

BUILD YOUR OWN ORGASM: PENIS

WHAT GETS ME IN THE MOOD

- Being grabbed tightly
- Soft caresses
- Hair play
- Kissing with lots of / some / no tongue
- Dirty talk
- Verbal affirmation
- Toys
- Porn
- Nipple play

HOW I LIKE MY PENIS TOUCHED

PRESSURE

Light touch  Deep pressure

MOTION

- Circles
- Stroking with full palm
- Stroking with fingers
- Caress with finger tips
- One hand on penis, one hand on balls
- Playing with tip
- Heavy jerking
- Massage
- Fondling (light touch, tickling)
- Squeezing
- Pulling
- Licking/Sucking

DURING SEX, I LIKE

- Doggie
- Spooning
- Cuddling
- Cowgirl
- Missionary
- Butt play
- Partner on their belly
- Blowjobs
- Shower sex
- Standing
- 69

EXTRAS

ORAL SEX SCALE

Don't like it  Love it

MY ORGASM

It usually takes me: a while / pretty short time / _____ to come.

I can come once / twice / three times.

I need ____ minutes / hours in between orgasms.

I come best when _____

Sometimes _____ is uncomfortable / can hurt.