce
- B Crustaceans / -produce
- C Eggs / -produce
- D Fish / -produce
- E Peanuts / -produce
- F Soy / -produce
- G Dairy / -produce (including Lactose)
- H Nuts / -produce
- I Celery / -produce
- J Mustard / -produce
- K Sesame / -produce
- L Sulphur Dioxide/Sulfite
- M Lupine / -produce
- N Mollusks / -produce

Special allergen note

The allergens are named when the designated substances (list of main allergens) or products made from them are altered or contained unchanged in the final food. The installation of the main energy release is not exhaustive. Rather, there are, in addition to the designated, other allergenic substances. No guarantee can be given for a 100% completeness of the data. Possible recipe changes are incorporated at regular intervals. Cross-contamination with peanuts, gluten, crustaceans, fish, nuts, soybeans and dairy can not be ruled out during processing. You are welcome to view detailed list of ingredients. Contact us. We're here to help!

All prices are in Euro, including VAT and service.