

Monday		Tuesday		Wednesday		Thursday		Friday	
10/1/18		10/2/18		10/3/18		10/4/18		10/5/18	
WG Cheerios		WG Muffin		WG Cheerios		WG Bagel w/ Cream Cheese	½ c	Biscuit w/Jelly	½ c
Applesauce		Mixed Fruit		Mixed Fruit		Banana	¼ c	Tropical Mixed Fruit	¼ c
Milk		Milk		Milk		Milk	½ c	Milk	½ c
Lasagna Roll-Up w/Sauce		Southwest Chicken		Cheese Tortellini w/ sauce		Pepper Steak	1	Chicken Patty	1 oz
Italian Green Bean		Fiesta Corn		Italian Vegetables		Carrot Coins	1&2	Seasoned Spinach	1/8 c
Diced Peaches		Fresh Melon		Diced Peaches		Michigan Fruit Blend	1/8 c	Mandarin Oranges	1/8 c
WG Hawaiian Rolls		Tortilla		WG Roll		Brown Rice	1/8 c	WG Burger Bun	1/8 c
Milk		Milk		Milk		Milk	½ c	Milk	½ c
WG Vanilla Wafers		WG Scooby Doo Grahams		WG Grips Cookies		Cheese & Crackers	1	WG Animal Crackers	1
Milk		Milk		Milk		Milk	½ c	Milk	½ c
10/8/18		10/9/18		10/10/18		10/11/18		10/12/18	
WG Life Cereal	½ c	WG Muffin	1	WG Life Cereal	½ c	Yogurt w/granola	½ c		1
Applesauce	¼ c	Mixed Fruit	¼ c	Tropical Mixed Fruit	¼ c	Mixed Fruit	¼ c		¼ c
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		½ c
Pasta w/Meat sauce	1 oz	Chicken Nuggets	1	Beef Burger w/ketchup	3	Beef Fajitas,pprs, onion, corn	1 oz		1 oz
California Blend	1/8 c	Broccoli & Cheese	1/8	Baked Beans	1/8 c	Corn & Peppers	1/8 c	NO SCHOOL	1
Mandarin Oranges	1	Pineapple	1/8 c	Diced Peaches	1/8 c	Michigan Fruit Blend	1/8 c		1/8 c
WG Hawaiian Rolls	1/8 c	WG Rolls	1/8 c	WG Burger Bun	1/8 c	Tortilla, Milk	1/8 c		1/8 c
Milk	½ c	Milk	½ c	Milk	½ c	Child Prepared Nutrition	½ c		½ c
WG Vanilla Wafers	1	WG Cinnamon Sky	1	Chips & Salsa	1	MI Apple Crunch	1		1
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		½ c
10/15/18		10/16/18		10/17/18		10/18/18		10/19/18	
Rice Krispies	¾ c	WG Muffin	½ c	Rice Krispies	1	WG Bagel w/ Cream Cheese	½ c	Biscuit w/Jelly	1
Applesauce	¼ c	Mixed Fruit	¼ c	Tropical Mixed Fruit	¼ c	Banana	¼ c	Tropical Mixed Fruit	¼ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
Beef Ravioli w/sauce	1 oz	Grd Turkey& Beans, Let, &	1 oz	Breaded Chicken	1 oz	Sloppy Joes	½ c, 2	Roast Turkey w/gravy	½ c
Italian Blend Vegetable	1	Mixed 4 way vegetables	1 ea	Broccoli, Peas, Pepper Strips	½	Peas & Carrots	1/8 c	Sweet Potatoes	1/8 c
Mandarin Oranges	1/8 c	Apple Slices	1/8 c	Diced Peaches	1/8 c	Michigan Fruit Blend	1/8 c	Green Beans	1
WG Hawaiian Rolls	1/8 c	Flour Tortilla, T. Sauce	1	Brown Rice, Sweet & Sour S	1/8 c	WG Bun	1	WG Rolls	1/8 c
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
WG Cinnamon Sky Cookies	1	Chex Mix	1	Oranges	1	Stawberry Yogurt Chex	1	WG Spiced Wildlife	3
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
10/22/18		10/23/18		10/24/18		10/25/18		10/26/18	
Chocolate Chex		WG Muffin	1	Chocolate Chex	1	Yogurt w/granola	½ c	WG Bagel w/ Cream Cheese	½ c
Applesauce		Mixed Fruit	¼ c	Tropical Mixed Fruit	1/8 c	Banana	¼ c	Tropical Mixed Fruit	¼ c
Milk		Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
Goulash		Salisbury Steak w/Gravy	1 oz	Chicken Fajitas, pprs, onion	2	Meatballs w/Mushroom Sauce	½ c	BBQ Chicken Thigh	1 oz
Green Bean Blend		Sliced Carrots	1/8 c	Mexican Corn	1/8 c	Mashed Potatoes	1	Collard Greens	1/8 c
Mandarin Oranges		Pineapple	1/8 c	Diced Peaches	1/8 c	Michigan Fruit Blend	1/8 c	Mandarin Oranges	1/8 c
WG Roll		WG Hawaiian Rolls	1	Tortilla	1/8 c	WG Rolls	1/8 c	WG Corn Muffin	1
Milk		Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
WG Vanilla Wafers		WG Scooby Doo Grahams	1	Cheese Cubes, Crackers	1	Fresh Grapes	1	WG Animal Crackers	1
Milk		Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
10/29/18		10/30/18		10/31/18		11/1/18		11/2/18	
WG Cheerios	½ c	WG Muffin	1	WG Cheerios	1	WG Bagel w/ Cream Cheese	½ c	Biscuit w/Jelly	½ c
Applesauce	1/8 c	Mixed Fruit	¼ c	Tropical Mixed Fruit	1/8 c	Banana	¼ c	Tropical Mixed Fruit	¼ c
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
Lasagna Roll-Up w/Sauce	3 oz	Southwest Chicken	1 oz	Cheese Tortellini w/ sauce	2	Pepper Steak	½ c	Chicken Patty	1 oz
Italian Green Bean	1/8 c	Fiesta Corn	1/8 c	Italian Vegetables	1/8 c	Carrot Coins	1	Seasoned Spinach	1/8 c
Diced Peaches	1/8 c	Fresh Melon	1/8 c	Diced Peaches	1/8 c	Michigan Fruit Blend	1/8 c	Mandarin Oranges	1/8 c
WG Hawaiian Rolls	1/8 c	Tortilla	1	WG Roll	1/8 c	Brown Rice	1/8 c	WG Burger Bun	1
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
WG Vanilla Wafers	1	WG Scooby Doo Grahams	1	WG Grips Cookies	1	Cheese & Crackers	1	WG Animal Crackers	1
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c