## WHY IS IT BENEFICIAL FOR

## SCHOOLS TO USE WELL-BEING AS THEIR FOCUS?





The current "factory" model of schooling no longer meets the needs or potential of the people it serves.



The Moore Well-Being program takes an approach that is more responsive and flexible to support healthy development and well-being.



It educates, motivates, and supports the ideology that the whole community is greater than the sum of its individuals/parts.



Well-being is a construct that transcends borders, appeals to our highest selves and is customizable to each school context.



A well-being program integrates academic, social emotional learning, and whole health resulting in greater confidence and performance.



When well-being is achieved in any single area of focus, it positively affects the well-being of the individual and the whole community.



Schools have the capacity to provide the tools, support, and resources in all areas of well-being to those in its community.

## DR. JENNIFER MOORE

jennmoore@moorewellbeing.com 262.885.7690

