



# November 2018 OHE Lunch Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Chicken Nuggets Whipped Potatoes Blackeyed Peas Fruit/Veg. Juice Gravy/Roll Milk	2 Cheeseburger Friday Baked French Fries Lettuce & Tomato Tropical Fruit Vegetable Juice Milk	3
4	5 Chicken Fajitas Pinto Beans Spanish Rice Fruit/Vegetable Juice Salsa Milk	6 Pepperoni Pizza Romaine Salad Ranch Dressing Seasoned Carrots Grapes/Vegetable Juice Milk	7 Steak Fingers Whipped Potatoes Green Beans Orange/Veg. Juice Gravy/Roll Milk	8 Super Nachos Pinto Beans Spanish Rice Lettuce & Tomato Salad Banana/Veg. Juice Milk	9 Hamburger Friday Baked French Fries Lettuce & Tomato Tropical Fruit Vegetable Juice Milk	10
11	12 Chicken Nuggets Whipped Potatoes Green Beans Fruit/Veg. Juice Gravy/Roll Milk	13 Spaghetti w/Meat Sauce Green Beans Carrots w/Ranch Orange/Veg. Juice Garlic Bread Milk	14 Mexican Casserole Pinto Beans Romaine Salad W/Ranch Spanish Rice Orange/Veg. Juice Milk	15 "Crispito" Roasted Potatoes Broccoli Salad Diced Pears/Veg. Juice Ranch Dressing/Salsa Milk	16 Ham & Dressing Sweet Potato Crunch Green Beans Roll/Gravy Pineapple Tidbits/Dessert Milk	17
18	19	20 Happy	21 Thanksgiving	22	23	24
25	26 Meat Ball Sub Tossed Salad/Dressing Tater Tots/Ketchup Fresh Fruit/Veg. Juice Milk	27 Pig in Blanket Roasted Potatoes Broccoli w/Cheese Apple/Dragon Juice Milk	28 Chicken Pot Pie Tossed Salad/Dressing Fresh Celery Chilled Pineapple Dragon Juice Milk	29 Baked Potato Bar Ham & Cheese Sour Cream/Butter Bacon Bits Fresh Broccoli/Apple Milk	30 Hamburger Friday Baked French Fries Lettuce & Tomato Tropical Fruit Vegetable Juice Milk	