



Dr. Kelly Burkenstock

SKIN • BODY • HEALTH



WHEN DR. KELLY BURKENSTOCK says, "You are so worth it!" she *really* means it. Everything she does flows from her conviction that her clients deserve the very best.

As an Internal Medicine specialist with a fellowship in Anti-Aging and Skin, her number one goal is to keep you healthy inside and out. Knowing that the better you look, the better you feel, she also focuses on state-of-the-art skin care and rejuvenation, weight loss, mesotherapy body contouring and cosmetic anti-aging and acne procedures. She is dedicated to keeping up with the latest technologies and embraces teaching her clients about health and skin care.



Before

After

Untouched actual photos as a result of Botox®, PPIX laser, facial mesotherapy and Radiesse filler.

Understanding how our stressful lives have us yearning for times of peaceful relaxation and rejuvenation, she is opening Azure European Spa in June at her Mandeville location. She says, "If the business of life has you on a roller coaster, we are here to stop the ride and encompass you in the intimate Azure European Spa."

Within Azure Spa, your senses will feast on the soothing sounds of water, the gentle aromatherapy in the air and the glittering sparkle of Italian chandeliers that contribute to the old world ambiance. Skilled hands will spoil you, pampering you in luxury with German massage showers, French steam aromatherapy showers and European massage and body wraps.

With the opening of Azure Spa, Dr. Burkenstock adds another dimension to her already unique combination of medical expertise and cosmetic procedures. Now, in addition to keeping you physically healthy and looking great from head to toe, she can help rejuvenate your spirit!



She remarks, "By recharging your mind and body, you will perform better and live healthier. I study internationally because I am dedicated to bringing you the cutting-edge European anti-aging world. In Germany and France, I observed the culture of the people, noting the fact that they are 70 years old and look 50. Europeans invest in themselves to rejuvenate and they take an anti-aging lifestyle seriously. They incorporate Mediterranean diets, vitamins, exercise and routine spa visits to *turn back the sands of time.*" Remember—life is not a dress rehearsal. Tomorrow is unknown. Take care of yourself today—because "You are so worth it!"

Dr. Kelly Burkenstock's SKIN•BODY•HEALTH is located in Mandeville at 2040 N. Causeway Blvd., (985) 727-7676. Please call for an appointment.

In 2004, Dr. Burkenstock became the first physician to introduce mesotherapy contouring in Louisiana. The virtually painless procedure involves the microinjections of vitamins and minerals just under the surface of the skin. Unlike other medical treatments, mesotherapy is administered directly to the problem areas, such as bulges and cellulite areas that will not tone up with diet and exercise alone.



Before

After

Untouched actual photos as a result of mesotherapy.

She combines mesotherapy with muscle sculpting microcurrent therapy and enderomolgie to lift and restore the skin's natural tonicity. Dr. Burkenstock adds anti-aging vitamins, herbs and hormones to restore the body balance.



Before

After

Untouched actual photos as a result of varicose vein treatment.

In addition, Dr. Burkenstock uses PPIX protein enzymes combined with photodynamic light laser therapy for age spot removal, wrinkle reduction and intensive acne treatment. She also offers Botox for the entire face, facial fillers lasting two to four years, tattoo and hair removal and varicose vein treatment. Head-to-toe rejuvenation! Let her create a personal package for you.

Dr. Burkenstock performs all laser and cosmetic procedures personally.