

# BURGERS & DOGS ALL SERVED WITH FRIES

All burgers are served in a sesame brioche bun w/ house sauce, shredded lettuce, pickled onions (GF buns available).

## BARREL £12.95

Double patty, double cheddar, bacon, onion rings, pickles, bourbon BBQ sauce.

## SOUTHERN STACK £12.95

Double southern fried chicken, double american cheese, bacon, hash brown, bourbon BBQ sauce.

## AMERICAN £10.95

Double patty, double american cheese, pickles, ketchup, mustard.

## BACON & BLUE £11.95

Double patty, blue cheese, bacon, ketchup.

## VEGAN STACK £12.95 (VE)

Double southern fried vegan fillet, double vegan cheese, hash brown, BBQ sauce.

## HALLOU BE THY NAME (V) ... £12.95

Southern fried halloumi, double american cheese, hash brown, bourbon BBQ sauce.

## TRIPLE CHEESE £12.50

Double patty, american cheese, mac n cheese bites, cheese sauce.

## DIRTY BIRD £12.50

Double fried chicken, double american cheese, buffalo sauce, hash brown blue cheese sauce.

## DOUBLE BARREL £16.95

Quadruple patty, quadruple cheddar, bacon, onion rings, pickles, bourbon BBQ sauce.

## SALT BEEF BRISKET £12.50

Single patty, cheddar, salt beef, mustard, pickles.

## BACON DOUBLE CHEESE ... £12.50

Double patty, double american cheese, bacon, pickles, ketchup, mustard.

## BEYOND BURGER £12.50 (VE)

Beyond burger patty, vegan mayo, vegan cheese, pickled onion, ketchup, vegan bun.

## NOT DOG (VE) £10.95

Vegan dog, vegan cheese, pickle relish, ketchup, mustard, crispy onions.

## CHILLI DOG £10.95

Hot dog, our house bbq american chilli, pickle relish, cheddar, jalapenos, sour cream & chives.

## M&B DOG £10.50

Hot dog, american cheese, pickle relish, ketchup, mustard, crispy onions.

### UPGRADES:

ADD SALT BEEF / MAC & CHEESE BITES / EXTRA PATTY TO ANY BURGER FOR £2.95

ADD BACON / AMERICAN CHEESE / ONION RINGS FOR £1.95

ADD DIRTY FRIES FOR £1.95 / WAFFLE FRIES FOR £1.95

£1 DIPS: BUFFALO / BLUE CHEESE / BOURBON BBQ / BURGER SAUCE / TARTARE SAUCE / PICKLE RELISH / SOUR CREAM & CHIVE / SRIRACHA

## SMOKED WINGS

SMALL (8) £6.50	MEDIUM (12) £8.95	LARGE (16) £11.50
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### BUFFALO WINGS

Fried buffalo wings coated in buffalo hot sauce and blue cheese dip.

### BOURBON BBQ STICKY WINGS

Our house bourbon BBQ sauce w/ crispy onions & chilli flakes.

### SRIRACHA & MAPLE SMOKED WINGS (GF)

A sweet blend of maple, butter & sriracha.

## MAINS

### SMOKED BBQ HALF CHICKEN (GF) ... £14.50

Smoked half chicken, BBQ sauce, fries, buttered cob, coleslaw.

### FISH AND CHIPS ... £11.50

Crispy battered cod fillet, mushy peas, chips, tartare sauce.

### CHICKEN AND BACON CAESAR ... £10.95

Caesar dressing, baby gem, bacon, croutons, parmesan, chicken breast.

### 10oz SMOKED RUMP STEAK (GF) ... £16.50

Smoked rump steak, BBQ sauce, fries, buttered cob, coleslaw.

### CHICKEN & WAFFLES ... £10.95

Southern fried mini fillets, candied bacon, baked waffles & maple syrup.

*All our meats are smoked on site!*

## KIDS

### CHEESE BURGER £5.50

Classic house patty, American cheese, house sauce, lettuce, served in a soft bun with fries.

### SOUTHERN FRIED CHICKEN £4.95

Southern fried chicken strips, beans, fries.

### COD GOUJONS £4.95

Battered cod fingers, fries, beans.

### CLASSIC HOT DOG £4.95

Hot dog & bun, fries.

**SOUTHSEA  
BURGER CLUB**  
50% OFF ALL BURGERS  
EVERY TUESDAY

*#southseaburgerclub*

PLEASE ORDER FOOD AT THE BAR

**WING  
WEDNESDAY**  
50% OFF ALL WINGS  
EVERY WEDNESDAY

*#winwednesday*

INSTAGRAM & FACEBOOK: @meatandbarrel

## SUNDAY ROASTS

Served on Sundays from 12.00pm. All served with roasted root veg, braised red cabbage, pig in blanket, homemade Yorkshire pudding, and maple glazed brussels.

### ROAST BEEF TOPSIDE ... £13.95

### PORK BELLY W/CRACKLING ... £13.95

### STUFFED ROAST CHICKEN WRAPPED IN BACON ... £13.95

### MUSHROOM, BUTTERNUT SQUASH, SPINACH, OLIVE & CRANBERRY WELLINGTON (VE) ... £13.95

### KIDS ROAST ... £6.95

A junior portion of our Sunday roast.

SIDE OF CAULI CHEESE: £3.00 / EXTRA YORKSHIRE: £1.00

## DIRTY FRIES

### SPICY BUFFALO (V) £7.00

Seasoned fries, cheese sauce, blue cheese sauce, buffalo sauce, pickles, jalapenos, sour cream, pickles.

### AMERICAN CHILLI £7.00

Seasoned fries, cheese sauce, bourbon sauce, BBQ chilli beef, sour cream & chives, jalapenos.

### BARBEQUE £7.00

Seasoned fries, cheese sauce, bourbon BBQ sauce, sour cream, bacon, pickles.

## SIDES

### SKINNY FRIES (GF/VE) ... £3.95

### WAFFLE FRIES (VE) ... £4.95

### BEER BATTERED ONION RINGS (V) ... £4.95

### M&B GRAVY ... £2.95

Our southern chicken gravy.

### HALLOUMI FRIES (V) ... £6.50

W/sour cream & chive dip.

### COLESLAW (GF/V) ... £3.95

Shredded veg, herbs, mayo.

### MAC & CHEESE (V) ... £5.50

Cheese sauce, macaroni (add bacon for £1).

### SOUTHERN FRIED CHICKEN ... £5.50

Southern coated mini fillets w/ blue cheese dip.

## WAFFLES & SHAKES

### WAFFLES WITH BERRIES ... £6.50 (V)

Baked waffles, berries, Greek yogurt, sprinkles & maple syrup.

### WAFFLES WITH ICE CREAM ... £6.95

Baked waffles, vanilla ice cream, sauce & sprinkles.

### ALL SHAKES £4.20

Served with lashings of whipped cream, sauce, sprinkles & party rings. Have some fun and feel free to mix and match up to 3 flavours from our selection in any one shake:

• SALTED CARAMEL

• VANILLA

• DOUBLE CHOC CHIP

• STRAWBERRY

• MINT CHOC CHIP

• BANANA

## BREAKFAST

Saturday & Sunday / 9:00am - 11:30am

### BARREL BREAKFAST £9.50

Cumberland sausages, fried eggs, two bacon, mushrooms, baked beans, hash brown, grilled tomato, black pudding & toast.

### SMASHED AVO £7.50 (VE)

Smashed avocado w/chilli flakes & cherry tomatoes, s/ on toasted sourdough w/ Sriracha mayo.

Add an egg £1 | Add bacon £1

### WAFFLES WITH BACON & MAPLE £6.95

Baked waffles, streaky bacon, maple syrup & butter.

### VEGAN BREAKFAST £9.50 (VE)

Two vegan sausages, charred red pepper, scrambled tofu, mushrooms, baked beans, hash brown, grilled tomato & toast.

### BREAKFAST BRIOCHE £7.00

Toasted sesame brioche filled w/ sausage, bacon, hash brown & a fried egg.

### CHICKEN & WAFFLES £7.00

Southern fried chicken, candied bacon, waffles, maple syrup.

### WAFFLES WITH BERRIES ... £6.50 (V)

Baked waffles, berries, Greek yogurt, mixed seeds & maple syrup.

## LUNCH

Monday - Friday / 11am - 3pm

### SOUTHERN FRIED CHICKEN TRAY £7.50

Southern fried chicken mini fillets, fries, baked beans.

### GRILLED CHEESE £6.00

Mixed cheddar cheese, toasted bread with butter.

### SMASHED AVO £7.50 (VE)

Smashed avocado w/chilli flakes & cherry tomatoes, s/ on toasted sourdough w/ Sriracha mayo.

Add an egg £1 | Add bacon £1

### CHICKEN & BACON CAESAR £7.00

Caesar dressing, baby gem, bacon, croutons, parmesan, chicken breast.

### CHICKEN & WAFFLES £7.00

Southern fried chicken, candied bacon, waffles, maple syrup.

### NY DELI £7.00

Mayo, lettuce, salt beef, pickled onion, pickles, mustard.

## £1 DIPS

### BUFFALO BLUE CHEESE BOURBON BBQ BURGER SAUCE

### TARTARE SAUCE PICKLE RELISH SOUR CREAM & CHIVE SRIRACHA

(GF) - Gluten Free / (V) - Vegetarian / (VE) - Vegan

## DRAUGHT BEER & CIDER

For guest keg and cask please check at the bar  
OR follow us on the Untappd app.

**PRAYHA LAGER 4% £3.95**

**STAROPRAMEN 5% £4.50**

**ATLANTIC PALE ALE 4.5% £4.95**

**BLUE MOON BELGIAN WHITE 5.4% £5.25**

**CHIEFTAIN IPA 5.5% £4.95**

**GUINNESS ORIGINAL 4.2% £4.95**

**OFFSHORE PILSNER 4.8% £4.50**

**ASPALL HARRY SPARROW CIDER 4.6% £3.95**

## RED WINE

**MOUNTAIN RANGE CHILEAN MERLOT**  
£4.80/6.10/18.00

**TRIVENTO TRIBU MALBEC**  
£5.20/6.50/19.00

**LA COUR DES DAMES SYRAH**  
£5.45/6.75/20.00

## WHITE WINE

**MOUNTAIN RANGE CHILEAN SAUVIGNON BLANC**  
£4.80/6.10/18.00

**PETIRROJO CHARDONNAY**  
£5.20/6.50/19.00

**VIA NOVA PINOT GRIGIO**  
£5.45/6.75/20.00

## ROSE & FIZZ

**RIPTIDE WHITE ZINFANDEL**  
£4.80/6.10/18.00

**VIA NOVA PINOT BLUSH**  
£5.45/6.75/20.00

**CHIO PROSECCO**  
£5.00/25.00

**MUMM CORDON ROUGE NV**  
£55.00

**PLEASE SEE  
FULL DRINKS MENU  
FOR SPIRITS  
AND MORE**

## SOFT DRINKS

**SAN PELLIGRINO 330ML £2.85**  
ORANGE/LEMON/POMMEGRANITE/BLOOD ORANGE

**TING SPARKLING GRAPEFRUIT 330ML £2.50**

**OLD JAMIACA GINGER BEER 330ML £2.50**

**ORANGINA SPARKLING FRESH ORANGE 250ML £2.50**

**APPLETISER SPARKLING FRESH APPLE 275ML £2.50**

**FENTIMANS DANDELION & BURDOCK 275ML £2.50**

**KINGSDOWN STILL/SPARKLING WATER 330ML £2.50**

**RED BULL SUGAR FREE 250ML £2.50**

**SPRITE 330ML £2.85**

**COCA COLA 330ML £2.85**

**COKE ZERO 330ML £2.85**

**JUICES £2.95**

## TEAS & COFFEES

**ENGLISH BREAKFAST TEA £1.90**

**EARL GREY £1.90**

**FRUIT & HERBAL TEAS £2.00**

**AMERICANO £2.00**

**FLAT WHITE £2.65**

**CAFÉ LATTE £2.65**

**CAPPUCCINO £2.65**

**MOCHA £2.95**

**HOT CHOCOLATE £2.95**

**ICED COFFEE £3.00**



# MEAT AND BARREL

CRAFT BEER AND KITCHEN

*#southseaburgenclub*