

Patient Information Leaflet

Circumplast/Plastibell Procedure (Ring Method) (0-12 Years)

The Plastibell rings come in 6 sizes: 1.1, 1.2, 1.3, 1.4, 1.5, 1.7

The Circumplast rings come in 4 sizes: 9.5, 11, 12, 13

This technique to perform a circumcision can be used for boys up to the age of 12 years (before puberty).

- When you arrive at the clinic your child will be seen and assessed to check if the operation can be done safely at the clinic. Both parents and boys over the age of 7 years will need to sign a consent form.
- We will apply topical anaesthetic at the base of the penis where the anaesthetic injections will be given. We then need to wait minimum 30 minutes before starting the procedure.
- Parents and family are allowed to be present during the procedure depending on child's preference in older children.
- Older children must be fully compliant to perform the procedure safely. If not the procedure will be cancelled.
- Older children will need to empty their bladder immediately before the operation.
- In older children a screen is placed at the level of the lower chest so the procedure cannot be seen. Older children can be kept occupied during the procedure by playing on tablet, phone or just listen to music.
- The procedure will take about 10 minutes.
- The area will be cleaned with an antiseptic.
- Local anaesthetic injections (Lidocaine 1%) will be given at the base of the penis called a ring block where the previous topical anaesthetic has been applied. This will completely numb the area of the operation and takes about 3-5 minutes.
- The foreskin will be retracted to free the head (glanz).
- The appropriate sized ring will be placed over the head (glanz).
- The foreskin will then be tied onto the ring and the excess foreskin trimmed back.
- We then spray the area with an antiseptic spray.

- After the circumcision is complete we apply kitchen tissue to the inside of the nappy or underwear smeared with an antiseptic like Germolene this is changed every nappy change. The antiseptic is to help reduce risk of infection. The tissue prevents soiling of the circumcision in a baby.
- We will get the baby/child up after 2 minutes and moved to the recovery room with the parents were baby can be breast fed.
- You will have written aftercare instructions with the emergency contact number.
- You will be advised about pain relief for your child
- After 20 minutes you can be moved to the waiting room.
- Once baby has passed urine and there are no problems you can be discharged.

Things to get to look after your child after his circumcision:

- Calpol/Paracetamol
- Ibuprofen (Children over 3 months)
- Germolene dual action (antiseptic and local anaesthetic) cream
- Dettol
- Kitchen tissue
- Vaseline

Emergencies: (These will be explained in more detail at your appointment)

- Bleeding
- Child stops passing urine
- Ring has moved down from its position onto the head (glanz).
- Infection
- Delayed separation of the ring

