

## Patient Information Leaflet

### Forceps Guided Method (12-16 Years and Above)

This procedure is for children over the age of 12 years and adults.

- On the day of your operation you need to have a shower in the morning pulling back the foreskin and cleaning under foreskin. Trim but not shave pubic hair.
- When you arrive at the clinic you will be seen and assessed to check if the operation can be done safely at the clinic. You will need to sign a consent form.
- We will apply topical anaesthetic at the base of the penis where the anaesthetic injections will be given. We then need to wait minimum 30 minutes before starting the procedure.
- Parents and family are allowed to be present during the procedure depending on child's preference.
- Older children and adults must be fully compliant to perform the procedure safely.
- You will need to empty your bladder immediately before the operation.
- The procedure will take about 40 minutes.
- The area will be cleaned with an antiseptic.
- Local anaesthetic injections (Lidocaine 1%) will be given at the base of the penis called a ring block where the previous topical anaesthetic has been applied. This will completely numb the area of the operation and takes 15-20 minutes
- A sterile drape will be placed over the circumcision area to keep it sterile.
- A screen is placed at the level of the lower chest so the procedure cannot be seen. You can bring something to read during the procedure to keep yourself occupied or you can play on tablet, phone or just listen to music.
- The foreskin will be retracted to free the head (glans).
- A clamp is carefully placed across foreskin and the foreskin removed.
- Any bleeding is stopped.

- Skin edges are then sutured using dissolvable sutures. This means the sutures do not need to be removed and will fall out by themselves.
- The wound is then cleaned with antiseptic before a dressing applied.
- You can get up after another 5 minutes and moved to the recovery room.
- You will have written aftercare instructions with the emergency contact number.
- Before your operation you need to get some strong pain killers. Speak to the pharmacist and bring them along with you to take straight after the operation.
- After 20 minutes you can be moved to the waiting room.
- You will be encouraged to drink plenty of water after the operation
- Once you have passed urine and no other problems you can be discharged. Dressings and bandages will be supplied.

We do not book a routine follow up appointment but you can come back for a review at any time. Just ring the contact number supplied and you can be seen the same day or the next.

Risks of procedure (These will be explained in more detail at your appointment)

- Bleeding
- Infection
- Damage to the glanz
- Trouble passing urine immediately after operation

