



**Annual Narrative Report**

**1 April 2017 - 31 March 2018**

## 1. Section A: Basic details about the Organisation:

1.1 Organisation name: The Issy Geshen Lamont Home for the Aged

1.2 NPO Number: 002-277

1.3 The twelve-month period this Report covers: 1 April 2017 - 31 March 2018

### 1.4 Contact persons (Two office bearers nominated by the Organisation):

Name and Surname	Position	Contact No	Email
Guy Peter Levene	Chairperson	082 446 5890	guy@apgroup.co.za
Doris Hlubi	Deputy Chairperson	082 485 3415	thembekile@muthande.org.za

1.5 Organisation's physical address: 2342 Ndlwana Road Lamontville KZN 4027

1.6 Organisation's postal address: PO Box 32180 Mobeni KZN 4060

### 1.7 Organisation's Office Bearers:

Name and Surname	Position	Gender	Race	Contact No	Email
Guy Levene	Chairperson	Male	White	082 446 5890	guy@apgroup.co.za
Doris Hlubi	Deputy Chairperson	Female	Black	082 485 3415	thembekile@muthande.org.za
Thoko Molefe	Secretary	Female	Black	073 219 3941	tcmol@mweb.co.za
Gary Welsh	Treasurer	Male	White	083 779 8827	gary@welshfinancial.co.za
Shiela Tsalong	Member	Female	Black	082 857 7747	sheilatsar@gmail.com
Winston Dladla	Member	Male	Black	082 957 4882	phumlanidladla@gmail.com
Gugu Ngobese	Member	Female	Black	084 446 6919	none
Ntombilezi Mlita	Member	Female	Black	083 618 5041	mrsmlita@gmail.com
Zandile Khambule	Member	Female	Black	083 243 3533	zandilek@telkomsa.net
Sabina Marumo	Residents' Rep	Female	Black	031 469 0247	none

1.8 Attorney's: JH Nicholson, Stiller & Geshen

1.9 Auditors: Harold Levin & Associates Inc.

### 1.10 Meetings Held:

AGM: 1 (12 October 2017)

MANCO: 12

Board: 4 scheduled and 4 unscheduled meetings

Senior Staff: Weekly meetings

Other:

- 12 Stakeholder meetings
- 6 NPO Forum meetings
- 4 SAAHA meetings
- 12 Staff meetings
- 10 Senior Citizens Forum
- 6 War Room

### 1.11 Staff:

No.	Initials and surname	Designation
1.	P S Cele	General Assistant
2.	T P Cele	Nursing Assistant
3.	N P Cele	Nursing Assistant
4.	N Chiliza	OTA
5.	F Crouch	OT
6.	D H Dladla	Driver
7.	S Dlamini	Nursing Assistant
8.	M J Fundamu	Professional Nurse
9.	V Z Gumede	Nursing Assistant
10.	N H N Hlubi	Administrative Assistant

11.	D P Houston	Fundraiser
12.	E N Khaba	Cook
13.	T Khomo	Cook
14.	S Maduna	Enrolled nurse
15.	Z Mapholoba	Care giver
16.	S A Mbele	Matron
17.	B N Mbelu	Supervisor cleaner
18.	R P Mbelu	Chef
19.	T H Mdletshe	Enrolled Nurse
20.	N Mkhungo	Nursing Assistant
21.	T G Mkhulisi	Financial Secretary
22.	L F Mngoma	Cook
23.	N G Mpisane	Nursing Assistant
24.	N D Msomi	General worker
25.	V Msimbithi	Handyman
26.	D G Mtembu	Security Guard
27.	NR Mtshali	Enrolled nurse
28.	B I Ndelu	Professional nurse
29.	M S P Ngidi	Administrator
30.	N L Ngcobo	Social Worker
31.	J W Nxaba	Nursing Assistant
32.	A L Sehlako	Nursing Assistant
33.	M C L Shabalala	Nursing Assistant
34.	T H Tshanyana	Cook
35.	D N Zulu	Laundry Attendant
36.	P Zulu	Groundsman
37.	G N F Zindela	Enrolled nurse

The Homes relies on the services of volunteers as reliefs for full-time staff when they are on annual, sick or compassionate leave. Volunteers are paid a transport stipend.

	<b>Name and Surname</b>
1.	Nonkululeko Vazi
2.	Lillian Tseko
3.	Zithulele Myeza
4.	Bongekile Shandu
5.	Thembelihle Hope
6.	Happiness Khuzwayo
7.	Sellina Mosala
8.	Phumla Nkawana
9.	Nonhlanhla Majola
10.	Catherine Nontshe
11.	Thobile Khoza
12.	Babhekile Ngwazi
13.	Nomusa Msomi

## 1.12 Update

The Home accommodated 69 residents during the reporting period	
Services	Update
1. To provide 24/7 physical and medical care and support for residents	<ul style="list-style-type: none"> <li>a. Resident morbidity: hypertension, diabetes, dementia, arthritis, asthma and stroke</li> <li>b. All residents received the flu vaccine to minimize infection and outbreak</li> <li>c. The annual fire drill was conducted (August) for residents and staff</li> <li>d. Monthly pest control measures remain in place to ensure a pest-free environment</li> <li>e. We have the services of a private medical practitioner (two in-house visits p/month)</li> <li>f. In-service education programme for staff: medical procedures, dementia management, rights of the elderly, role and scope of practice of Auxiliary Nurses, ethical behaviour, symptoms of Parkinson's Disease</li> <li>g. Hospital referrals for residents needing hospitalisation</li> <li>h. Nursing staff attended upskilling workshops/seminars: Diabetes - healthy lifestyle, care-giver upgrading</li> <li>i. Presentations: Strokes and Dementia, dispensing medicines</li> <li>j. Care-givers attended a Health and Safety Workshop</li> <li>k. A new smoke detector/alarm system was installed</li> <li>l. Jojo tanks (4X10,000l) were installed for rain-water harvesting and 3 solar-heated boilers (5,000l total capacity) were installed as part of our cost-cutting strategy</li> </ul>
2. To provide social work counselling of both residents and families	<ul style="list-style-type: none"> <li>a. The social worker and social work volunteer as well as 3 social work students provided individual care and group work</li> <li>b. Social Worker and Professional Nurse conduct home assessments of prospective residents, with the view to ensure suitability for admission.</li> <li>c. The focus of group work for the year was "Active ageing", with the importance of keeping contact with family members and dealing with past issues</li> <li>d. The social worker attended an assortment of stakeholder meetings, including those of the NGO sector as well as DSD: developments/challenges within the aged sector and networking <ul style="list-style-type: none"> <li>Challenges: <ul style="list-style-type: none"> <li>➤ Shortage of space due to increased need for frail elder care (especially dementia care)</li> <li>➤ Families seek our assistance when their loved ones are often too sick and very frail</li> <li>➤ Some family members fail to communicate effectively with their loved ones about moving into the Home, which leads to us having to care for elders who are depressed, non-responsive and refusing to comply or participate in any activities in the Home</li> <li>➤ Due to busy life styles of the children/family of the residents, visits are few and far apart, which contributes to residents' feelings of abandonment and, occasionally, depression</li> </ul> </li> </ul> </li> </ul>
3. To provide awareness programmes and promote care for elderly people	<ul style="list-style-type: none"> <li>a. An Elder Abuse awareness campaign was conducted at the Lamontville CHC, the emphasis being on the importance of caring for the elderly at home</li> <li>b. Our Residents visited a children's' home to hand out soft toys and tell stories to them. It was also special because it was a way for the elderly to give back to other people who were less fortunate. <ul style="list-style-type: none"> <li>Challenges: <ul style="list-style-type: none"> <li>➤ Our residents are getting more and more frail and find it more challenging to walk the short distance to the CHC. We are very grateful to the Lamontville SAPS for their assistance in transporting some residents back home</li> </ul> </li> </ul> </li> </ul>
4. To provide rehabilitation and paramedical services for residents	<ul style="list-style-type: none"> <li>a. Referral centres and partnerships: Lamontville CHC, Clairwood, Wentworth, Prince Mshiyeni, King Edward, St Aiden's, Addington hospitals, DUT, UKZN and various nursing colleges</li> <li>b. 8 residents attend the St Giles Rehabilitation Gym twice a week</li> <li>c. Wheelchairs and walkers were provided to those who needed them <ul style="list-style-type: none"> <li>Challenges: <ul style="list-style-type: none"> <li>➤ No Occupational Therapy or physiotherapy student clinical practical placements this past year</li> </ul> </li> </ul> </li> </ul>

<p>5. To provide social and recreational programmes for residents</p>	<p>a. Outings/activities: visits to the nearby swimming pool, beachfront and Ushaka Marine World, carpet bowling, visit to the Botanic Gardens, Mothers' and Fathers' Day celebrations, Heritage day celebration, Christmas Party, Valentine's day event, Pampering day, Water awareness speech day, Stage play by the Municipality, Talent show, , World elder abuse session, Alzheimer's awareness day, visits by Masakhane crèche, Interhome Choir Festival, Movie week, Housebound library storytelling competition,</p> <p>b. Bi-monthly library visits were conducted by the mobile library and a story telling competition was organised</p> <p>c. Daily devotions were held every morning and a religious service every week</p> <p>d. Observance of significant days</p> <p>e. The residents' committee holds monthly meetings to provide a safe and free environment to express their views and suggestions to the Home</p> <p>f. Sport: regular exercise sessions for all, some elders participated in the Golden Games</p> <p>g. Awareness talks: linked with Heart and Stroke Foundation, Diabetes SA, Alzheimer's KZN to provide health awareness talks and testing for elders and staff</p> <p>Challenges:</p> <ul style="list-style-type: none"> <li>➤ Transport is sometimes an issue</li> </ul>
<p>h. To extend our services and expertise to the community</p>	<p>a. The annual Interhome choir festival was held at the Muthande Hall - 9 choirs participated. Lamontville community elders attended. Issy Geshen choir came second in the festival</p> <p>b. 2 social work students were placed for practical experience</p> <p>c. 1 Social work volunteer who worked with the elderly and assisting in OT activities. Being male, the volunteer was able to involve our male residents, who are often non-active</p> <p>d. 10 wheelchair assessments; 8 provided</p> <p>e. 20 blankets and 15 scarves were knitted for the Nelson Mandela Day Campaign</p> <p>f. Pretty Things for Little Things Competition: 15 articles were made and one resident won a Shoprite/Checkers award for her clothing items</p> <p>g. Nelson Mandela day - our ladies spent their 67 minutes handing over soft toys made at Issy Geshen to children at a Durban Child Welfare Care Centre</p> <p>Challenges:</p> <ul style="list-style-type: none"> <li>➤ Limited funds to purchase materials for arts and crafts</li> <li>➤ The UNISA social work department is restructuring its curriculum, therefore they are not taking in any new students. This is where the bulk of our students came from</li> <li>➤ Most social workers and students are young people and find working with the elderly a challenge, as they are less active</li> </ul>