

**Q What do I do if I see someone being bullied?**

Always support him or her

Act on their behalf

If you are by yourself ask for the help of friends



**Q How do I support someone?**

Assure the victim that you will help them

Ask for your friends to support the victim

Ask for the help of an adult

Make sure the bully knows that bullying is unacceptable at the Nursery



**Q What do I do if I'm being bullied?**  
Tell someone you trust, it could be;

- \*A friend
- \*Your Key Carer
- \*Your parent
- \*Staff at Bertie's Nursery
- \*Heather Fulton
- \*Call Childline 0800 1111
- \*Independent Listener 01458 833447

**Q What will the Nursery do?**

The Nursery **will support you.**



Your Key Carer or another member of staff will help you

Heather Fulton will always support you

The bully will be helped to understand how they have caused hurt

# Bertie's

## NURSERY SCHOOL Wraxall

### **BERTIE'S NURSERY**



### **POLICY ON BULLYING**





**Q. What is bullying?**

**A. Words or actions INTENDED to**

**Bullying can be physical....**

- \*Hitting
- \*Kicking
- \*Punching
- \*Biting
- \*Pinching
- \*Any action intending to hurt
- \*Shape
- \*Gender issues



**Bullies can also use words to hurt people about their.....**

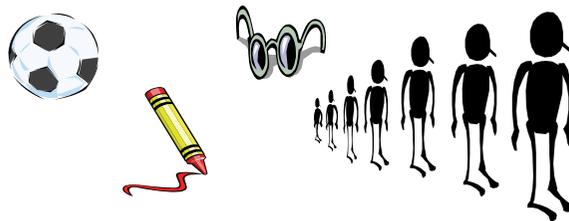
- \*Colour
- \*Religion
- \*Looks
- \*Disability
- \*Intelligence
- \*Nationality
- \*Family
- \*Behaviour
- \*Thoughts and beliefs



**Verbal**  
**Homophobic**  
**Racist**  
**Excluding**  
**Sexist**  
**Physical**  
**Disabilist**  
**Cyber**  
**Rumours**

**Q. How do bullies act?**

- \*Bullies might hide people's books, pens, shoes or any other belonging.
- \*They repeatedly tease or use banter
- \*They might leave people out of games or refuse to share a book or seat.
- \*They might refuse to lend a pencil or clear a plate.
- \*They might ignore people.



**Cyberbullying:**

- \*Bullies might send nasty hurtful emails
- \*They might send unpleasant photographs



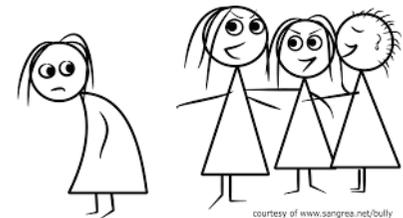
- \*They might leave nasty voicemail messages



**Sometimes bullies work alone**



**Sometimes bullies work in groups**



**They come in all shapes and sizes**

- \*All ages
- \*boys and girls
- \*men and women

they like having power over other people

They often get others to do the bullying for them so they don't get caught.

Sometimes they appear to be popular

