

Participant Information Sheet

Project Title: Can You Feel The Music?

Human Research Ethics Committee Approval Number: H-2018-18/73

Principal Investigator: Nathan Jones

Student's Degree: Bachelor of Psychological Science (Honours)

Dear Participant,

You are invited to participate in the research project described below.

What is the project about?

As digital streaming platforms become increasingly popular, music has never been more accessible. However, with mental health issues also on the rise, it seems that we've never been more out of touch with our emotions. This research project is about the way we connect with modern music. It seeks to explore the effect of music on our emotions, and to what extent we immerse ourselves in the songs we listen to.

Who is undertaking the project?

This project is being conducted by Nathan Jones. This research will form the basis for a Bachelor of Psychological Science (Honours) at the University of Adelaide under the supervision of Dr Irina Baetu and Dr Fernando Marmolejo-Ramos.

Where is taking place?

The study takes place in the School of Psychology at the University of Adelaide.

Why am I being invited to participate?

You are being invited because:

- You are at least 18 years of age
- You speak and understand English
- You don't mind the occasional pop song!

What am I being invited to do?

If you agree to participate in this study, you will be asked to:

- Complete a questionnaire that assesses emotional responsiveness
- Listen to various music tracks and give feedback

How much time will my involvement in the project take?

The study lasts approximately one hour.

Are there any risks associated with participating in this project?

There are no foreseeable risks associated with this project.

What are the potential benefits of the research project?

The research may offer deeper insight into what aspects of music have the strongest links with emotional wellbeing, while highlighting the importance of innovative mental health interventions. Not only will you enjoy listening to some music, you will be contributing to this fascinating area of research. Additionally, you will receive a 50g Snickers bar for your participation, along with the chance to win a

one-year subscription to Spotify Premium. Psychology students participating for course credit are not eligible for the prize.

Can I withdraw from the project?

You are free to withdraw from the study at any time and for any reason. You are not required to explain your reasons to the study staff. You may also decide to withdraw any collected data. In this case, none of your data will be used for research purposes. Withdrawal from the study will not affect your involvement in any future research programs that you may wish to participate in.

What will happen to my information?

All information collected about you from the study is completely confidential. Your results in this experiment will not be associated with your personal information at any point in time (e.g., in publications or presentations). Number codes rather than names will be used to assign identification. Your information will only be used as described in this participant information sheet and it will only be disclosed according to the consent provided, except as required by law. There is a possibility that the data collected in this project might be used in future research projects.

Who do I contact if I have questions about the project?

If you have any questions about the study, please feel free to contact Nathan Jones (nathan.jones@student.adelaide.edu.au). Alternatively, Dr Irina Baetu (irina.baetu@adelaide.edu.au) or Dr Fernando Marmolejo-Ramos (fernando.marmolejoramos@adelaide.edu.au) are also available to answer any questions.

What if I have a complaint or any concerns?

The study has been approved by the Human Research Ethics Subcommittee at the University of Adelaide (approval number H-2018-18/73). This research project will be conducted according to the NHMRC National Statement on Ethical Conduct in Human Research (2007). If you have questions or problems associated with the practical aspects of your participation in the project, or wish to raise a concern or complaint about the project, then you should consult the Principal Investigator. If you wish to speak with an independent person regarding concerns or a complaint, the University's policy on research involving human participants, or your rights as a participant, please contact the Human Research Ethics Committee's Secretariat on:

Phone: +61 8 8313 6028

Email: hrec@adelaide.edu.au

Post: Level 4, Rundle Mall Plaza, 50 Rundle Mall, ADELAIDE SA 5000

Any complaint or concern will be treated in confidence and fully investigated. You will be informed of the outcome.

If I want to participate, what do I do?

To participate in this study, go to www.canyoufeelthemusic.com and select your preferred appointment time. We look forward to feeling the music with you!

Yours sincerely,

Nathan Jones
Irina Baetu, PhD
Fernando Marmolejo-Ramos, PhD