

*Providing schools with opportunities to foster the social and emotional development of adults and youth*



## **SOCIAL AND EMOTIONAL SKILLS: MULTIPLE PATHWAYS FOR DEVELOPMENT**

In every school, both adults and youth can benefit from honing their social and emotional skills.

To begin the collaboration, Dr. Jenn meets with school leadership, then meets with school staff, for informal discovery conversations. The purpose of these conversations is to get a sense of possible areas of focus.

The school team, with Jenn, devise a plan of how to support the social and emotional skills of youth and/or adults in the community. It may be helpful to start with an analysis of the community's strengths in CASEL's five areas of SEL, or it may make sense for Jenn to coach individual educators who are in need of support. The school staff may be interested in creating an SEL scope and sequence for students or staff.

Alternatively, the school may already have a robust approach to supporting the social and emotional development of youth and adults, and could benefit from some fine-tuning with Jenn. Whatever the situation, Jenn's deep knowledge and experience with social and emotional learning can help create a customized professional development program to meet the needs of your community.

**Social and emotional skills and topics addressed through coaching, planning sessions and/or workshops include:**

- Executive Function
- Emotional Regulation
- Decision-Making
- Creating Communities of Belonging and Safety
- Adult and Youth Behavior
- Circles – conflict, check-in, talking...
- Character Strengths
- Communication

Jenn works with your school (and budget) to develop a customized approach to social and emotional skill development that ensures your school community has the resources that can help them thrive.

**Take some time to have a free chat with Jenn today about your school's work around social and emotional learning. This conversation can help clarify your needs and see how Jenn could potentially be a resource for you!**