

KGA SCHEDULE (KIDS)



CLASSES	MON	TUE	WED	THUR	FRI	SAT	SUN
MOMMY & ME (1.5-3 years old)	1030am-1130 (Ying)						
KGA TEEN STRETCHING							2-3pm (Tanya)
MINI STARS (4-6 years old)							
LITTLE STARS (6-8 years old)				6-7pm (Rozie)			
TWEEN DANCERS (9-11 years old)	7-8pm (Rozie)						
TEEN DANCERS (12+ years old)				7-8pm (Rozie)			
RHYTHMIC GYMNASTICS (4-6 years old)		4-5:30pm (Violaine)	4-5:30pm (Tanya)			1030-12pm (Ying)	
RHYTHMIC GYMNASTICS (7-9 years old)		5:30-7pm					
ACROBATIC GYMNASTICS (4-6 years old)	430-530pm (Anton)						

KGA SCHEDULE (ADULTS)



CLASSES	MON	TUE	WED	THUR	FRI	SAT	SUN
MOMMY & ME (1.5-3 years old)	1030am- 1130						
KGA STRETCHING			630- 730pm	12-1pm	7-8am	3-4pm	
KGA STRENGTH AND CONDITIONING			12-1pm				4-5pm
STREET JAZZ & HIP-HOP		830pm- 930pm					
RHYTHMIC GYMNASTICS		7-8pm					