

QUEST 180°

Quest 180° IS

- ° A safe place to share.
- ° A refuge.
- ° A place of belonging.
- ° A place to care for others and be cared for.
- ° Where respect is given to each member.
- ° Where confidentiality is highly regarded.
- ° A place to learn.
- ° A place to demonstrate genuine love.
- ° A place to grow and become strong again.
- ° A place for progress.
- ° Where you can take off your mask and allow others to know who you are.
- ° A place for healthy challenges and healthy risks.
- ° A possible turning point in your life.

Quest 180° IS NOT

- ° A place for selfish control.
- ° Therapy.
- ° A place for secrets.
- ° A place to look for dating relationships.
- ° A place to rescue or be rescued by others.
- ° A place for perfection.
- ° A place to judge others.
- ° A quick fix.

find hope • get connected • discover grace

