

### ***Mission Statement***

Rogers Home Inc. operates therapy-oriented; education based “sober homes” for adult males recovering from alcohol and drug addiction. Rogers Home residences provide a positive, safe, living environment with **supportive mentors** and strict rules to achieve long lasting sobriety.

Participants in the Rogers Home program sign to stay at the residence for 8 to 12 months while identifying the issues that caused their alcohol and/or drug dependency. During this time of transformation into a **new responsible adult** each participant is required to study, maintain a job, search for a new job, or to attend classes at an educational institution.

Individualized recovery plans, emphasis on peer group support, education to enhance job and life-social skills, and assistance with addiction-related programs are integrated into the program.

Our mission is to provide each man with a sense of respect and responsibility to grow as a productive member of society. **We teach addicts how not to drink or do drugs.** On-going community support is provided to transition to independent living, maintain sobriety and **recover for life.**

### ***Admission Criteria***

Participants\* are males and come from all walks of life and backgrounds.

Individuals are accepted based on their demonstrated commitment to help themselves and **a real need + want to** stay sober “one day at a time”.

Only participants that are **clean & sober** are allowed to enter the program. Each person must complete an entrance assessment during a personal interview.

**\*Participants are not tenants but are considered guests of Rogers Home. Failure to abide by the rules below may result in immediate dismissal from the program.**

## ***Home Rules & Requirements***

**Weekly Fee:** The program fee for Rogers Home is \$175 per week. Participants are required to pay the fee for the first week of \$175 plus the entrance administration fee of \$350 upon entering the home. Re-Entry fee after a one month absence is also \$350.

Thereafter, the weekly fee is paid no later than 6pm on Friday for the following week. Payments are made by cash or money order.

No personal checks are accepted. **All fees are non-refundable.**

**Failure to pay the weekly fee in advance may result in immediate dismissal from the home.**

**Medications:** No one will be allowed to use narcotic/addictive medication while a client of the home. Unfortunately, if the use of these medications becomes necessary the client must be dismissed from the program.

**We do not accept methadone or suboxone.**

The Director reserves the right to make an exception to the “no narcotics” rule provided any medications are prescribed by a physician, in moderate doses, and the physician is available to respond to the Director’s concerns.

The Director or home staff must approve all over-the-counter medication.

All medications are to be placed in a personal locked box and stored in a central locked cabinet. A log shall be maintained to document any access to the medications.

**Drug & Alcohol Testing:** Chemical testing is conducted on a weekly and random basis. A positive test result means immediate dismissal from the home. Refusal to be tested will be treated the same as a positive test result.

Participants may dispute any positive test result and be tested again. The participant is responsible to pay \$30 due to the cost of a laboratory retest. The participant will be reimbursed if the new test is negative.

Immediate dismissal is necessary in the event a test indicates a positive for drugs or alcohol. You will have the responsibility to manage your own transportation to your next destination. Under no circumstances will the staff provide transportation.

**Substance Abuse:** Anyone under the influence of alcohol or drugs is not allowed on the premises. Violators must be reported to the staff immediately.

**Probationary Period:** The first **30 days** are considered a probationary period. During this period the Director and home staff will evaluate the client's overall appropriateness for the "**Recovery for Life**" program. Participants that are deemed to introduce negativity into the home environment, or experience a relapse will be dismissed from the home.

If the participant is deemed inappropriate for Rogers Home, the client will be given time, not to exceed one week, to find a new residence.

Participant may reapply for admission at the appropriate time. If accepted back into the program, the client is considered a new admission and will be charged the \$350 entrance administration fee.

**"If you are not GROWING, you are GOING".**

**Participant Contact Information:** Each participant must provide contact information that will assist the home staff in case of an emergency. This includes reaching the client when not at the home or reaching someone in case of your own need.

**These details may include employment contacts, sponsors, family or friends, cell phone numbers, email addresses. The Director or staff will review details monthly.**

**Mandatory Support & Meetings:** Participants must have a home group and a sponsor within 90 days of admission into Rogers Home. Notify the Director with the name of the home group and sponsor as soon as this occurs.

Participants must attend **seven** AA recovery **meetings** each week.

**One** of the **seven** meetings must be with their home group and will continue regardless of length of sobriety. **Two** are **mandatory peer meeting** within Rogers Home.

Participants may not participate in any 12 Step work, under any circumstances, without the expressed permission of the home Director.

**Employment & Daytime Activities:** All participants must be awake and have their bed made by 8am weekdays and 10:30am on weekends and holidays. Each person is required to maintain a job, search for a new job, volunteer, or attend classes at an educational institution. The Director and staff members will do their best to assist in your efforts.

Participants must inform the staff if he is **not going to work or classes** during a normal day for any reason including illness and lack of work. Any other plans for that day must be approved **before** leaving the home.

**Curfew:** Participants must return everyday from work, pass, and daily routines by **6pm**, unless the participant has obtained prior approval from the Director. All participants must return to the home by 11pm Sunday thru Thursday, and 12 midnight on Friday, Saturday, and holiday evenings.

Later curfews are established so that the participant may attend **Director-approved functions.**

When any exceptions are made to the above curfews, participants MUST complete the **“expected time of return”** on the sign-out sheet so that your peers know the time you are expected to return.

**Overnight Passes:** Overnight passes will only be given after 30 days as a participant-guest. All fees must be current. Passes are limited to **two** per month. These may not occur on consecutive weeks. Participants MUST establish a relationship with a sponsor or join an AA group to receive overnight privileges.

Participants are not allowed to leave the home at **anytime** unless approved by the staff. No client will be allowed to be absent from the home for a period longer than 48 hours.

Exceptions are granted for documented legal and immediate family issues only.

**Smoking Policy:** In order to mitigate the irritation and known health effects of secondhand smoke; the increased maintenance, cleaning, and redecorating costs from smoking; and the increased risk of fire from smoking; there shall be **NO SMOKING** inside the premises. Smoking is allowed outdoors in assigned areas.

**Utilities, Food, & Luxuries:** The weekly fee helps to pay for heat, electricity, hot water, home repairs, and other operating expenses. Bathroom and household cleaning products are also provided by the home.

Participants provide their own food.

Cable TV and Internet access are considered luxuries that are shared equally by all participants. There is a monthly charge of \$25 to help pay these expenses.

Cable and on-line movie/sporting event rentals are also luxuries paid for by the participant(s). These rentals must be scheduled with the home manager. The program title, date, time, fee, and participant(s) responsible for payment must be logged and accounted for.

**Personal Property on Premises:** Participants understand and agree that it shall be his own obligation to insure his personal property. The Director, or the home staff, shall not be responsible for damage or loss of personal property, stored in or about the premises, whether by theft, fire, acts of God, or otherwise, and client agrees to indemnify, defend, and hold harmless the Director and any staff, for any claims for damages.

All personal belongings are to be kept in an orderly fashion in the participant's bedroom. The Director reserves the right to inspect personal belongings without notice if he suspects contraband materials.

No personal furniture, electrical appliances, or laptops, are allowed. Alarm clocks and pre-approved audio systems may be allowed with staff approval.

All furniture is the property of Rogers Home and is not to be moved from room to room, or removed from the premises.

In the event a participant leaves the program prior to completion, personal belongings will be stored for two weeks. After two weeks, the Director reserves the right to dispose of them as necessary. Former participants must have permission of the Director to enter the home and to collect belongings.

**No Contact Order:** Former participants that leave the program prior to completion are not allowed on the premises (inside or out) without the permission of the Director. Failures to abide by the rules or a relapse followed by your decision to leave the home are not good examples for remaining participants that have a right to a safe and healthy environment.

**Cleanliness & Safety:** The goal of Rogers Home is to provide each participant a clean, safe, and healthy living environment. All participants share the responsibilities by doing their **assigned house chores in a proper and timely manner**, and washing their own dishes, pots, pans, utensils and food preparation surfaces immediately after use.

Dispose of all trash and other waste; keep plumbing and sanitary fixtures clean; and use all appliances in a responsible manner.

Participants agree not too deliberately or negligently destroy, deface damage or remove any portion of the premises, or knowingly permit any person to do so.

**Personal Hygiene:** Keeping yourself and your surroundings clean is necessary to help prevent illness and disease. Our staff will monitor participants for the health, safety, and comfort of all participants.

**Guests (including children):** Participants are allowed to have visitors Monday thru Friday after 5pm and on weekends after 11am. Female visitors must have staff approval.

Participants are responsible for the behavior of his guests. All guests must leave the home by 10pm. Overnight guests are not permitted under any circumstances.

Guests are not allowed in the bedrooms. The bathroom showers and laundry services are for the participants only.

**Violence & Bullying:** Rogers Home recognizes all participants as being equal to each other. Physical or verbal abuse of any kind will not be tolerated. Fighting will be grounds for dismissal.

No dangerous weapons will be allowed in or on the premises, including but not limited to, firearms, knives, explosives, and brass knuckles.

**Sexual Harassment:** Sexual activity is strictly prohibited in the home between participants or between participants and guests.

Participants must dress appropriately and avoid exposing himself when in common areas.

Sexual harassment will not be tolerated regardless of sex or sexual orientation.

All participants and guests are to be respected.

**Pornographic Materials:** No pornographic material will be allowed in the home at any time. Materials include, but are not limited to, surfing sexually explicit websites, magazines, adult movie rentals, “sexting” phone messages, and provocative wall posters.

**Any form of sexual activity or pornography in the home will be cause for immediate dismissal.**

**Profane Language:** Profane language or swearing shows disrespect for the subject being described. Swearing is a lazy form of conversation that lowers our level of intelligence in the minds of listeners, especially family and employers. Profanities are prohibited inside Rogers Home. Participants are encouraged to practice breaking this bad habit.

**Lending Money:** Borrowing or lending of money between participants is prohibited.

**Gambling:** NO GAMBLING is allowed at any time. This restriction includes, but is not limited to; card games, lotteries, keno, scratch tickets, and sports betting.

**Vehicle:** One vehicle per participant is allowed. Vehicles must have a current inspection, a valid registration, insurance, and the participant must maintain a valid driver's license. Mechanical repairs and washing of vehicles will not be allowed on the property.

**Pets:** No dogs, cats, birds, hamsters, fish, iguanas, or other animals or pets shall be kept in or upon the premises.

**Filing Grievance/Complaint:** The Director and staff of Rogers Home respect the views and opinions of all the people they interact with. We are all interested to improve the policies and procedures associated with the home, especially those that help the process of Recovery for Life.

It is important to go through proper channels. First speak to a home staff member to resolve your question or suggestion. If a satisfactory resolution is not achieved, then bring your grievance/complaint to Milton Rogers or Frank Moreau.

**Maintenance Policy:** It is important that all participants and management share the responsibility of maintaining a clean, safe, and properly functioning home.

Participants are encouraged to take a proactive approach to routine repairs such as a loose screw and replacing a light bulb. Trash disposal and snow & ice removal are also chores to be shared by all participants.

More complex repairs such as leaking plumbing, failed temperature thermostats, and broken glass are to be presented to the home manager or one of the program Directors.

**Safety/Emergency Policy**

*In the event of an emergency dial 911 and notify emergency personnel. Follow this step by calling Milton Rogers at 401-447-5281 or Frank Moreau at 401-996-4379.*

*I have carefully reviewed the mission and the rules\*\* of Rogers Home with an authorized staff member. I want to follow the program because Sobriety and Recovery for Life are important to me.*

*I understand that recovery is not for everyone and that all fees paid are final and non-refundable if I leave the program for any reason.*

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Participant Name

Print & Sign

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Date

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Staff Signature

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Date

**\*\*Rogers Home management reserves the right to amend the content of this handbook, as changes are deemed necessary. Participant agrees to abide by any changes.**