



Learn ways to talk to kids that can reduce or eliminate yelling

HOW TO STOP YELLING AT MY KIDS WORKSHOP

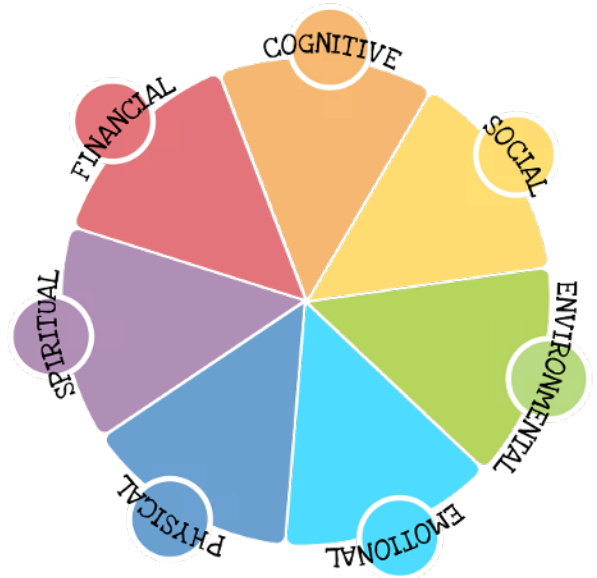
Yelling at others is usually a symptom of frustration, and it affects the well-being of everyone in the home. It certainly doesn't feel great to yell at a child – and it doesn't feel so great to be yelled at by a parent either.

Dr. Jenn brings her years of experience working with children to share different strategies parents and caregivers can use to communicate more effectively with their children.

In this workshop, you'll learn tips to get your child's attention before you begin speaking, as well as specific prompts you can use to help your child do what needs to be done. You'll probably have a few laughs along the way as you learn some new strategies and develop an understanding of why children behave with resistance and rebellion. This understanding can lead to increased patience, less frustration, and a happier home.

Wouldn't it be wonderful to have a home where people only shout when they're happy? Come and learn some new ways of communicating to help reduce the yelling at your house.

The length of the workshop can be determined by the sponsoring organization (schools, community groups or churches).



All of Dr. Jenn's workshops are based on the 7 dimensions of well-being (cognitive, social, environmental, emotional, physical, spiritual and financial) and tailored to the needs of the family.

Reach out to Dr. Jenn to discuss the needs of your family to see how she can help!