

December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Tea Social 2:00 Snacks 2:30 Story Telling 3:00 Games 6:00 Movies & Popcorn
2 9:30 Exercise 10:00 St. Leanders 11:00 Arts and Crafts 11:30 Lunch/Music 1:00 Sequoia Church 1:45 Meditation 2:00 Ice Cream Social 3:30 Grace Bible	3 9:30 Exercise 10:00 BINGO! 11:00 Hand Massage 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Name Recognition 2:30 Bingo and Snacks! 4:30 HARPIST & dinner	4 9:30 Exercise 10:00 Arts & Crafts 11:00 Soul Searching Radio 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 3:00 Tea Social 4:30 Dinner/Calm Music	5 9:30 Exercise 10:00 PIANO with Jean 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:30 Story Telling 3:00 Tea Social 5:30 Classic Music	6 9:30 Exercise 10:00 Group Projects 11:00 Spelling Bee 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 3:00 Tea Social	7 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Arts & Crafts 3:30 Games 6:00 Manicures	8 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Tea Social 1:30 KARAOKE 2:30 Story Telling 3:00 Games 6:00 Movies & Popcorn
9 9:30 Exercise 10:00 St. Leanders 11:00 Arts and Crafts 11:30 Lunch/Music 12:30 Chair Yoga 1:30 KARAOKE 2:30 Ice Cream Social 3:30 Book Reading 4:30 Dinner/Classical Music	10 9:30 Exercise 10:30 MANDOLIN 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Hand Massages 2:30 Bingo and Snacks! 3:00 Tea Social	11 10:00 Art History 11:00 Soul Searching Radio 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 3:00 Tea Social 4:30 Dinner/Calm Music	12 9:30 Exercise 10:00 PIANO with Jean 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Math Games 3:00 Tea Social 5:30 Classic Music 6:00 Games	13 9:30 Exercise 10:00 Group Projects 11:00 Spelling Bee 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 3:00 Tea Social	14 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Arts & Crafts 2:30 GUITAR 6:00 Manicures	15 9:30 Exercise 10:30 Snacks/Music 11:00 HOLIDAY BRUNCH ***** 1:00 Tea Social 2:00 Snacks 2:30 Story Telling 3:00 Games 6:00 Movies & Popcorn
16 9:30 Exercise 10:00 St. Leanders 11:00 Arts and Crafts 11:30 Lunch/Music 1:00 Sequoia Church 1:45 Meditation 2:00 Ice Cream Social 3:30 Grace Bible 4:30 Dinner/Classical Music	17 9:30 Exercise 10:00 Art History 11:00 Hand Massage 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Group Projects 2:30 Bingo and Snacks! 3:00 Tea Social 4:30 HARPIST & dinner	18 9:30 Exercise 10:00 Arts & Crafts 11:00 Soul Searching Radio 11:30 Lunch/Music 1:00 Chair Yoga 1:30 MANDOLIN 2:00 Bingo! 3:00 Tea Social 4:30 Dinner/Calm Music	19 9:30 Exercise 10:00 PIANO with Jean 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:30 Bingo and Snacks! 3:00 Tea Social 5:30 Classic Music 6:00 Games	20 9:30 Exercise 10:00 Group Projects 11:00 Spelling Bee 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 2:30 GUITAR 6:00 Movie Time	21 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Arts & Crafts 3:30 Games 6:00 Manicures	22 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Tea Social 1:30 KARAOKE 2:30 Story Telling 3:00 Games 6:00 Movies & Popcorn
23 9:30 Exercise 10:00 St. Leanders 11:00 Arts and Crafts 11:30 Lunch/Music 12:30 Chair Yoga 1:30 KARAOKE 2:30 Ice Cream Social 3:30 Book Reading 4:30 Dinner/Classical Music	24 9:30 Exercise 10:00 Art History 11:00 Hand Massage 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 2:30 Snacks 3:00 Tea Social	25 RESIDENT COUNCIL MEETING 9AM 9:30 Exercise 10:00 Arts & Crafts 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 3:00 Tea Social	26 9:30 Exercise 10:00 PIANO with Jean 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Gardening 3:00 Tea Social 5:30 Classic Music 6:00 Games	27 9:30 Exercise 10:00 Group Projects 11:00 Spelling Bee 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Bingo! 3:00 Tea Social	28 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Arts & Crafts 2:30 GUITAR 6:00 Manicures HAPPY BIRTHDAY MRS. WOODWARD !!	29 9:30 Exercise 10:30 Snacks/Music 11:00 Sing-A-Long 11:30 Lunch/Music 1:00 Tea Social 1:30 KARAOKE 2:30 Story Telling 3:00 Games 6:00 Movies & Popcorn
30 9:30 Exercise 10:00 St. Leanders 11:00 Arts and Crafts 11:30 Lunch/Music 12:30 Chair Yoga 1:30 KARAOKE 2:30 Ice Cream Social 3:30 Book Reading 4:30 Dinner/Classical Music	31 9:30 Exercise 10:00 Art History 11:00 Hand Massage 11:30 Lunch/Music 1:00 Chair Yoga 1:45 Meditation 2:00 Group Projects 2:30 Snacks 4:30 NEW YEARS DINNER WELCOMING THE 2019!					