May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Staff **Julie** Fri- Mon 9-4 **Carlos** Tues/Thurs 8:30- 5 Fri 8-11am Sat/Sun 10:30 - 7			1 7:00 Breakfast 9:30 Exercise / Self Care 10:00 Piano w/ Jean 10:30 Snack 11:30 Lunch 1:45 Act. Person's Choice 3:00 Hand Massage 4:30 Dinner	2 7:00 Breakfast 9:30 Exercise / Self Care 10:30 Snack 10:45 Group Discussion 11:30 Lunch 1:45 Act. Person's Choice 3:00 Spelling Bee 4:30 Dinner	3 7:00 Breakfast 9:30 Exercise / Self Care 10:30 Snack 10:45 White Board Games 11:30 Lunch 1:45 Act. Person's Choice 3:00 Arts & Crafts 4:30 Dinner	4 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Card Games & Nature Movie 11:30 Lunch 1:30 Karaoke w/ Orlando 3:00 Nature Movie Continued 4:30 Dinner
CINCO DE MAYO 5 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 St. Leanders 10:30 Snack 10:45 Food Tasting 11:30 Lunch 1:30 Karaoke w/ Helen 3:00 Whiteboard Games 3:30 Grace Bible 4:30 Dinner	6 7:00 Breakfast 9:30 Exercise/ Self Care 10:15 Snack 10:30 Music w/ Olivier 11:30 Lunch 1:45 Act. Person's Choice 3:00 Arthritic Activity 4:30 Harp w/ Angela	7 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Boxing Match w/ Balloons 11:30 Lunch 1:45 Act. Person's Choice 3:00 Bingo w/ Music 4:30 Dinner	8 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 Piano w/ Jean 10:30 Snack 11:30 Lunch 1:45 Act. Person's Choice 3:00 Makeovers! 4:30 Dinner	9 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Flower Smelling 11:30 Lunch 1:45 Act. Person's Choice 3:00 Patio Time 4:30 Dinner Outdoors!	10 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Mother's Day Arts & Crafts 11:30 Lunch 1:45 Act. Person's Choice 3:00 Name Activity 4:30 Dinner	11 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Garden Hat Decorating 11:30 Lunch 1:45 Act. Person's Choice 2:30 Lighthouse Mission... 4:30 Dinner
MOTHERS DAY 12 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 St. Leanders 10:30 Snack 10:45 Book Reading 11:30 Lunch 1:00 Sequoia Church 3:00 Whiteboard Games 3:30 Grace Bible 4:30 Dinner	13 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Music Videos 11:30 Lunch 1:45 Act. Person's Choice 3:00 Arthritic Activities 4:30 Dinner	14 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Questions of the Past 11:30 Lunch 1:45 Act. Person's Choice 3:00 Fashion From the 50's 4:30 Dinner	15 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 Piano w/ Jean 10:30 Snack 11:30 Lunch 1:45 Act. Person's Choice 3:00 Poetry & Read Along 4:30 Dinner	16 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Encouragement 11:30 Lunch 1:45 Act. Person's Choice 3:00 Relax & Breathe 4:30 Dinner	17 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Charades 11:30 Lunch 1:45 Act. Person's Choice 3:00 Pot Painting 4:30 Dinner ROSE GATE RESIDENT FAMILY MEETING & SOCIAL - TIME TBD	18 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Gardening 11:30 Lunch 1:45 Act. Person's Choice 1:30 Karaoke w/ Orlando 3:00 Walk Around the Block* 4:30 Dinner * FAMILY PARTICIPATION IS REQUESTED IF POSSIBLE
19 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 St. Leanders 10:30 Snack 10:45 Whiteboard Games 11:30 Lunch 1:30 Karaoke w/ Helen 3:00 Whiteboard Games 3:30 Grace Bible 4:30 Dinner	20 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Paper Roses 11:30 Lunch 1:45 Act. Person's Choice 3:00 Jazz Dancing 4:30 Harp w/ Angela	21 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Table Games 11:30 Lunch 1:30 Music w/ Olivier 3:00 Recognize Them? 4:30 Dinner	22 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 Piano w/ Jean 10:30 Snack 11:30 Lunch 1:45 Act. Person's Choice 3:00 Special Guest: Aurora! 4:30 Dinner	23 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Bean Bag Toss 11:30 Lunch 1:45 Act. Person's Choice 2:30 Guitar w/ Jerry 4:30 Dinner	24 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Famous People's of the 40's 11:30 Lunch 1:45 Act. Person's Choice 2:30 Guitar w/ Jerry 4:30 Dinner	25 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Music Recognition 11:30 Lunch 1:45 Act. Person's Choice 3:00 Spring Painting 4:30 Dinner
26 7:00 Breakfast 9:30 Exercise/ Self Care 10:00 St. Leanders 10:30 Snack 10:45 Breath of Fresh Air! 11:30 Lunch 1:30 Karaoke w/ Helen 3:00 Whiteboard Games 3:30 Grace Bible 4:30 Dinner	**MEMORIAL DAY** 27 7:00 Breakfast 9:30 Exercise/ Self Care 10:30 Snack 10:45 Movie 11:30 Lunch 1:45 Act. Person's Choice 3:00 Hand Massage 4:30 Dinner	28 7:00 Breakfast 9:30 Exercise 10:30 Snack 10:45 Table Games 11:30 Lunch 1:45 Act. Person's Choice 3:00 Guessing Games 4:30 Dinner	29 7:00 Breakfast 9:30 Exercise 10:00 Piano w/ Jean 10:30 Snack 11:30 Lunch 1:45 Act. Person's Choice 3:00 Blast to the Past Talks 4:30 Dinner	30 7:00 Breakfast 9:30 Exercise 10:30 Snack 10:45 Stretch! 11:30 Lunch 1:45 Act. Person's Choice 3:00 Meditation 4:30 Dinner	31 7:00 Breakfast 9:30 Exercise 10:30 Snack 10:45 Residents Meeting 11:30 Lunch 1:45 Act. Person's Choice 3:00 Bingo 4:30 Dinner	
		MAY RESIDENT BIRTHDAY'S ALBERT LEWIS MAY 10	**MAY STAFF BIRTHDAYS** MIRNA FLORES MAY 19	HAPPY BIRTHDAY TO AL & MIRNA! BOTH OF YOU ARE LOVED AND VERY APPRECIATED !!		