

MAINS

CHICKEN AND BACON CAESAR £11

Caesar dressing, chicken, parmesan, baby gem, bacon lardons & croutons

SALT BEEF BRIOCHE AND FRIES £11

Our house salt beef w/ pickles, mustard and fries

10oz RUMP STEAK AND FRIES (GF) £14.50

In a BBQ rub s/w grilled mushrooms & tomatoes

HOUSE IPA FISH AND CHIPS £11

Fillet cod in our house IPA batter w/ mushy peas, fat chips and tartare sauce

BUFFALO CHICKEN £13

1/2 buffalo chicken s/w skinny fries & Coleslaw

WINGS

BUFFALO WINGS

Fried buffalo wings coated in buffalo hot sauce and blue cheese dip

MARGARITA HOT WINGS

Lime chilli and tequila marinated wings

BOURBON BBQ STICKY WINGS

Our house bourbon BBQ sauce w/ crispy onions & chilli flakes

SIDES

FAT CHIPS (GF/VE)...£4.75

SKINNY FRIES (GF/VE)...£4

POTATO SALAD (GF/VE)...£4.50
New potatoes, yoghurt, chives & red onion

TATER TOTS (GF/VE)...£4.75

LOADED TATER TOTS (VE)...£6.75

Loaded w/ Spicy Buffalo, blue cheese & cheddar cheese sauce w/ pickles & jalapenos

COLESLAW (GF/VE)...£4

MAC & CHEESE (VE)...£5.50

ONION RINGS (VE)...£4.75

FRICKLES & HALLOUMI FRIES (VE)...£6.50

SOUTHERN FRIED CHICKEN...£5.50

Chicken strips in a crispy coating w/ blue cheese dip

MEAT & BARREL GRAVY £3

Our house chicken gravy

FOLLOW US ON UNTAPPD TO STAY UP TO DATE WITH OUR BEER SELECTION

BURGERS & DOGS

• ALL SERVED WITH FRIES •

All burgers are served in a sesame brioche bun w/ house sauce, shredded lettuce, pickled onions. (GF buns available)

BARREL £12.50

Beef patty, onion rings, smoked cheddar, bbq sauce, bacon & pickles

SOUTHERN £11.50

Southern fried chicken, salsa, american cheese & hash brown

AMERICAN £11

Beef patty w/ pickles, American cheese & ketchup

VEGAN DOG £9.50

Vegan cheese, crispy onions w/ ketchup, mustard & pickle relish (VE)

IPA COD £11

Battered cod, ketchup, tartare & lettuce

VEGAN £12.50

Beef-like patty w/ ZERO beef, cheese, ketchup & mayo. Completely vegan (VE)

BLUE & BACON £11.50

Beef patty, bacon, blue cheese & ketchup

BARREL DOG £10.50

Salt beef, smoked cheddar, pickle relish, ketchup & mustard

BREAKFAST £12.50

Beef patty, sausage, bacon, fried egg, hash brown & ketchup

CLASSIC DOG £9.50

American cheese, pickle relish, crispy onions, ketchup & mustard

TRAYS

Pick'n'mix ANY combination of meats and sides. We recommend 2-3 meat dishes and 1 side per person! Starving? Make that 2 sides!

FREE

Free sliced bread, chicken shop gravy & pickles with trays that come to over £12

MAKE YOUR ULTIMATE MEATY MEAL

1. MAKE SURE YOU'RE HUNGRY
2. PICK YOUR MEATS
3. CHOOSE YOUR FLAVOURS
4. PICK YOUR SIDES
5. ORDER AT THE BAR

MEATS

MEAT: RIBS (1/3 RACK)
FLAVOURS: Bourbon BBQ or Spicy Buffalo (GF)

£5.50

MEAT: SAUSAGES (3x)
FLAVOURS: Garlic & herb or Spicy Cajun

£3.50

MEAT: BEEF BRISKET (4oz)
FLAVOURS: Salt Beef (GF)

£4.50

MEAT: CHICKEN (1/4 BIRD)
FLAVOURS: Bourbon BBQ or Spicy Buffalo (GF)

£4

1/2 bird also available £8

(GF) - Gluten Free / (V) - Vegetarian / (VE) - Vegan

PLEASE ORDER FOOD AT THE BAR

INSTAGRAM & FACEBOOK: @meatandbarrel

LUNCH

Monday to Friday / 11:30am - 3:00pm

GRILLED CHEESE (V) £6

Toasted sourdough topped w/ cheddar & red Leicester

SAUSAGE & RELISH £7

Locally made garlic & herb sausage, crispy kale & pickle relish sandwiched between two slices of fresh sourdough

NY DELI £7

Pastrami, pickles, smoked cheddar, sauerkraut & shredded lettuce sandwiched between two slices of fresh sourdough

MAC & CHEESE TOASTIE (V) £6.50

Toasted sourdough filled w/ homemade mac & cheese
Add bacon £1

SMASHED AVO (VE) £7.50

Smashed avocado w/chilli flakes & cherry tomatoes, served on top of toasted sourdough w/ Sriracha mayo
Add an egg £1
Add bacon £1
Add chicken £2
Add pastrami £2

CHICKEN & BACON CAESAR £7

Chicken, bacon lardons & crunchy croutons on top of a bed of baby gem lettuce, drizzled w/ classic Caesar dressing & parmesan

ADD FRIES FOR £2 TO ANY LUNCH ITEM

(GF) - GLUTEN FREE / (V) - VEGETARIAN / (VE) - VEGAN

BREAKFAST

Saturday & Sunday / 9:00am - 11:30am

BARREL BREAKFAST £9.50

Locally made Garlic & herb sausages, fried eggs, two rashers of bacon, mushrooms, baked beans, hash brown, grilled tomato & toast

VEGAN BARREL BREAKFAST (VE) £9.50

Two vegan sausages, charred red pepper, scrambled tofu, mushrooms, baked beans, hash brown, grilled tomato & toast

BREAKFAST BRIOCHE £7

Toasted sesame brioche filled w/ sausage, bacon, hash brown & a friend egg

SMASHED AVO ON TOAST (VE) £7.50

Smashed avocado w/chilli flakes & cherry tomatoes, served on top of toasted sourdough w/ Sriracha mayo
Add an egg £1 | Add bacon £1
Add chicken £2 | Add pastrami £2

CHEESE ON TOAST (V) £6

Toasted sourdough topped w/ grilled cheddar, Red Leicester & Worcestershire sauce

PANCAKE STACK £6

Warm buttermilk pancakes s/w bacon, butter & maple syrup OR mixed berries and greek yoghurt

SMOOTHIE BOWL (VE) £6

Oats, oat milk, banana, blueberries, raspberries and mixed seeds

EXTRAS - £2

Sausage / two bacon rashers mushrooms / black pudding vegan sausage / scrambled tofu

EXTRAS - £1

Grilled tomato / two eggs baked beans / hash brown toasted sourdough

(GF) - GLUTEN FREE / (V) - VEGETARIAN / (VE) - VEGAN

SUNDAY ROASTS & MAINS

ROAST BEEF TOPSIDE...£13.95

PORK BELLY W/CRACKLING...£13.95

STUFFED ROAST CHICKEN WRAPPED IN BACON...£13.95

MUSHROOM, BUTTERNUT SQUASH, SPINACH, OLIVE & CRANBERRY WELLINGTON (VE)...£13.95

All served with roasted root veg, braised red cabbage, pig in blanket, homemade Yorkshire pudding, and maple glazed brussels.

Side of cauli cheese - £3 / Side of cauli & broccoli gratin (ve) - £3

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PUNK IPA BATTERED FISH & CHIPS - £12.50

Cod fillet in Punk IPA beer batter w/ fat chips, mushy peas and homemade tartare sauce.

CHICKEN CAESAR SALAD - £13

Chargrilled chicken breast, baby gem lettuce, streaky bacon and parmesan w/ croutons and Caesar dressing.

BURGERS & DOGS

All burgers are served in a sesame brioche bun w/ house sauce, shredded lettuce, pickled onions and a side of skinny fries.

BARREL £12.50

Beef patty, onion rings, smoked cheddar, bbq sauce, bacon & pickles

SOUTHERN £11.50

Southern fried chicken, salsa, American cheese & hash brown

AMERICAN £11

Beef patty w/ pickles, American cheese & ketchup

VEGAN DOG £9.50

Vegan cheese, crispy onions w/ ketchup, mustard & pickle relish (VE)

IPA COD £11

Battered cod, ketchup, tartare sauce & lettuce

VEGAN £12.50

Beef-like patty w/ ZERO beef, cheese, ketchup & mayo. Completely vegan (VE)

BREAKFAST £12.50

Beef patty, sausage, bacon, fried egg, hash brown & ketchup

CLASSIC DOG £9.50

American cheese, pickle relish, crispy onions, ketchup & mustard

CREATE YOUR OWN

All served in a sesame brioche bun w/ house sauce, shredded lettuce & pickled onion

BEEF - £9

SOUTHERN FRIED CHICKEN - £9

CHICKEN - £9

VEGGIE - £9

Double your Patty for £3

TOPPINGS

£1.35 EACH / 3 FOR £3.00
American cheese / cheddar / blue cheese pickles / zingy salsa / crispy onions / onion rings hash brown / bourbon bbq sauce / sauerkraut

SUPER TOPPING £2 EACH

Mac & cheese / bacon / pastrami black pudding

SIDES

FAT CHIPS (GF/VE)...£4.75

SKINNY FRIES (GF/VE)...£4

POTATO SALAD (GF/VE)...£4.50

New potatoes, yoghurt, chives & red onion

COLESLAW (GF/VE)...£4

MAC & CHEESE (VE)...£5.5

ONION RINGS (VE)...£4.75

SPICED RICE (GF/VE)...£4.

Cooked in turmeric, paprika & rosemary

SOUTHERN FRIED CHICKEN...£5.50

Chicken strips in a crispy coating w/ blue cheese dip

CHICKEN SHOP GRAVY £3

Think popular fried chicken chain

KIDS

ROAST CHICKEN...£7.50

s/w roasted root veg, red cabbage, pig in blanket, sprouts & a Yorkshire Pud

COD GOUJONS...£5

s/w skinny fries & baked beans

SOUTHERN FRIED CHICKEN...£5

s/w skinny fries & baked beans

MAC & CHEESE (VE)...£5

s/w skinny fries & baked beans

BURGER & FRIES (VE)...£5.50

Beef patty in a seeded brioche bun w/ shredded lettuce, burger sauce & ketchup. s/w skinny fries

KIDS ICE CREAM (VE)...£3.00

2 scoops of vanilla, strawberry, chocolate or mint choc-chip

(GF) - GLUTEN FREE / (V) - VEGETARIAN / (VE) - VEGAN

KIDS MENU

COD GOUJONS - £5

s/w skinny fries & baked beans

SOUTHERN FRIED CHICKEN - £5

s/w skinny fries & baked beans

MAC & CHEESE (V) - £5

s/w skinny fries & baked beans

BURGER & FRIES (V) - £5.50

Beef patty in a seeded brioche bun w/ shredded lettuce, burger sauce & ketchup. s/w skinny fries

KIDS ICE CREAM (V) - £3.00

2 scoops of vanilla, strawberry, chocolate or mint choc-chip

KIDS ROASTS AVAILABLE ON SUNDAYS!