

KNUCKLE DOWN:

Who are the people who have loved you over time and proved to you that you matter? List a few things they did to prove it to you.

—
LOVE
MATTERS
—

LOVE



TIME

=

WORTH

LOVE OVER TIME IS THE ONE THING
THAT MATTERS MOST.



PROVE IT

SHOW
UP

KNOW
THEM

NEVER RUN
AWAY