

Moore Well-Being



CATALOG OF SERVICES



Assessment

Helping educators and caregivers learn multiple ways to guide and document student growth

ASSESSMENT PROFESSIONAL DEVELOPMENT

Most of the tools used to document student growth are standardized tests that are better for politicians than for children, teachers, administrators and caregivers.

These tests are biased, limited and lengthy. They are unhelpful to teachers, and most importantly, to students.

There are multiple ways that educators can use to show students and caregivers the progress that students are making.

Dr. Jenn provides ongoing support to teachers to help them develop a repertoire of tools and processes to show student growth in multiple areas.


Feedback, rather than grading, has been shown to have a much more significant impact on positive learning. Jenn helps educators learn when and how to provide effective, ongoing feedback to students.

Assessment topics addressed through coaching, planning sessions and/or workshops include:

- Task analyses
- Continuum of learning in different subject areas
- Rubrics
- Protocols for feedback
- Conferencing
- Observations
- Checklists
- Spreadsheets
- Performance assessments
- GRASPS
- Report cards
- Progress reports
- Schoolwide assessment plan

Jenn works with your school (and budget) to develop a customized assessment professional development plan to ensure that educators have the knowledge and tools they need to provide students with useful feedback and guidance.

**CALL DR. JENN TO LEARN HOW SHE CAN HELP YOUR SCHOOL DEVELOP
A CUSTOMIZED APPROACH TO ASSESSMENT!**



*Learn how to help
students **want** to behave
well in your class!*

TEACH MORE, ARGUE LESS: CLASSROOM MANAGEMENT SUPPORT FOR TODAY'S STUDENTS AND STAFF

CUSTOMIZED PLAN

Dr. Jenn begins by working with your staff to identify the practices that are currently successful in supporting the three pillars of classroom management: **healthy relationships, routines and engaging instruction.**

Jenn then helps to identify the specific behavioral challenges that exist. Next, she collaborates with staff to identify key strategies that will support healthy relationships, routines and engaging instruction.

Working within the parameter's of your school's budget and scheduling constraints, Jenn creates and collaboratively implements this plan to provide systematic support to meet the needs of your staff. The plan works on two levels: helping administration model healthy relationship practices and helping school staff use these same practices with youth. The plan also addresses how to collaborate with families around the three pillars of classroom management.

ONGOING SUPPORT

As part of the customized plan, Jenn provides workshops, planning and reflection sessions to help educators incorporate the identified strategies. She does observations and 1-1 coaching to help educators feel supported and stretched in applying their new learning. Video recordings of interactions are often used to help staff learn.

GUIDING FRAMEWORK FOR CLASSROOM MANAGEMENT

Jenn provides a coherent, three-part framework for helping the entire school staff encourage learning behaviors and healthy relationships in their classrooms, play areas, dining areas and offices. This creates a shared language, creating consistency for everyone in the school community.

THREE PILLARS OF CLASSROOM MANAGEMENT

RELATIONSHIPS

Helping educators learn how to build healthy relationships is the foundation of Dr. Jenn's approach to classroom management. Some tools introduced to staff include: restorative justice; talking circles; child development expectations; supportive language and empathy. Healthy adult-adult relationships are important models for healthy student-adult relationships, so several of the practices used by teachers with students are also used by administration with adults, such as restorative justice and talking circles.

ROUTINES

Clarifying the specific routines, procedures and policies in a classroom provides students with boundaries, helping them feel safe. Staff identify school-wide and classroom-specific routines and how to teach them.

ENGAGING INSTRUCTION

Engaging, rigorous instruction helps students attend to what they are learning. When students are interested in the experiences the teacher is providing, behavior tends to be more focused. Teachers are given multiple strategies to increase student engagement that range from liberatory unit planning to cooperative learning to STEM practices.



WITH DR. JENN'S SUPPORT, EDUCATORS CAN LEARN TECHNIQUES THAT CONTRIBUTE TO THE IMPLEMENTATION OF THESE THREE PILLARS OF CLASSROOM MANAGEMENT.

CALL OR EMAIL DR. JENN TODAY TO DISCUSS THE NEEDS OF YOUR SCHOOL!



HEALTHY COMMUNICATION COURSE FOR SCHOOL STAFF

Healthy communication between adults is what creates a strong school culture and promotes social well-being. The content of the course is based on Nonviolent Communication by Marshall Rosenberg. During the course, participants learn:

- how to make observations (as opposed to judgments).
- how to articulate their feelings and needs.
- what to do when they feel overwhelmed.
- how to avoid going up the ladder of inference.
- how to listen to others for their feelings and needs.
- how to empathize with others.
- how to set aside patterns that interfere with listening.
- how to make requests (not demands) of others.
- how to apply the content of this course to interactions with students, colleagues & families.

Participants receive a workbook to use throughout the course, which can be conducted virtually or face-to-face.

Dr. Jenn works with your school's budget to determine pricing, timing and length of the course, which can range from 5 hours to 30 hours, depending on the school's needs and constraints.

Topics Addressed in the Communication Course:


- Overview of Nonviolent Communication
- Challenges in Communication
- What does it mean to observe rather than judge?
- How do I identify and articulate my feelings?
- How do I identify and articulate my needs?
- How do I make a request rather than a demand?
- How can I respond in conflicts?
- How can I say 'no' in ways that maintain relationships?
- How do I empathize with myself?
- How do I empathize with others?
- How do I use empathy to navigate conflict?

Teaching Methods Used:

- Small group discussions
- Whole group discussions
- Videos
- Self-assessments
- Reading
- Brief lectures
- Role-playing
- Experiential activities
- Writing
- Self-reflection

With Dr. Jenn's support, educators can learn techniques that contribute to the implementation of these three pillars of classroom management.

Call or Email Dr. Jenn today to discuss the needs of your school.



Learn the skills and strategies necessary for high-level collaboration

COACHING FOR CO-TEACHING

Co-teaching can be tricky, especially for new teachers, veteran teachers who are used to their individual routine, or for any teacher or assistant who is not experienced at partner/team communication, planning and execution.

The support that Dr. Jenn provides co-teachers takes into account where they are in the progress of their partnership, as well as the needs and goals of the participants. For example, some groups may need support in clarifying values and expectations, whereas others may need to refine their planning processes.

Jenn meets with each group to conduct a needs assessment, then works with the team to provide them with the tools and supports that all agree would be most beneficial to their work.

In general, small group coaching incorporates many, if not all, of the following elements:

- Coaching is done in small groups (2-6 teachers).
- Different models of co-teaching are introduced.
- Teachers select a model of co-teaching to experiment with.
- Individual's strengths and values are identified.
- Ideally, participants take the DiSC assessment.
- Co-teaching agreements are negotiated.
- Participants define and then tweak their planning processes.
- Classroom roles and responsibilities are reflected upon.
- Participants negotiate their roles and responsibilities.
- A regular meeting structure is determined.
- Teachers reflect on their growth and progress as co-teachers.
- Teachers reflect on their students' strengths, growth and development.

How can Dr. Jenn support the co-teaching needs of your school community?

Reach out to her to discuss your thoughts!



CREATING DEVELOPMENTALLY APPROPRIATE LEARNING EXPERIENCES FOR YOUNG CHILDREN

Over the last 20 years, academic rigor in early childhood has been made to look very much like academic rigor in high school. Teachers and administrators are feeling pressure to make sure that young ones are doing lots of 'seat work' and much less play.

It doesn't have to be one or the other!


Helping staff learn how to create environments that stretch students in ways that match their developmental phases is imperative for students' well-being.

In professional development opportunities facilitated by Dr. Jenn Moore, staff will move through a cycle of inquiry about developmentally appropriate practice.

In this inquiry, staff will:

- engage in play.
- articulate the cognitive, social, emotional, physical, spiritual and environmental skills and processes they are using.
- analyze play of children to articulate how children respond to the developmentally rigorous cognitive demands placed on them.
- analyze current curriculum for developmental appropriateness.
- design joyful student learning experiences that are grounded in solid developmental and educational theory.
- create accountability structures to support the experimentation and implementation of these new learning experiences.

Please reach out to Dr. Jenn to find out how she can customize your staff learning opportunities around developmentally appropriate practices!



*Learn how to create
an environment so all
students and staff
can experience
success.*

EQUITY PROFESSIONAL DEVELOPMENT: HELPING STUDENTS AND STAFF FLOURISH

Equity means offering individualized support to students that addresses possible barriers to their education and well-being. In a 2016 U.S. survey of over 4,700 public school educators, 97% agreed that equity should be a priority, but many do not know how to implement it in their classrooms.

Dr. Jenn's equity coaching involves:

- helping educators reflect on the well-being of the students they serve, and their own well-being.
- guiding participants to understand their own ideas about equity and what is already being done to create equity at school.
- introducing the language, research and practices that enable participants to move from thinking about equity to visualizing how they can help all students and colleagues flourish, and figuring out what that means in practice.
- offering different practices to use in curriculum planning, instruction and culture to promote equity.
- assisting with setting up accountability systems that work to successfully implement the selected practices.


Topics that can be addressed in equity professional development:

- Examining implicit biases
- Conducting equity audits
- Curriculum design
- Building culturally responsive relationships
- Challenging systemic practices that are racist and replacing them
- Moving from standards to mastery learning
- Fostering student and staff well-being
- Understanding the traumatic impact of racism
- Creating an inclusive environment for students and staff of color
- Helping students and staff unlearn racist beliefs and practices
- Creating a culture of care

Workshops can happen during the school day, evenings or weekends.

Workshops are participatory, not lecture-based, so participants are always talking to one another about their ideas.

Dr. Jenn works with your school's budget to determine pricing.



*Learn how to support
the development of
all aspects of
executive function at
school*

EXECUTIVE FUNCTION PROFESSIONAL DEVELOPMENT

The content of executive function (EF) skills professional development is focused both on the teachers and the students. First, Dr. Jenn guides educators through the process of becoming more aware of their own EF skills, including how to manage and develop them. This meta-cognition allows educators to better support their students as they go through the process of managing their EF skills. Next, teachers learn how EF skills show up in children. Finally, teachers learn how to help students by co-creating plans with students to help them manage and develop their own EF skills.

This training can also be done for families, helping caregivers better understand their own EF skills and how they can support the development of their children's EF skills.


EF SELF-AWARENESS FOR EDUCATORS

- Introduction to the 12 distinct elements of EF through videos.
- Self-survey prompts reflection on EF strengths.
- Further learning about the 12 elements of EF.
- Learn how to strengthen weaker EF skills.
- Learn how to keep the strongest EF skills from going into overdrive.
- Develop plans for how to better manage EF skills.

EF FOR STUDENTS

- Self-survey reflecting on their students' EF strengths.
- Learn how help students strengthen their weaker EF skills.
- Learn how to help students keep their strongest EF skills from going into overdrive.
- Develop plans for how to help students better manage their EF skills.

**Reach out to Dr. Jenn to discuss how to
increase your school community's
knowledge and expertise in
EXECUTIVE FUNCTION!**



*Unique, Engaging
Personalized
Workshops for Adult
and Child Well-Being*

WORKSHOPS FOR TODAY'S FAMILIES

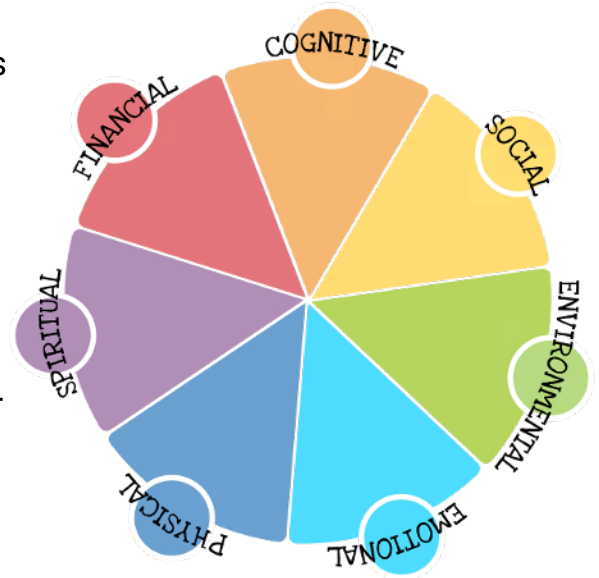
All of Dr. Jenn's workshops are based on the 7 dimensions of well-being (cognitive, social, environmental, emotional, physical, spiritual and financial) and tailored to the needs of the family.

The workshops can be held during the school day, evenings or weekends. All workshops are participatory, not lecture-based, so caregivers are talking to one another about new ideas.


Dr. Jenn works with your budget to determine pricing.

Workshop topics include:

Executive Function Skills: What are they?
Questions I Should Ask My Child's Teacher
Race: Let's Talk About It
Assessment: How do I know how my child is doing?
Reading With Your Child: The Best Homework
Non-Violent Communication
Helping Your Child with Homework
Helping Your Child Learn English
Technology and Your Child
Developmental Norms of Children



**Reach out to Dr. Jenn to discuss
the needs of your families to see
how she can help you!**



Providing staff with frameworks and resources to engage students in relevant, rigorous inquiry-based instruction

INQUIRY INSTRUCTION PROFESSIONAL DEVELOPMENT

Dr. Jenn meets with teachers and administrators to get a sense of their goals for implementing inquiry instruction. What are teachers already doing? What curriculum is being used in the different content areas and grades? What grade levels will be implementing inquiry? What is the time frame for implementation? What are the resources available to support inquiry instruction? What assessment tools must be used? What assessments have teachers been using that work really well? How have parents been brought into the conversation? How have students' voices been included in the conversation?

By answering these and other questions, Jenn is able to formulate a proposal for professional development to share with the school. After making modifications to ensure that the plan meets the community's needs, Jenn proceeds implementing the professional development plan. The type of professional support Jenn provides is customized to the school and can be done in whole staff meetings, grade level teams, small groups of interested teachers, one-on-one coaching - the methods depend on the community's needs and constraints.

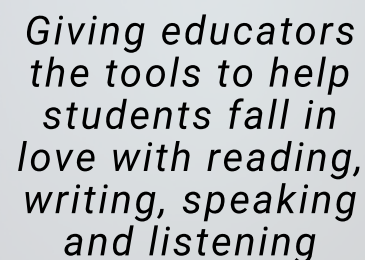
There are multiple frameworks of inquiry instruction, and multiple levels of inquiry.

- The framework determines which structure teachers will use to plan their instruction.
- The level determines how open the inquiry is to student voice.

Your school selects the framework and level to be used with your students. Jenn provides an overview of the frameworks and levels and then engages interested staff in deciding the framework and level that might work best for your community.

The professional development Jenn provides is customized to your school context, based on the preferences and constraints that your school is working within.

Reach out now to discuss your vision for inquiry instruction in your school!



Educators benefit from having multiple tools and frameworks of literacy instruction. This bounty allows them to choose which methods best suit their students.

Jenn then helps educators develop plans for providing instruction and feedback to students on their literacy growth. Assessment tools are introduced as a guide for student growth and progress, so educators are able to identify indicators of student success.

Alternatively, the school may already have a robust approach to literacy and may benefit from some fine-tuning with Jenn. Whatever the situation, Jenn's deep knowledge and experience with literacy can help create a customized professional development program to meet your staff's needs.

- Reading, writing, listening and speaking frameworks
- Methods of literacy instruction
- Content for literacy instruction
- Culturally responsive literacy instruction
- Continuum of learning in different dimensions of literacy
- Rubrics
- Protocols for feedback
- Conferencing
- Observations
- Checklists
- Spreadsheets

Give your teachers the tools they need to help students fall in love with literacy. Reach out to Jenn today!

Providing schools with opportunities to foster the social and emotional development of adults and youth



SOCIAL AND EMOTIONAL SKILLS: MULTIPLE PATHWAYS FOR DEVELOPMENT

In every school, both adults and youth can benefit from honing their social and emotional skills.

To begin the collaboration, Dr. Jenn meets with school leadership, then meets with school staff, for informal discovery conversations. The purpose of these conversations is to get a sense of possible areas of focus.

The school team, with Jenn, devise a plan of how to support the social and emotional skills of youth and/or adults in the community. It may be helpful to start with an analysis of the community's strengths in CASEL's five areas of SEL, or it may make sense for Jenn to coach individual educators who are in need of support. The school staff may be interested in creating an SEL scope and sequence for students or staff.

Alternatively, the school may already have a robust approach to supporting the social and emotional development of youth and adults, and could benefit from some fine-tuning with Jenn. Whatever the situation, Jenn's deep knowledge and experience with social and emotional learning can help create a customized professional development program to meet the needs of your community.

Social and emotional skills and topics addressed through coaching, planning sessions and/or workshops include:

- Executive Function
- Emotional Regulation
- Decision-Making
- Creating Communities of Belonging and Safety
- Adult and Youth Behavior
- Circles – conflict, check-in, talking...
- Character Strengths
- Communication

Jenn works with your school (and budget) to develop a customized approach to social and emotional skill development that ensures your school community has the resources that can help them thrive.

Take some time to have a free chat with Jenn today about your school's work around social and emotional learning. This conversation can help clarify your needs and see how Jenn could potentially be a resource for you!