



a home from home

CARING SINCE 1989

www.rosturk.co.uk

A WARM WELCOME

CARING SINCE 1989

Moving into a Care Home is a big decision - but it is also a new beginning. Making a new home in one of our Care Homes is a fresh start, a place where people keep their privacy and independence and make new friends and interests, with the reassurance that round-the-clock care is on hand if necessary.

People who have been living on their own can find the day-to-day routines of cooking, shopping and home care becoming an increasing burden, which is often accompanied by loneliness and lack of company.

Our Care Homes are family-owned with a friendly, caring environment. Our aim is to help people feel at home and we think it's important that each client has privacy and personal choice. All the bedrooms are single with en-suite facilities, centrally heated and comfortably furnished with a call-bell system if help is needed. There are several lounges, dining rooms and other extensive facilities overlooking the landscaped gardens.

Residents are welcome to bring their own personal items such as ornaments, pictures, books and small pieces of furniture. Short stay or respite care can be arranged if space is available. New Residents usually come for a one month trial period to find out how suitable it is for them.

AN EXPERIENCE IN QUALITY CARE

OUR BELIEFS

Care for all Residents in a safe and homely environment with motivated and well trained staff.

To ensure the Residents have the opportunity to be independent, have choices, freedom of expression, privacy and dignity, thus enabling them to achieve their full potential.

The aims and objectives of the home will be reviewed on a regular basis to make sure quality and standards are maintained and revised as necessary.

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BENEFITS

OUR CARE HOMES OFFER

- > 24-hour care by well-qualified staff
- > Spacious en-suite accommodation
- > Locally sourced, fresh home-cooked food
- > Special diets catered for
- > Activities and entertainments
- > Daily newspaper
- > Weekly and monthly magazines
- > Wifi
- > Chiropody
- > Escort to hospital, dental or optician appointments
- > Weekly hairdressing
- > Laundry and ironing
- > Housekeeping and maintenance
- > A safe for small items and cash
- > All utility bills except private telephone lines and personal television licence
- > Outings and the use of our minibus
- > Private dining or buffet for family celebrations
- > Help to move in
- > E-mail mailbox for family messages, delivered to residents daily.





kindness, comfort & respect

> 45 BEDROOMS | 4 LOUNGES | 3 DINING AREAS | AN ENCLOSED SECURE GARDEN

MARCHMONT

PROUD HISTORY

The plot where **Marchmont** stands today was bought in approx 1900 by George Wilson, a spirit dealer from Inverkeithing.

Marchmont was sold to Harold Ostlere of Barry, Ostlere & Shepherd (linoleum was first introduced by Barry, Ostlere and Shepherd due to the expired patent of Frederick Walton in 1877) in 1920 for £1850.00.

In 1924 **Marchmont's** garden was extended when the bottom section, which was called Beechwood, was purchased from the Beveridge family who lived next door for £426.12.

Marchmont was then sold in the late 1950's to Mr Mathieson who, up until recently, owned a local shoe shop on Kirkcaldy High Street. He lived there until it was sold to the current owners in May 1988.

The Directors of **Rosturk House Ltd** lived in **Marchmont** from May 1988 until November 1989 when it first opened as a Care Home. They then added an eleven bedroom extension in 1992, six rooms and a dining room in 1994, and five further bedrooms were added in 1996.

2010 saw the largest extension added to **Marchmont**, a further 19 bedrooms were added along with much improved laundry facilities, an enclosed secure garden area where clients may stroll unaccompanied, a dedicated activities room, and fantastic new seating areas with views of our stunning gardens.

CARING SINCE 1989

MARCHMONT



> 45 BEDROOMS | 2 LOUNGES | 1 LARGE DINING AREA | A HAIRDRESSER SALON

WILBY HOUSE

PROUD HISTORY

Wilby House was built in 1909 and owned by John Waldegrave Blyth, a prosperous Linen Mill owner in Kirkcaldy and maternal Grandfather of politician Michael Portillo. The Blyths owned a linen weaving business based at the Hawkley Muir factory in Kirkcaldy's Gallatown (the factory closed in 1961). They helped to fund the town's art gallery which was built on land donated by John Nairn, the linoleum manufacturer. The museum was opened in 1925 and Mr Blyth's daughter Cora presented a bouquet of roses to Gertrude Wemyss Honeyman - the daughter of John Nairn. John Blyth was the first chairman of the trustees and remained so until his death in 1962, aged 89. Blyth, known as 'Jack' built his substantial residence, **Wilby House**, on Loughborough Road and became an avid but discerning buyer of Scottish colourists - as early as 1910 he purchased 'Away to the West' by William McTaggart. He hung paintings everywhere - in his office, at the factory and at home.

Michael Portillo has visited the house on a few occasions and has pointed out the bedroom that he slept in when he used to stay with his Grandfather for holidays. His most recent visit to **Wilby House** was in 2009 when he was filming for "Great British Railway Journeys" which was televised in early 2010. He recalled fondly the railway tracks at the bottom of the road where he would watch the trains go by as a boy and **Wilby House's** grand staircase where all of his Grandfather's artwork was hung. He also recalls his holidays to Scotland on his website www.michaelportillo.co.uk/articles/art_nipress/lino.htm

Wilby House was purchased by the current owners in 1996 and a 26 bedroom extension was built onto the plot next door in 2000. 2010 saw a large extension added to the front of the original building to incorporate a large dining area and spacious lounge to encourage socialisation, as well as a secure patio where BBQs are held.

CARING SINCE 1989

WILBY HOUSE



> 52 BEDROOMS | 5 LOUNGES | 2 DINING AREAS | VAST LANDSCAPED GARDENS

ROSTURK HOUSE

PROUD HISTORY

Rosturk House is built on the site of the former Gilliesfaulds fruit farm. It is believed that the name Gilliesfaulds was derived from the words "Gillies" being cattle herders, and "faulds" meaning folds of fields. When cattle were being driven through Cupar the Gillies spent the night in the Inn on Carslogie Road and their cattle stayed in the nearby folds of fields, thus Gilliesfaulds.

Joseph Hood and his family moved to Gilliesfaulds farm in September 1939, the week that World War II was declared. They farmed there until they sold the farm in 1974. After various owners, **Rosturk House Ltd** purchased 1.7 acres of land from the farmer in 2000 while Bett's purchased the remainder of the land and created "The Drum" housing estate. **Rosturk House** opened its doors to clients on 11th October 2004. Many staff at **Rosturk House** have fond memories as school children picking berries at Gilliesfaulds during their summer holidays.

14 bedrooms and further sitting areas were added in 2016 to provide improved accommodation and the opportunity for quieter lounges where Residents can meet with relatives in privacy.

CARING SINCE 1989

ROSTURK HOUSE 



> 41 BEDROOMS | 2 LOUNGES | 1 LARGE DINING AREA | A SENSORY GARDEN

PEACEHAVEN

PROUD HISTORY

The original main part of the building was built in 1900 as a dwelling house. It was bought by the Seventh-Day Adventist church in the mid 1960's, after being a Hotel for a short time, to be used as a Residential Home and named **Peacehaven**. Although the church sold **Peacehaven** in 1993, it continued to be used as a Care Home.

Two extensions have been added to the original building, a single storey nine bedroom extension was added to the left of the original building in approximately 1998, and then a four bedroom single storey extension was added to the right of the original building in approximately 2003.

In the mid 1990's, **Peacehaven's** garden appeared on BBC's Beechgrove Garden and a "make-over" was carried out. The Beechgrove Garden returned five years later and presented the Home with a wooden gazebo which is still in use today.

Since early 2008 when **Rosturk House Ltd** purchased **Peacehaven**, there has been extensive refurbishments to all areas of the building. The kitchen was moved to create a better area to prepare meals and two further bedrooms were created from the previous kitchen. The dining room and lounge were moved to maximise the space available and enhance the view of the beautiful gardens from the sitting areas. All of the bedrooms have been modernised and many now have en-suite shower facilities.

In 2010, we had the privilege of being able to open our new sensory garden to our residents, which includes raised flower beds and a water feature. In November 2011, 17 large en-suite bedrooms were added with updated laundry facilities and a state of the art disabled access lift.

CARING SINCE 1989



COME AND VISIT US

To visit a home and experience our hospitality, please contact the Care Manager who will be happy to show you around and discuss your requirements.

We look forward to meeting you.

PLEASE GET IN TOUCH

Rosturk House Ltd.

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