

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9:30 Exercise 10:30 Snacks/Music 11:00 Whiteboard Games 11:30 Volunteer: Aurora 11:30 Lunch 2:30 Snacks/Music 3:00 Movie	9:30 Exercise 10:30 Snacks/Music 11:00 Arthritic Activities 11:30 Lunch/Music 1:30 Karaoke w/ Orlando 2:30 Snacks/ Music 3:00 Songwriting
3	4	5	6	7	8	9
9:30 Exercise 10:00 St. Leanders  10:30 Snack/ Music 11:00 Charades 11:30 Lunch/ Music 2:30 Snack/ Music 3:30 Grace Bible  Vicky Hernandez Birthday!	9:30 Exercise 10:30 Mandolin  10:30 Snack 11:30 Lunch/Music 1:30 Spelling Bee 2:30 Snack/ Music 4:30 Harpist	9:30 Exercise 10:30 Snack/ Music  11:00 Card Games 11:30 Lunch/Music 1:30 Music Listening 2:30 Snack/ Music 3:00 Bios/ Hand Massage  Rudolfo Dorado's Birthday!	9:30 Exercise 10:00 PIANO with Jean 10:30 Snack 11:30 Lunch/Music 1:30 Whiteboard Games 2:30 Snack  Charles Goode's Birthday!	9:30 Exercise 10:30 Snack/Music  11:00 Meditation 11:30 Lunch/ Music 1:30 Storytelling 2:30 Snack 3:00 Songwriting	9:30 Exercise 10:30 Snacks/Music  11:00 Encouragement 11:30 Lunch/Music 2:30 Snack/ Music 2:30 Guitar	9:30 Exercise 10:30 Snacks/Music  11:00 Bingo 11:30 Lunch/Music 2:30 Snack 3:00 Movie
10	11	12	13	14	15	16
9:30 Exercise 10:00 St. Leanders  10:30 Snack/ Music 11:00 Storytelling 11:30 Lunch/ Snack 1:00 Sequioia Church 2:30 Snack/ Music 3:30 Grace Bible  DAYLIGHT SAVINGS	9:30 Exercise 10:30 Snack/ Music 11:00 Art Viewing 11:30 Lunch/Music 2:30 Poetry  Arlene Olson's Birthday!	9:30 Exercise 10:30 Snack/ Music 11:00 Book Reading 11:30 Lunch/Music 2:30 Snack/ Music 3:00 Sponge Painting  Kati Knox Birthday!!	9:30 Exercise 10:00 PIANO with Jean 10:30 Snack 11:30 Lunch/Music 2:30 Snack/ Music 3:00 Pump it Up Dancing!  Christine Hernandez Birthday!!	9:30 Exercise 10:30 Snack/ Music  11:00 Bios Continued 11:30 Lunch/Music 2:30 Snack/ Music 3:00 1940-1950's Fashion	9:30 Exercise 10:30 Snacks/Music 11:00 US Map Game 11:30 Lunch/Music 2:30 Snack/ Music 3:00 High School Memories	9:30 Exercise 10:30 Snacks/Music 11:00 Play Doh(Arthritic Exercise) 11:30 Lunch/Music 1:30 Karaoke w/ Orlando 2:30 Snack/Music  3:00 Games
17	18	19	20	21	22	23
9:30 Exercise 10:00 St. Leanders 10:30 Snack/Music 11:00 Bingo St. Patrick's Day/ Party 11:30 Lunch/Music 2:30 Snack/ Music 3:30 Grace Bible	9:30 Exercise 10:30 Snack/ Music 11:00 Spelling Bee 11:30 Lunch/Music 2:30 Snack/ Music 4:30 Harpist	9:30 Exercise 10:30 Snacks/ Music 11:00 Mandolin 11:30 Lunch/Music 1:30 Guitar w/ Guest Aurora 2:30 Snack	9:30 Exercise 10:00 PIANO with Jean 10:30 Snack 11:30 Lunch/Music 2:30 Snack/ Music 3:00 Slime! (Arthritic Exercise)	9:30 Exercise 10:30 Snack/ Music 11:00 Pump it Up! Dancing 11:30 Lunch/Music 2:30 Snack/ Music 2:30 Guitar	9:30 Exercise 10:30 Snacks/Music 11:00 Charades 11:30 Volunteer: Aurora 11:30 Lunch/Music 2:30 Snack/ Music 3:00 Meditation	9:30 Exercise 10:30 Snacks/Music 11:00 Book Club 11:30 Lunch/Music 2:30 Snack 2:30 Lighthouse Mission Fellowship 3:00 Book Club Continued
24	25	26	27	28	29	30
9:30 Exercise 10:00 St. Leanders 10:30 Snack/Music 11:00 Poetry 11:30 Lunch/Music 2:30 Snack/Music 3:30 Grace Bible	9:30 Exercise 10:30 Snack/ Music 11:00 1930-1960's Fashion 11:30 Lunch/Music 2:30 Snack/ Music 3:00 Meditation	BEAUTY DAY 8:00 Inspirational Breakfast 9:30 Exercise and rejuvenation 11:30 Lunch/Music 2:30 Snack/Music 3:00 Beauty Day Events	9:30 Exercise 10:00 PIANO with Jean 10:30 Snack/Music 11:30 Lunch/Music 2:30 Snack/Music 3:00 Conversations/ Music	9:30 Exercise 10:30 Snack/Music 11:00 Vintage Photography 11:30 Lunch/Music 2:30 Snack/Music 3:00 Encouragement	9:30 Exercise 10:30 Snack/Music 11:00 Residents Meeting 11:30 Lunch/ Music 2:30 Snack/Music 2:30 Guitar	9:30 Exercise 10:30 Snack/ Music 11:00 Sponge Painting 11:30 Lunch/ Music 2:30 Snack/ Music 3:00 Music Listening
31	31					
9:30 Exercise 10:00 St. Leanders 10:30 Snack/Music 11:00 Bingo Plus 11:30 Lunch/Music 2:30 Snack/Music 3:30 Grace Bible						