

BURGERS & DOGS ALL SERVED WITH FRIES

All burgers are served in a sesame brioche bun w/ house sauce, shredded lettuce, pickled onions (GF buns available).

BARREL £12.50

Double patty, double cheddar, bacon, onion rings, pickles, bourbon BBQ sauce.

SOUTHERN STACK £12.00

Double southern fried chicken, double american cheese, bacon, hash brown, bourbon BBQ sauce.

AMERICAN £11.00

Double patty, double american cheese, pickles, ketchup, mustard.

BACON & BLUE £12.00

Double patty, blue cheese, bacon, ketchup.

THE CODFATHER £11.00

Battered cod, tartare sauce, shredded lettuce, ketchup.

HALLOU BE THY NAME (V) ... £12.95

Southern fried halloumi, double american cheese, hash brown, bourbon BBQ sauce.

TRIPLE CHEESE £12.50

Double patty, american cheese, mac n cheese bites, cheese sauce.

DIRTY BIRD £12.00

Double fried chicken, double american cheese, buffalo sauce, hash brown blue cheese sauce.

DOUBLE BARREL £17.00

Quadruple patty, quadruple cheddar, bacon, onion rings, pickles, bourbon BBQ sauce.

SALT BEEF BRISKET £12.50

Single patty, cheddar, salt beef, mustard, pickles.

BACON DOUBLE CHEESE ... £12.50

Double patty, double american cheese, bacon, pickles, ketchup, mustard.

BEYOND BURGER £12.50 (VE)

Beyond burger patty, vegan mayo, vegan cheese, pickled onion, ketchup, vegan bun.

NOT DOG (VE) £10.50

Vegan dog, vegan cheese, pickle relish, ketchup, mustard, crispy onions.

CHILLI DOG £10.50

Hot dog, our house bbq american chilli, pickle relish, cheddar, jalapenos, sour cream & chives.

M&B DOG £10.00

Hot dog, american cheese, pickle relish, ketchup, mustard, crispy onions.

£1 DIPS: BUFFALO / BLUE CHEESE / BOURBON BBQ / BURGER SAUCE / TARTARE SAUCE / PICKLE RELISH / SOUR CREAM & CHIVE / SRIRACHA

SMOKED WINGS

SMALL (8) £6.50	MEDIUM (12) £9.00	LARGE (16) £11.50
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BUFFALO WINGS

Fried buffalo wings coated in buffalo hot sauce and blue cheese dip.

BOURBON BBQ STICKY WINGS

Our house bourbon BBQ sauce w/ crispy onions & chilli flakes.

SRIRACHA & MAPLE SMOKED WINGS (GF)

A sweet blend of maple, butter & sriracha.

MAINS

SMOKED BBQ HALF CHICKEN (GF) ... £14.50

Smoked half chicken, BBQ sauce, fries, buttered cob, coleslaw.

FISH AND CHIPS ... £11.00

Crispy battered cod fillet, mushy peas, chips, tartare sauce.

CHICKEN AND BACON CAESAR ... £11.00

Caesar dressing, baby gem, bacon, croutons, parmesan, chicken breast.

10oz SMOKED RUMP STEAK (GF) ... £16.50

Smoked rump steak, BBQ sauce, fries, buttered cob, coleslaw.

SMOKED BOURBON BABY BACK RIBS (GF) ... £19.00

Full rack of smoked ribs, BBQ sauce, fries, buttered cob, coleslaw.

All our meats are smoked on site!

KIDS

CHEESE BURGER £5.50

Classic house patty, American cheese, house sauce, lettuce, served in a soft bun with fries.

SOUTHERN FRIED CHICKEN £5.00

Southern fried chicken strips, beans, fries.

COD GOUJONS £5.00

Battered cod fingers, fries, beans.

CLASSIC HOT DOG £5.00

Hot dog & bun, fries.

**SOUTHSEA
BURGER CLUB**
50% OFF ALL BURGERS
EVERY TUESDAY

#southseaburgerclub

**WING
WEDNESDAY**
50% OFF ALL WINGS
EVERY WEDNESDAY

#wingwednesday

PLEASE ORDER FOOD AT THE BAR

INSTAGRAM & FACEBOOK: @meatandbarrel

SUNDAY ROASTS

Served on Sundays from 12.00pm. All served with roasted root veg, braised red cabbage, pig in blanket, homemade Yorkshire pudding, and maple glazed brussels.

ROAST BEEF TOPSIDE ... £13.95

PORK BELLY W/CRACKLING ... £13.95

STUFFED ROAST CHICKEN WRAPPED IN BACON ... £13.95

MUSHROOM, BUTTERNUT SQUASH, SPINACH, OLIVE & CRANBERRY WELLINGTON (VE) ... £13.95

KIDS ROAST ... £6.95

A junior portion of our Sunday roast.

SIDE OF CAULI CHEESE: £3.00 / EXTRA YORKSHIRE: £1.00

DIRTY FRIES

SPICY BUFFALO (V) £7.00

Seasoned fries, cheese sauce, blue cheese sauce, buffalo sauce, pickles, jalapenos, sour cream, pickles.

AMERICAN CHILLI £7.00

Seasoned fries, cheese sauce, bourbon sauce, BBQ chilli beef, sour cream & chives, jalapenos.

BARBEQUE £7.00

Seasoned fries, cheese sauce, bourbon BBQ sauce, sour cream, bacon, pickles.

SIDES

SKINNY FRIES (GF/VE) ... £3.95

WAFFLE FRIES (VE) ... £4.95

BEER BATTERED ONION RINGS (V) ... £4.80

M&B GRAVY ... £2.95

Our southern chicken gravy.

HALLOUMI FRIES (V) ... £6.50

W/sour cream & chive dip.

COLESLAW (GF/V) ... £3.95

Shredded veg, herbs, mayo.

MAC & CHEESE (V) ... £5.50

Cheese sauce, macaroni (add bacon for £1).

SOUTHERN FRIED CHICKEN ... £5.50

Southern coated mini fillets w/ blue cheese dip.

WAFFLES & SHAKES

WAFFLES WITH BERRIES ... £6.50 (V)

Baked waffles, berries, Greek yogurt, sprinkles & maple syrup.

WAFFLES WITH ICE CREAM ... £6.95

Baked waffles, vanilla ice cream, sauce & sprinkles.

ALL SHAKES £4.20

Served with lashings of whipped cream, sauce, sprinkles & party rings. Have some fun and feel free to mix and match up to 3 flavours from our selection in any one shake:

- SALTED CARAMEL
- VANILLA
- DOUBLE CHOC CHIP
- STRAWBERRY
- MINT CHOC CHIP
- BANANA

BREAKFAST

Saturday & Sunday / 9:00am - 11:30am

BARREL BREAKFAST £9.50

Cumberland sausages, fried eggs, two bacon, mushrooms, baked beans, hash brown, grilled tomato, black pudding & toast.

SMASHED AVO £7.50 (VE)

Smashed avocado w/chilli flakes & cherry tomatoes, s/ on toasted sourdough w/ Sriracha mayo.

Add an egg £1 | Add bacon £1

WAFFLES WITH BACON & MAPLE £6.95

Baked waffles, streaky bacon, maple syrup & butter.

VEGAN BREAKFAST £9.50 (VE)

Two vegan sausages, charred red pepper, scrambled tofu, mushrooms, baked beans, hash brown, grilled tomato & toast.

BREAKFAST BRIOCHE £7.00

Toasted sesame brioche filled w/ sausage, bacon, hash brown & a fried egg.

WAFFLES WITH BERRIES £6.50 (V)

Baked waffles, berries, Greek yogurt, mixed seeds & maple syrup.

LUNCH

Monday - Friday / 11am - 3pm

SOUTHERN FRIED CHICKEN TRAY £7.50

Southern fried chicken mini fillets, fries, baked beans.

GRILLED CHEESE £6.00

Mixed cheddar cheese, toasted bread with butter.

NY DELI £7.00

Mayo, lettuce, salt beef, pickled onion, pickles, mustard.

CHICKEN & BACON CAESAR £7.00

Caesar dressing, baby gem, bacon, croutons, parmesan, chicken breast.

CHICKEN & WAFFLES £7.00

Southern fried chicken, candied bacon, waffles, maple syrup.

£1 DIPS

BUFFALO BLUE CHEESE BOURBON BBQ BURGER SAUCE

TARTARE SAUCE PICKLE RELISH SOUR CREAM & CHIVE SRIRACHA

(GF) - Gluten Free / (V) - Vegetarian / (VE) - Vegan

DRAUGHT BEER & CIDER

For guest keg and cask please check at the bar
OR follow us on the Untappd app.

PRAVHA LAGER 4% £3.95

STAROPRAMEN 5% £4.50

ATLANTIC PALE ALE 4.5% £4.95

BLUE MOON BELGIAN WHITE 5.4% £5.25

CHIEFTAIN IPA 5.5% £4.95

GUINNESS ORIGINAL 4.2% £4.95

OFFSHORE PILSNER 4.8% £4.50

ASPALL HARRY SPARROW CIDER 4.6% £3.95

RED WINE

MOUNTAIN RANGE CHILEAN MERLOT
£4.80/6.10/18.00

TRIVENTO TRIBU MALBEC
£5.20/6.50/19.00

LA COUR DES DAMES SYRAH
£5.45/6.75/20.00

WHITE WINE

MOUNTAIN RANGE CHILEAN SAUVIGNON BLANC
£4.80/6.10/18.00

PETIRROJO CHARDONNAY
£5.20/6.50/19.00

VIA NOVA PINOT GRIGIO
£5.45/6.75/20.00

ROSE & FIZZ

RIPTIDE WHITE ZINFANDEL
£4.80/6.10/18.00

VIA NOVA PINOT BLUSH
£5.45/6.75/20.00

CHIO PROSECCO
£5.00/25.00

MUMM CORDON ROUGE NV
£55.00

**PLEASE SEE
FULL DRINKS MENU
FOR SPIRITS
AND MORE**

SOFT DRINKS

SAN PELLIGRINO 330ML £2.85
ORANGE/LEMON/POMMEGRANITE/BLOOD ORANGE

TING SPARKLING GRAPEFRUIT 330ML £2.50

OLD JAMIACA GINGER BEER 330ML £2.50

ORANGINA SPARKLING FRESH ORANGE 250ML £2.50

APPLETISER SPARKLING FRESH APPLE 275ML £2.50

FENTIMANS DANDELION & BURDOCK 275ML £2.50

KINGSDOWN STILL/SPARKLING WATER 330ML £2.50

RED BULL SUGAR FREE 250ML £2.50

SPRITE 330ML £2.85

COCA COLA 330ML £2.85

COKE ZERO 330ML £2.85

JUICES £2.95

TEAS & COFFEES

ENGLISH BREAKFAST TEA £1.90

EARL GREY £1.90

FRUIT & HERBAL TEAS £2.00

AMERICANO £2.00

FLAT WHITE £2.65

CAFÉ LATTE £2.65

CAPPUCCINO £2.65

MOCHA £2.95

HOT CHOCOLATE £2.95

ICED COFFEE £3.00



MEAT AND BARREL

CRAFT BEER AND KITCHEN

#southseabungerclub