

Sizing Info:

Ab wrap (BY BELLIES INC)

Measurements:

	Size S	Size M	Size L
Under bust	71cm - 86cm	84cm - 99cm	96cm - 112cm
Hips	76cm - 102cm	89cm - 114cm	102cm - 127cm

Everybody is different. The under bust measurement is the most important one to use to guide what size to buy. As a general rule, if you are in the low end of a size range, we recommend ordering a size smaller. And if you are past the 8 week postpartum mark and still wish to purchase the product, you may wish to go a size smaller to ensure the appropriate fit.

As a loose recommendation:

- S is for women who were a size 6-10 pre-pregnancy.
- M is for women who were a size 12-14 pre-pregnancy.
- L is for women who were a size 16-18 pre-pregnancy.

The sizing chart is based on your current measurements while you are still pregnant (ideally in the 3rd trimester).