



# Tabitha Medical Clinic

All people deserve high quality, low-cost healthcare

Due to the population density and lack of basic services (such as running water or trash collection) in Kibera, serious health challenges are common. Preventable and curable diseases, such as flu, tuberculosis, and diarrhea, become life threatening when families are not able to access or afford quality healthcare services. Health issues in Kibera start from birth with alarmingly high child mortality rates and malnutrition. As children grow, they face the risk of waterborne diseases and high rates of HIV/AIDS in the community. Combining comprehensive medical care with health education and prevention makes a dramatic difference for the health of a community.

Named after the late Tabitha Festo, CFK co-founder, the Tabitha Medical Clinic offers world-class healthcare to all Kibera residents for a flat fee. Partnering with the U.S. Centers for Disease Control and Prevention (CDC), this community-based medical clinic is housed in a beautifully constructed 3-story, 13-room, eco-friendly facility. Patients benefit from the “one stop shop” philosophy, finding x-ray and ultrasound services, a pharmacy, HIV/AIDS testing and counseling, cervical cancer screening, immunizations, and family planning counseling all in one building.

CFK’s health initiatives are not restricted to the clinic; rather, a dual focus on treatment and prevention is necessary to improve the health of the Kiberan community. Tabitha Medical Clinic collaborates with Community Health Volunteers to take health education into the community itself. Volunteers contact people at their homes to conduct screenings on several health issues, and refer people to the clinic for vital treatment services. After residents go to the clinic, the volunteers also follow up with them post-visit.



Serving over

▶ **14,000**  
patients per year

▶ **8,400+**  
receiving free  
& confidential  
HIV/AIDS  
testing and  
treatment

▶ **500+**  
women are  
screened for  
cervical and  
breast cancer